

DAFTAR PUSTAKA

- _____. Kamus Besar Bahasa Indonesia. [Online].
<https://kbbi.kemdikbud.go.id/>. Diakses 2 April 2020.
- Abdel-Khalek, A. M. (2016). Introduction to the psychology of self-esteem. *Self-esteem: perspectives, influences, and improvement strategies*, 1-17.
- Ambarwati, P. D., Pinilih, S. S., & Astuti, R. T. (2019). Gambaran Tingkat Stres Mahasiswa. *Jurnal Keperawatan Jiwa*, 5(1), 40-47.
- American College Health Association. (2013). American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group data report-spring 2013.
- Applebury, G. (n.d.). Statistics on College Student Stress. [Online].
<https://stress.lovetoknow.com/> Diakses 2 april 2020.
- Arifin, E.Z. 2006. *Dasar-Dasar Penulisan Karya Ilmiah*. Jakarta: PT Grasindo.
- Aulia, S., & Panjaitan, R. U. (2019). Kesejahteraan psikologis dan tingkat stres pada mahasiswa tingkat akhir. *Jurnal Keperawatan Jiwa*, 7(2), 127-134.
- Bajaj, B., Gupta, R., & Pande, N. (2016). Self-esteem mediates the relationship between mindfulness and well-being. *Personality and Individual Differences*, 94, 96-100.
- Banerjee, A., & Chaudhury, S. (2010). Statistics without tears: Populations and samples. *Industrial psychiatry journal*, 19(1), 60.
- Blanchard-Fields, F., Stein, R., & Watson, T. L. (2004). Age differences in emotion-regulation strategies in handling everyday problems. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 59(6), P261-P269.
- Branden, N. (2001). *The Psychology of Self-Esteem*. San Francisco: Jossey-Bass A Wiley Company.

Brody, L. R., and Hall, J. A. (2000). "Gender, emotion, and expression," in *Handbook of Emotions*, eds M. Lewis and J. Haviland-Jones. New York: Guilford.

Brown, J. D., Dutton, K. A., & Cook, K. E. (2001). From the top down: Self-esteem and self-evaluation. *Cognition and emotion*, 15(5), 615-631.

Carysa, Y. T. (2019). Pengaruh Regulasi Emosi Terhadap Agresivitas Pada Atlet Sepak Bola Usia Remaja. Skripsi.

Coetzee, M. (2005). University of Pretoria etd. [Online]. <http://upetd.up.ac.za/thesis/available/etd04132005130646/unrestricted/05chapter5.pdf>. Diakses 02 April 2020.

Coopersmith, S. (1967). *The antecedents of self-esteem*. San Francisco: Freeman.

Eisenberg, N., Fabes, R. A., Guthrie, I. K., & Reiser, M. (2000). Dispositional emotionality and regulation: their role in predicting quality of social functioning. *Journal of personality and social psychology*, 78(1), 136.

Etikan, I., Musa, S. A., & Alkassim, R. S. (2016). Comparison of convenience sampling and purposive sampling. *American journal of theoretical and applied statistics*, 5(1), 1-4.

Fadillah, A. E. R. (2013). Stres dan Motivasi Belajar pada Mahasiswa Psikologi Universitas Mulawarman yang Sedang Menyusun Skripsi. *Psikoborneo*, 1(3).

Fitasari, I. N. (2011). *Faktor Yang Berhubungan Dengan Kejadian Stres Pada Mahasiswa Fakultas Kesehatan Masyarakat Universitas Airlangga* (Doctoral dissertation, UNIVERSITAS AIRLANGGA).

Fitriah, A., & Hariyono, D. S. (2019). Hubungan Self Esteem Terhadap Kecenderungan Depresi Pada Mahasiswa. *Psycho Holistic*, 1(1), 8-17.

- Flynn, H.K.. (2001). Self-esteem Theory and measurement: a critical review. *Journal of Feminist Theory & Culture*, 3(1).
- Garber, J., & Dodge, K. A. (Eds.). (1991). *The development of emotion regulation and dysregulation*. Cambridge University Press.
- Gillespie, S. M., & Beech, A. R. (2016). Theories of emotion regulation. *The Wiley handbook on the theories, assessment and treatment of sexual offending*, 245-263.
- Golberg, M.A, Cho, H.A. Introduction to Regression Analysis; WIT Press: Billerica, MA, USA, 2004.
- Gómez-Ortiz, O., Roldán, R., Ortega-Ruiz, R., & García-López, L. J. (2018). Social anxiety and psychosocial adjustment in adolescents: Relation with peer victimization, self-esteem and emotion regulation. *Child indicators research*, 11(6), 1719-1736.
- Gomez, T., Quiñones-Camacho, L., & Davis, E. (2018). Building a sense of self: The link between emotion regulation and self-esteem in young adults. *UC Riverside Undergraduate Research Journal*, 12(1).
- Gray-Little, B., Williams, V. S., & Hancock, T. D. (1997). An item response theory analysis of the Rosenberg Self-Esteem Scale. *Personality and social psychology bulletin*, 23(5), 443-451..
- Gross, J. J. (1999). Emotion regulation: Past, present, future. *Cognition & emotion*, 13(5), 551-573.
- Gross, J. J. (1998). The emerging field of emotion regulation: An integrative review. *Review of general psychology*, 2(3), 271-299.
- Gross, J.J. dan Thompson, R.A. (2007). Emotion regulation: Conceptual foundations. *Handbook of Emotion Regulation*, edited by James J. Gross. New York: Guilford Publications.

Gross, J. J., & John, O. P. (2003). Individual differences in two emotion regulation processes: implications for affect, relationships, and well-being. *Journal of personality and social psychology*, 85(2), 348.

Gufron, M. & Risnawita S. (2011). *Teori-teori Psikologi*. Yogyakarta: Ar-Ruzz Media

Gunarsa, S. D. (2004). *Dari anak sampai usia lanjut: bunga rampai psikologi anak*. BPK Gunung Mulia.

Hamdi, A. S., & Bahruddin, E. (2015). *Metode penelitian kuantitatif aplikasi dalam pendidikan*. Deepublish.

Hartaji, D. A. (2012). *Motivasi Berprestasi Pada Mahasiswa yang Berkuliah. Dengan Jurusan Pilihan Orangtua*. Fakultas Psikologi Universitas Gunadarma.

Harter, S. (1993). Causes and consequences of low self-esteem in children and adolescents. In *Self-esteem* (pp. 87-116). Springer, Boston, MA.

Herre, R., & Lamb, R. 1996. *Ensiklopedia Psikologi, Terjemahan: Erdianti Kamil*. Jakarta: Arcan.

Hidayah, D. N. (2012). Persepsi mahasiswa tentang harapan orang tua terhadap pendidikan dan ketakutan akan kegagalan. *Educational Psychology Journal*, 1(1).

Hurlock, E. B. (2001). *Developmental psychology*. Tata McGraw-Hill Education.

Hurlock, Elizabeth B. (1980). *Development Psychology A Life-Span Approach*. New York: McGraw-Hill.

Jonaedi Efendi, S. H. I., Johnny Ibrahim, S. H., & SE, M. (2018). *Metode Penelitian Hukum: Normatif dan Empiris*. Prenada Media.

Kabir, S. M. S. (2016). *Basic Guidelines for Research: An Introductory Approach for All Disciplines, Edition: First*. Bangladesh: Book Zone Publication.

- Kasiram, M. (2008). *Metodologi Penelitian*. Malang: UIN-Malang Pers.
- Koesdyantho, A. R. (2009). Faktor-faktor yang Berpengaruh terhadap Self-esteem Mahasiswa. *Jurnal Ilmiah Widya Wacana*, 5(1), 23-37.
- Koole, S. L. (2009). The psychology of emotion regulation: An integrative review. *Cognition and emotion*, 23(1), 4-41.
- Kostiuk, L. M., & Fouts, G. T. (2002). Understanding of emotions and emotion regulation in adolescent females with conduct problems: A qualitative analysis. *The Qualitative Report*, 7(1), 1-15.
- Lavoie, R. (2012). *Self-esteem: The cause and effect of success for the child with learning differences*. Para Post.
- Lubis, Namora, Dr. 2009. Depresi (Tinjauan Psikologi). Jakarta : Kencana Prenada Media Group.
- Maheswari, M. A. (2016). A Study On Self-Esteem Among The College Students. *IOSR Journal of Humanities And Social Science*, 21(10), 08-10.
- Majid, U. (2018). Research fundamentals: Study design, population, and sample size. *Undergraduate research in natural and clinical science and technology journal*, 2, 1-7.
- Mawardah, M. (2010). Hubungan antara Regulasi Emosi dengan Kecenderungan Perilaku Bullying. *Jurnal Ilmiah Psyche/Ilmu Psikologi*, 4(2).
- McKay, M., & Fanning, P. (2000). *Self-esteem*. California: New Harbinger Publications.
- McRae, K., Ochsner, K. N., Mauss, I. B., Gabrieli, J. J., & Gross, J. J. (2008). Gender differences in emotion regulation: An fMRI study of cognitive reappraisal. *Group processes & intergroup relations*, 11(2), 143-162.
- Min'er, H., & Dejun, G. (2001). Emotion regulation and depression of college students. *Chinese Mental Health Journal*.

Monk, F.J., Knoers, A. M. P., Haditono, S. R. (2001). *Psikologi perkembangan: pengantar dalam berbagai bagiannya*. Yogyakarta: gadjah mada university press.

Nezlek, J. B., & Kuppens, P. (2008). Regulating positive and negative emotions in daily life. *Journal of personality*, 76(3), 561-580.

Ochsner, K. N., & Gross, J. J. (2008). Cognitive emotion regulation: Insights from social cognitive and affective neuroscience. *Current directions in psychological science*, 17(2), 153-158.

Orth, U., Trzesniewski, K. H., & Robins, R. W. (2010). Self-esteem development from young adulthood to old age: a cohort-sequential longitudinal study. *Journal of personality and social psychology*, 98(4), 645.

Pasaribu, M. X. N., Harlin, H., & Syofii, I. (2016). Analisis Kesulitan Penyelesaian Tugas Akhir Skripsi Pada Mahasiswa Program Studi Pendidikan Teknik Mesin Universtas Sriwijaya. *Jurnal Pendidikan Teknik Mesin*, 3(1).

Philippot, P., & Feldman, R. S. (Eds.). (2004). *The regulation of emotion*. Psychology Press.

Quirk, G. J., & Beer, J. S. (2006). Prefrontal involvement in the regulation of emotion: convergence of rat and human studies. *Current opinion in neurobiology*, 16(6), 723-727.

Rahayu, S., & Monks, E. J. (2004). Psikologi perkembangan.

Rangkuti, A. A. (2012). *Konsep dan Teknik Analisis Data Penelitian Kuantitatif Bidang Psikologi dan Pendidikan*. Jakarta:FIP Press.

Rangkuti, A. A., & Wahyuni, L. D. (2016). Modul Analisis Data Penelitian Kuantitatif Berbasis Classical Test Theory dan Item Response Theory (Rasch Model). *Fakultas Ilmu Pendidikan Universitas Negeri Jakarta*.

Ratih, N. D. (2017). Hubungan antara harga diri (self esteem) dengan keterampilan interpersonal siswa kelas x sma negeri 3 kediri tahun pelajaran 2016/2017. Universitas Nusantara PGRI Kediri.

- Ratnasari, S., & Suleeman, J. (2017). Perbedaan regulasi emosi perempuan dan laki-laki di perguruan tinggi. *Jurnal Psikologi Sosial*, 15(1), 35-46.
- Rettob, H. C. (2008). *Identifikasi Faktor-faktor Penyebab Stres Terhadap Stres Mahasiswa yang sedang Menempuh Skripsi di Universitas Katolik Soegijapranata: Studi Kasus pada Mahasiswa Fakultas Ekonomi Jurusan Manajemen dan Jurusan Akuntansi Universitas Katolik Soegijapranata Semarang* (Doctoral dissertation, Prodi Manajemen Unika Soegijapranata).
- Robins, R. W., Trzesniewski, K. H., Tracy, J. L., Gosling, S. D., & Potter, J. (2002). Global self-esteem across the life span. *Psychology and aging*, 17(3), 423.
- Royse, D., Thyer, B. A., & Padgett, D. K. (2009). *Program evaluation: An introduction*. Cengage Learning.
- Rosenberg, M. (1965). *Society and the adolescent self- image*. Princeton, NJ: Princeton University Press.
- Schmidt, J. A., & Padilla, B. (2003). Self-esteem and family challenge: An investigation of their effects on achievement. *Journal of youth and adolescence*, 32(1), 37-46..
- Setyarini, R., & Atamimi, N. (2015). Self-esteem dan makna hidup pada pensiunan Pegawai Negeri Sipil (PNS). *Jurnal psikologi*, 38(2), 176-184.
- Siswoyo, D. (2007). *Ilmu Pendidikan*. Yogyakarta: UNY Pers.
- Smith-Lovin, L. (1995). The sociology of affect and emotion. In *Sociological perspectives on social psychology* (pp. 118-148). Boston: Allyn and Bacon.
- Shofiyanti, N. Z. (2014). Kemampuan Mengelola Stres Akademik pada Mahasiswa yang sedang Skripsi Angkatan 2009 Program Studi PGPAUD. *Zuama*. 17 (2).

Southam-Gerow, M. A., & Kendall, P. C. (2002). Emotion regulation and understanding: Implications for child psychopathology and therapy. *Clinical psychology review*, 22(2), 189-222.

Stavropoulos, V., Lazaratou, H., Marini, E., & Dikeos, D. (2015). Low family satisfaction and depression in adolescence: The role of self-esteem. *Journal of Educational and Developmental Psychology*, 5(2), 109-118.

Sugiyono. (2013). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. Bandung: Alfabeta.

Sugiyono. (2016). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*, Cetakan ke-24. Bandung: Alfabeta.

Sunarty, K. (2016). Survei Faktor-Faktor Penghambat Penulisan Skripsi Mahasiswa Universitas Negeri Makasar.

Susandi, D. O. C. (2014). *Hubungan Antara Harga Diri Dengan Presentasi Diri Pada Pengguna Jejaring Sosial Facebook* (Doctoral dissertation, Universitas Muhammadiyah Surakarta).

Thompson, R. A. (1994). Emotion regulation: A theme in search of definition. *Monographs of the society for research in child development*, 25-52.

Ümmet, D. (2015). Self esteem among college students: A study of satisfaction of basic psychological needs and some variables. *Procedia-Social and Behavioral Sciences*, 174, 1623-1629.

Uyanto, S. S. (2009). *Pedoman analisis data dengan SPSS*. Yogyakarta: Graha Ilmu.

Velotti, P., Garofalo, C., Bottazzi, F., & Caretti, V. (2017). Faces of shame: Implications for self-esteem, emotion regulation, aggression, and well-being. *The Journal of Psychology*, 151(2), 171-184.

Wang, Y., & Ollendick, T. H. (2001). A cross-cultural and developmental analysis of self-esteem in Chinese and Western children. *Clinical child and family psychology review*, 4(3), 253-271.

Widyatama, T., & Aslamawati, Y. (2019). Study Deskriptif Mengenai Kematangan Karir pada Mahasiswa Tingkat Akhir Fakultas Psikologi Unisba.

Yesamine, O. (2000). *Hubungan antara kecenderungan problem focused coping dengan depresi pada mahasiswa tingkat akhir.*

Yikealo, D., Tareke, W., & Karvinen, I. (2018). The level of stress among college students: A case in the college of education, Eritrea Institute of Technology. *Open Science Journal*, 3(4).

