

## DAFTAR PUSTAKA

- Alfiana, A. D. (2013). Regulasi Diri Mahasiswa Ditinjau Dari Keikutsertaan Dalam Organisasi Kemahasiswaan. *Jurnal Ilmiah Psikologi Terapan*, 01(2), 245-259.
- Anggaran Dasar Organisasi Pemerintahan Mahasiswa Universitas Negeri Jakarta Tahun 2019. Jakarta.
- Beekman, J. B., Stock, M. L., & Howe, G. W. (2017). Stomaching rejection: Self-compassion and self-esteem moderate the impact of daily social rejection on restrictive eating behaviours among college women. *Psychology & Health*, 32(11), 1348–1370. doi:10.1080/08870446.2017.1324972
- Branden, N. (2012). *The six pillars of self-esteem*. Bantam Books.
- Budiyarti, L. (2012). *Hubungan Harga Diri dengan Keaktifan Berorganisasi pada Mahasiswa Reguler* (Skripsi) Fakultas Ilmu Keperawatan Universitas Indonesia, Depok.
- Caesari, Y. K., Listiara, A., & Ariati, J. (2013). “Kuliah versus organisasi” studi kasus mengenai strategi belajar pada mahasiswa yang aktif dalam organisasi mahasiswa pecinta alam universitas diponegoro. *Jurnal Psikologi*, 12(2), 164-175.
- Creswell, J. W. (2012). *Educational research: Planning, conducting, and evaluating quantitative and qualitative research-4<sup>th</sup> ed.* Pearson Education.
- Creswell, J. W. (2014). *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches*. California: SAGE Publications.
- Gardner, D.G., & Pierce, J.L. (2015). Organization-based self-esteem in work teams. *Groups Processes and Intergroup Relations*, 19(3). 1-15. DOI: 10.1177/1368430215590491
- Germer, C. K. (2009). *Mindfulpath to self-compassion*. NY: The Guilford Press
- Gray-Little, B., Williams, V. S., & Hancock, T. D. (1997). An item response theory analysis of the Rosenberg Self-Esteem Scale. *Personality and social psychology bulletin*, 23(5), 443-451.

- Ingheim, M. (2020). *Out of Love: Finding Your Way Back to Self-Compassion*. United States: She Writes Press.
- Islam, M. R. (2018). Sample size and its role in Central Limit Theorem (CLT). *International Journal of Physics & Mathematics*, 1(1), 37-47. <https://doi.org/10.31295/ijpm.v1n1.42>
- Keputusan Menteri Pendidikan dan Kebudayaan Republik Indonesia Nomor 155/U/1998 Tentan Pedoman Umum Organisasi Kemahasiswaan di Perguruan Tinggi.
- Kumar, R. (2011). *Research methodology: A step-by-step guide for beginners*. Sage Publications Limited.
- Latipah, E. (2014). *Metode Penelitian Psikologi Pendidikan*. Yogyakarta: Deepublish.
- Leary, M. R., Tate, E. B., Adams, C. E., Allen, A. B., & Hancock, J. (2007). Self-Compassion and reactions to unpleasant self-relevant events: The implications of treating oneself kindly. *Journal of Personality and Social Psychology*, 92, 887–904.
- Marotta, J. (2013). *50 Mindul Steps to Self Esteem : Everyday Practices for Cultivating Self Acceptance and Self Compassion*. Harbinger Publications.
- Marshall, S. L., Parker, P. D., Ciarrochi, J., Sahdra, B., Jackson, C. J., & Heaven, P. C. (2015). Self-compassion protects against the negative effects of low self-esteem: A longitudinal study in a large adolescent sample. *Personality and Individual Differences*, 74, 116-121.
- Mruk, C. J. (2006). *Self-esteem research, theory, and practice: Toward a positive psychology of self-esteem*. Springer Publishing Company.
- Mruk, C. J. (2013). *Self-Esteem and Positive Psychology: research, theory, and Practice*. Springer Publishing Company.
- Mruk, C. J. (2019). *Feeling Good by Doing Good: A Guide to Authentic Self-Esteem and Well-Being*. Oxford University Press
- Neff, K. D. (2003). Self-compassion: An alternative conceptualization of a healthy attitude toward oneself. *Self and Identity*, 2, 85–102

- Neff, K. D. (2003). The development and validation of a scale to measure self-compassion. *Self and identity*, 2(3), 223-250.
- Neff, K. D. (2011). Self-Compassion, Self-Esteem, and Well-Being. *Social and Personality Psychology Compass*, 5(1), 1–12. doi:10.1111/j.1751-9004.2010.00330.x
- Neff, K. D. (2015). The Self-Compassion Scale is a Valid and Theoretically Coherent Measure of Self-Compassion. *Mindfulness*, 7(1), 264-274.
- Neff, K. D., & Germer, C. (2018). *The Mindful Self-Compassion Workbook: A Proven Way to Accept Yourself, Build Inner Strength, and Thrive*. Guilford Publications.
- Neff, K. D., & Pommier, E. (2013). The relationship between self-compassion and other-focused concern among college undergraduates, community adults, and practicing meditators. *Self and Identity*, 12(2), 160-176.
- Neff, K. D., Whittaker, T. A., & Karl, A. (2017). Examining the factor structure of the Self-Compassion Scale in four distinct populations: Is the use of a total scale score justified. *Journal of Personality Assessment*, 99(6), 596-607.
- Neff, K. D., & Vonk, R. (2009). Self-compassion versus global self-esteem: Two different ways of relating to oneself. *Journal of Personality*, 77, 23–50.
- Pertiwi, M. C., Sulistiawan, A., & Rahmawati. (2014). Hubungan Organisasi dengan Mahasiswa dalam Menciptakan Leadership. *Aktualisasi Bimbingan dan Konseling pada Pendidikan Dasar Menuju Peserta Didik yang Berkarakter*, 227-234
- Prameswari, E. (2017). *Hubungan Harga Diri dalam Konteks Organisasi dan Komitmen Organisasi* (Skripsi) Fakultas Psikologi Universitas Sanata Dharma, Yogyakarta
- Rangkuti, A. A. (2017). *Statistika Inferensial untuk Psikologi dan Pendidikan Edisi Pertama*. Jakarta.
- Rangkuti, A. A., & Wahyuni, L. D. (2017). *Analisis Data Penelitian Kuantitatif Berbasis Classical Test Theory Dan Item Response Theory (Rasch Model)*. Jakarta.

- Repi, A. A. (2019). *Self Compassion Versus Self Esteem* terhadap Pembentukan Self Concept Remaja: Mana yang Lebih Baik. *Jurnal Psikologi TALENTA*, 4(2), 167-181.
- Robins, R. W., Trzesniewski, K. H., Tracy, J. L., Gosling, S. D., & Potter, J. (2002). Global Self-Esteem Across the Life Span. *Psychology and Aging*, 17(3), 423-434.
- Rohman. (2015). Perbedaan Aktualisasi Diri Mahasiswa Ditinjau dari Kategori Aktifis dan Non-Aktifis. *Psychology Forum UMM*, 315-322
- Romadona, M. R. (2018). The Role of Organization-Based Self Esteem and Organizational Communication toward Job Involvement in Research Center Organization. *Jurnal Pekomnas*, 3(2), 191-202.
- Rosenberg, M. (1965). *Society and the adolescent self-image*. Princeton, NJ: Princeton University Press.
- Rosenberg, M. (2015). Society and the Adolescent Self-Image. *Princeton: Princeton University Press*. <https://muse.jhu.edu/book/42821>.
- Sugiyono, P. D. (2015). *Metode penelitian kuantitatif dan kualitatif dan R&D*. Bandung: Alfabeta.
- Undang-Undang Republik Indonesia Nomor 12 Tahun 2012 Tentang Pendidikan Tinggi
- Widyawati, S. R., & Karwini, N. K. (2018). Pengaruh Self Esteem, Self Efficacy Dan Keterlibatan Kerja Terhadap Kinerja Karyawan Pada PT. Dwi Fajar Semesta Denpasar. In *Forum Manajemen STIMI Handayani Denpasar*, 16(2), 54-64.