

DAFTAR PUSTAKA

- Aboaja, A., Duggan, C., & Park, B. (2011). An exploratory analysis of the NEO-FFI and DSM personality disorders using multivariate canonical correlation. *Personality and mental health*, 5(1), 1-11. DOI: <https://doi.org/10.1002/pmh.149>
- Ahadi, B., & Bashsharpoor, S. (2010). Relationship between sensory processing sensitivity, personality dimensions and mental health. *Journal of Applied Sciences*, 10(7), 570-574. DOI: [10.3923/jas.2010.570.574](https://doi.org/10.3923/jas.2010.570.574)
- Ali, I. (2019). Personality traits, individual innovativeness and satisfaction with life. *Journal of Innovation & Knowledge*, 4(1), 38-46. DOI: <https://doi.org/10.1016/j.jik.2017.11.002>
- Aritonang, L. R. (2008). Validitas dan Reliabilitas Butir Instrumen. *Akademika Jurnal Pendidikan Universitas Tarumanagara*, 10(2), 159-180.
- Arnett, J. J. (2000). Emerging adulthood: A theory of development from the late teens through the twenties. *American Psychologist*, 55(5), 469–480. DOI: <https://doi.org/10.1037/0003-066X.55.5.469>
- Arnett, J., J. (2012). *Adolescence and Emerging Adulthood “A Cultural Approach”*: Fifth Edition. New Jersey: Pearson Education.
- Arnett, J., J. (2015). *Emerging Adulthood “The Winding Road from the Late Teens Through the Twenties”*: Second Edition. New York: Oxford University Pers.
- Arvidsdotter, T., Marklund, B., Kylén, S., Taft, C., & Ekman, I. (2015). Understanding persons with psychological distress in primary health care. *Scandinavian journal of caring sciences*, 30(4), 687-694. DOI: 10.1111/scs.12289
- Badan Penelitian dan Pengembangan Kesehatan. (2018). *Riset Kesehatan Dasar (Riskesdas)*. Indonesia: Kementerian Kesehatan Republik Indonesia.

- Bolton, D. (2008). *What is Mental Disorder?: An Essay in Philosophy, Science, and Values*. New York: Oxford University Press. DOI: 10.1093/med/9780198565925.001.0001
- Bukhori, B. (2012). Hubungan kebermaknaan hidup dan dukungan sosial keluarga dengan kesehatan mental narapidana (Studi kasus nara pidana Kota Semarang). *Jurnal Ad-Din*, 4(1), 1-19.
- Cicchetti, D., Rogosch, F. A., Sturge-Apple, M., & Toth, S. L. (2010). Interaction of child maltreatment and 5-HTT polymorphisms: Suicidal ideation among children from low-SES backgrounds. *Journal of pediatric psychology*, 35(5), 536-546.
- Cloninger, C. R. (1988). Anxiety and theories of emotion. *Handbook of anxiety*, 2, 1-29. Retrieved from: https://www.researchgate.net/profile/Robert_Cloninger/publication/262673822_Anxiety_and_Theories_of_Emotion/links/0deec5385f6160e6ee000000/Anxiety-and-Theories-of-Emotion.pdf?origin=publication_detail
- Costa Jr, P. T., McCrae, R. R., & Dye, D. A. (1991). Facet scales for agreeableness and conscientiousness: A revision of the NEO Personality Inventory. *Personality and individual Differences*, 12(9), 887-898. DOI: [https://doi.org/10.1016/0191-8869\(91\)90177-D](https://doi.org/10.1016/0191-8869(91)90177-D)
- Creswell, J. W. (2009). *Research Design Qualitative, Quantitative and Mixed Methods Approaches Third Edition*. California: SAGE Publication Inc.
- Davies, A., R, Sherbourne, C., D., Peterson, J., R., and Ware, J., E. (1998) *Scoring manual: Adult health status and patient satisfaction measures used in RAND's Health Insurance Experiment*. Santa Monica: RAND Corporation.
- Davison, G. C., Neale, J. M., & Kring, A. M. (2018). *Psikologi Abnormal: Edisi Ke – 9*. Depok: Rajawali Pers.
- Deci, E. L., & Ryan, R. M. (2008). Hedonia, eudaimonia, and well-being: An introduction. *Journal of happiness studies*, 9(1), 1-11. Retrieved from: http://www.prepteday.com/uploads/1/2/0/0/120050120/hedonia_eudaimonia_and_well-being.pdf

- Dewi, Kartika S. (2012). *Buku Ajar Kesehatan Mental*. Lembaga Pengembangan dan Penjaminan Mutu Pendidikan Universitas Diponegoro.
- Feist, J. & Feist, G. J. (2013). *Teori Kepribadian Buku 1: Edisi 7*. Jakarta: Salemba Humanika.
- Feist, J., Feist, G. J., & Roberts, T. A. (2018). *Theories of Personality: Ninth Edition*. New York: McGraw-Hill Education.
- Furler, K., Gomez, V., & Grob, A. (2013). Personality similarity and life satisfaction in couples. *Journal of Research in Personality*, 47(4), 369-375. DOI: <https://doi.org/10.1016/j.jrp.2013.03.002>
- Garcia, D. (2011). Two models of personality and well-being among adolescents. *Personality and Individual Differences*, 50(8), 1208-1212. DOI: <https://doi.org/10.1016/j.paid.2011.02.009>
- Giacalone, R. A., Jurkiewicz, C. L., & Promislo, M. (2016). Ethics and well-being: The paradoxical implications of individual differences in ethical orientation. *Journal of business ethics*, 137(3), 491-506. Retrieved from: https://www.researchgate.net/publication/273504674_Ethics_and_Well-Being_The_Paradoxical_Implications_of_Individual_Differences_in_Ethical_Orientation
- Global Burden of Disease Collaborative Network. *Global Burden of Disease Study 2017 Results*. Seattle, United States: Institute for Mental Health Metrics and Evaluation (IHME), 2018.
- Health Canada. (2007). *Reaching for the top: A report by the advisor on healthy children and youth*. Retrieved from: https://www.canada.ca/content/dam/hc-sc/migration/hc-sc/hl-vs/alt_formats/hpb-dgps/pdf/child-enfant/2007-advisor-conseillere/advisor-conseillere-eng.pdf
- Howitt, D., & Cramer, D. (2011). *Research methods in psychology third edition*. London: Pearson.
- Huppert, F. A. (2009). Psychological well-being: Evidence regarding its causes and consequences. *Applied Psychology: Health and Well-Being*, 1(2), 137-164. DOI: <https://doi.org/10.1111/j.1758-0854.2009.01008.x>

- Iqbal, M., & Roebianto, A. (2020). Hasil Penelitian Gambaran Tingkat Ketahanan Keluarga di Provinsi Banten, DKI Jakarta dan Jawa Barat selama Pandemi COVID-19. *Fakultas Psikologi Universitas Mercubuana*. Jakarta.
- Janie, D. N. A. (2012). *Statistik deskriptif & regresi linier berganda dengan SPSS*. Semarang: Semarang University Pers.
- Jain, Srishti, dkk. (2015). Determinants of Mental Health. *Mental Health WHO 2015 Theme Guide*. Retrieved from: https://www.researchgate.net/publication/282399773_Determinants_of_Mental_Health
- John, O. P., Robins, R. W., & Pervin, L. A. (2008). *Handbook of Personality: Theory and Research; Third Edition*. New York: The Guilford Press
- John, O. P., & Srivastava, S. (1999). The Big Five trait taxonomy: History, measurement, and theoretical perspectives. *Handbook of personality: Theory and research*, 2(1999), 102-138. Retrieved from: <https://pages.uoregon.edu/sanjay/pubs/bigfive.pdf>
- Judge, T. A., Higgins, C. A., Thoresen, C. J., & Barrick, M. R. (1999). The big five personality traits, general mental ability, and career success across the life span. *Personnel psychology*, 52(3), 621-652. DOI: <https://doi.org/10.1111/j.1744-6570.1999.tb00174.x>
- Jufrie, F. R., & Musabiq, S. A. (2013). Hubungan Antara Keberfungsian Keluarga dan Kesehatan Mental Pada Single Mother. *Jurnal Fakultas Psikologi Universitas Indonesia*. Retrieved From: <http://lib.ui.ac.id/naskahringkas/2015-08/S45440-Fakiah%20Rachmi%20Jufrie>
- Kananifar, N., Muhamad, H. B., & Zarkesh, N. (2019). *An Evaluation of Mental Health based on the Big Five Personality Traits and Machiavellianism in Domestic and International Students in Malaysia*. Retrieved from: https://www.researchgate.net/publication/333566316_An_Evaluation_of_Mental_Health_based_on_the_Big_Five_Personality_Traits_and_Machiavellianism_in_Domestic_and_International_Students_in_Malaysia

- Kementerian Kesehatan. (2017). *Profil Kesehatan Provinsi DKI Jakarta Tahun 2017*. Retrieved From: <https://dinkes.jakarta.go.id/wp-content/uploads/2019/12/PROFIL-KESEHATAN-DKI-JAKARTA-TAHUN-2017.pdf>
- Kementerian Kesehatan. (2018). InfoDatin: Situasi Kesehatan Jiwa di Indonesia. *Pusat Data dan Informasi Kementerian Kesehatan RI*. Retrieved From: <https://pusdatin.kemkes.go.id/article/view/20031100001/situasi-kesehatan-jiwa-di-indonesia.html>
- King, Laura. (2014). *Psikologi Umum Sebuah Pandangan Apresiatif: Buku 2*. Jakarta: Salemba Humanika.
- King, L. A., Hicks, J. A., Krull, J. L., & Del Gaiso, A. K. (2006). Positive affect and the experience of meaning in life. *Journal of personality and social psychology*, 90(1), 179. Retrieved from: https://www.researchgate.net/profile/Laura_King5/publication/7326319_Positive_affect_and_the_experience_of_meaning_in_life/links/02e7e525ef3a773cbb00000/Positive-affect-and-the-experience-of-meaning-in-life.pdf?origin=publication_detail.
- Kok, J. K. (2015). Life Transition for the emerging adults and their mental health. *International Journal of Social Science and Humanity*, 5(12), 1035-1039. DOI: <https://doi.org/10.7763/IJSSH.2015.V5.600>.
- Larsen, R., & Buss, D. M. (2017). *Personality Psychology Sixth Edition: Domains of Knowledge About Human Nature*. New York: McGraw-Hill Education.
- Latipah, Eva. (2014). *Metode Penelitian Psikologi*. Yogyakarta: Deepublish.
- Lindert, J., Bilsen, J., & Jakubauskiene, M. (2017). Public mental health. *European Journal of Public Health*, 27(suppl_4), 32-35.
- Loewenthal, K. M., & Lewis, C. A. (2011). Mental health, religion and culture. *Psychologist*, 24(4), 256-259. Retrieved from: https://www.researchgate.net/publication/285929212_Mental_health_religion_and_culture

- Luhmann, M., Hofmann, W., Eid, M., & Lucas, R. E. (2012). Subjective well-being and adaptation to life events: a meta-analysis. *Journal of personality and social psychology, 102*(3), 592. DOI: <http://dx.doi.org/10.1037/a0025948.supp>
- Lyubomirsky, S., King, L., & Diener, E. (2005). The benefits of frequent positive affect: Does happiness lead to success?. *Psychological bulletin, 131*(6), 803. DOI: <https://doi.org/10.1037/0033-2909.131.6.803>
- MacLeod, K. B., & Brownlie, E. B. (2014). Mental health and transitions from adolescence to emerging adulthood: developmental and diversity considerations. *Canadian Journal of Community Mental Health, 33*(1), 77-86.
- Marcus, M., Yasamy, M. T., van Ommeren, M. V., Chisholm, D., & Saxena, S. (2012). Depression: A global public health concern. *World Health Organizations.* Retrieved from: https://www.who.int/mental_health/management/depression/who_paper_depression_wfmh_2012.pdf
- Maynard, B. R., Salas-Wright, C. P., & Vaughn, M. G. (2015). High school dropouts in emerging adulthood: Substance use, mental health problems, and crime. *Community mental health journal, 51*(3), 289-299. DOI: 10.1007/s10597-014-9760-5
- McCrae, R. R., & Costa, P. T., Jr. (2003). *Personality in adulthood: A five-factor theory perspective.* The Guilford Press.
- McCrae, R. R., Terracciano, A., & 78 Members of the Personality Profiles of Cultures Project. (2005). Universal Features of Personality Traits From the Observer's Perspective: Data From 50 Cultures. *Journal of Personality and Social Psychology, 88*(3), 547–561. DOI: <https://doi.org/10.1037/0022-3514.88.3.547>
- McCullough, M. E., Emmons, R. A., & Tsang, J. A. (2002). The grateful disposition: A conceptual and empirical topography. *Journal of Personality and Social Psychology, 82*(1), 112–127. DOI: <https://doi.org/10.1037/0022-3514.82.1.112>
- Mernitz, S. E. (2018). The Mental Health Implications of Emerging Adult Long-Term Cohabitation. *Emerging Adulthood, 6*(5), 312-326. DOI: <https://doi.org/10.1177/2167696817733913>

- Munson, M. R., Lee, B. R., Miller, D., Cole, A., & Nedelcu, C. (2013). Emerging adulthood among former system youth: The ideal versus the real. *Children and Youth Services Review*, 35(6), 923-929. DOI: <https://doi.org/10.1016/j.childyouth.2013.03.003>
- Mental Health National Outcomes and Casemix Collection: Overview of clinician-rated and consumer self-report measures, Version 1.50. Department of Health and Ageing, Canberra, 2003.
- Mirowsky, John. 2007. "The Distribution's Tail: A Comment." *Health: An Interdisciplinary Journal for the Social Study of Health, Illness, and Medicine* 11:301–02. DOI: <https://doi.org/10.1177/1363459307077544>
- Mirowsky, J., & Ross, C. E. (2003). *Social causes of psychological distress*. New York: Aldine de Gruyter.
- Novianty, A. (2017). Literasi Kesehatan Mental: Pengetahuan dan Persepsi Publik mengenai Gangguan Mental. *ANALITIKA*, 9(2), 68 – 75.
- Padilla-Walker, L. M., & Nelson, L. J. (Eds.). (2017). *Flourishing in emerging adulthood: Positive development during the third decade of life*. Oxford University Press.
- Prasoon, R., & Chaturvedi, K. R. (2016). Life satisfaction: a literature review. *The Researcher-International Journal of Management Humanities and Social Sciences*, 1(2), 25-32.
- Priyono. (2016). *Metode Penelitian Kuantitatif*. Surabaya: Zifatama Publishing.
- Przepiorka, A., Blachnio, A., & Cudo, A. (2019). The role of depression, personality, and future time perspective in internet addiction in adolescents and emerging adults. *Psychiatry research*, 272, 340-348. DOI: <https://doi.org/10.1016/j.psychres.2018.12.086>
- Purnomo, R. A. (2016). *Analisis Statistik Ekonomi dan Bisnis Dengan SPSS*. Ponorogo: WADE Group.
- Putri, A. W., Wibhawa, B., & Gutama, A. S. (2015). Kesehatan mental masyarakat Indonesia (pengetahuan, dan keterbukaan masyarakat terhadap gangguan

- kesehatan mental). *Prosiding Penelitian dan Pengabdian kepada Masyarakat*, 2(2).
- Ramdhani, N. (2012). Adaptasi Bahasa dan budaya dari skala kepribadian big five. *Jurnal Psikologi*, 39(2), 189-205.
- Rangkuti, A. A. (2017). *Statistika Inferensial Untuk Psikologi dan Pendidikan*. Jakarta: Kencana.
- Rangkuti, A. A., & Wahyuni, L. D. (2017). *Analisis Data Penelitian Kuantitatif Berbasis Classical Test Theory dan Butir Response Theory (RASCH Model)*. Jakarta: Fakultas Pendidikan Psikologi.
- Roberts, B. W., & Mroczek, D. (2008). Personality trait change in adulthood. *Current directions in psychological science*, 17(1), 31-35. DOI: 10.1111/j.1467-8721.2008.00543.x.
- Ryff, C. D., & Keyes, C. L. M. (1995). The structure of psychological well-being revisited. *Journal of personality and social psychology*, 69(4), 719.
- Salehinezhad, M. A. (2012). Personality and mental health. *Essential notes in Psychiatry*, 461. Retrieved from: https://www.researchgate.net/publication/224828916_Personality_and_Mental_Health
- Schulenberg, J. E., Sameroff, A. J., & Cicchetti, D. (2004). The transition to adulthood as a critical juncture in the course of psychopathology and mental health. *Development and psychopathology*, 16(4), 799-806.
- Shi, J., Yao, Y., Zhan, C., Mao, Z., Yin, F., & Zhao, X. (2018). The relationship between big five personality traits and psychotic experience in a large non-clinical youth sample: the mediating role of emotion regulation. *Frontiers in psychiatry*, 9, 648. DOI: 10.3389/fpsyg.2018.00648
- Shulman, S., & Connolly, J. (2013). The challenge of romantic relationships in emerging adulthood: Reconceptualization of the field. *Emerging Adulthood*, 1(1), 27-39. DOI: <https://doi.org/10.1177/2167696812467330>
- Siyoto, S., & Sodik, M. A. (2015). *Dasar metodologi penelitian*. Literasi Media Publishing.

- Suryaratri, R. D., & Rangkuti, A. A. (2016). *Statistika Deskriptif Untuk Psikologi dan Pendidikan*. Jakarta: Fakultas Pendidikan Psikologi.
- Syahrum & Salim. (2012). *Metodologi penelitian kuantitatif*. Bandung: Citapustaka Media.
- Tanner, Jennifer L. (2015). Mental Health in Emerging Adulthood. In Arnett, Jeffrey Jensen (Eds.). *The Oxford Handbook of Emerging Adulthood*. DOI: 10.1093/oxfordhb/9780199795574.013.30
- Veit, C. T., & Ware, J. E. (1983). The Structure of Psychological Distress and Well Being in General Populations. *Journal of Consulting and Clinical Psychology*, 51(5), 730 – 742.
- Vittersø, J. (2001). Personality traits and subjective well-being: Emotional stability, not extraversion, is probably the important predictor. *Personality and Individual Differences*, 31(6), 903-914. DOI: [https://doi.org/10.1016/S0191-8869\(00\)00192-6](https://doi.org/10.1016/S0191-8869(00)00192-6)
- Wagner, J., Lüdtke, O., Jonkmann, K., & Trautwein, U. (2012). *Cherish yourself: Longitudinal patterns and conditions of self-esteem change in the transition to young adulthood*. *Journal of Personality and Social Psychology*, 104(1), 148–163. doi:10.1037/a0029680
- Watson, D., & Clark, L. A. (1997). Extraversion and its positive emotional core. In *Handbook of personality psychology* (pp. 767-793). Academic Press. DOI: <https://doi.org/10.1016/B978-012134645-4/50030-5>
- Wood, A. M., Joseph, S., & Maltby, J. (2009). Gratitude predicts psychological well-being above the Big Five facets. *Personality and Individual differences*, 46(4), 443-447. DOI: <https://doi.org/10.1016/j.paid.2008.11.012>
- Wood, A. M., Maltby, J., Gillett, R., Linley, P. A., & Joseph, S. (2008). The role of gratitude in the development of social support, stress, and depression: Two longitudinal studies. *Journal of Research in personality*, 42(4), 854-871. DOI: <https://doi.org/10.1016/j.jrp.2007.11.003>
- World Health Organization. (2003). *Investing in mental health*. Geneva: World Health Organization.

World Health Organization & Calouste Gulbenkian Foundation. (2014). *Social Determinants of Mental Health*. Geneva: World Health Organization. Retrieved from

https://apps.who.int/iris/bitstream/handle/10665/112828/9789241506809_eng.pdf

World Health Organization. (2017). *Depression and Other Common Mental Disorders: Global Health Estimates*. Geneva: World Health Organizations.

World Health Organization. (2019). *Suicide in the world: global health estimates* (No. WHO/MSD/MER/19.3). Geneva: World Health Organization. Retrieved from: <https://apps.who.int/iris/rest/bitstreams/1244794/retrieve>

Worrell, F. C., & Cross Jr, W. E. (2004). The reliability and validity of Big Five Inventory scores with African American college students. *Journal of Multicultural Counseling and Development*, 32(1), 18-32.

Yang, C., & Srinivasan, P. (2016). Life satisfaction and the pursuit of happiness on Twitter. *PloS one*, 11(3). DOI: [10.1371/journal.pone.0150881](https://doi.org/10.1371/journal.pone.0150881)