

DAFTAR PUSTAKA

- Anasuri, S., & Anthony, K. (2018). Resilience levels among college students : A comparative study from two southern states in the USA. *IOSR Journal of Humanities and Social Science*, 23(1), 52–73. <https://doi.org/10.9790/0837-2301035273>
- Apreviadizy, P., & Puspitacandri, A. (2014). Perbedaan Stres Ditinjau Dari Ibu Bekerja Dan Ibu Tidak Bekerja. *Jurnal Psikologi Tabularasa*, 9(1), 58–65.
- Arifin, Z. (2017). Kriteria Instrumen dalam suatu Penelitian. *Jurnal Theorems (The Original Research of Mathematics)*, 2(1), 28–36.
- Azwar, S. (2018). *Penyusunan Skala Psikologi* (13th ed.). Yogyakarta: Pustaka Pelajar.
- Berry, J. O., & Jones, W. H. (1995). The Parental Stress Scale: Initial Psychometric Evidence, 27. <https://doi.org/10.1177/0265407595123009>
- Bigner, J. J., & Gerhardt, C. (2014). *Parent-Child Relations: An Introduction to Parenting* (9th ed.). New York: Pearson.
- Bögels, S. M., Lehtonen, A., & Restifo, K. (2010). Mindful Parenting in Mental Health Care. *Mindfulness*, 1(2), 107–120. <https://doi.org/10.1007/s12671-010-0014-5>
- Brooks, J. (2013). *The Process of Parenting*. *Journal of Clinical Child Psychology* (9th ed., Vol. 15). New York: McGraw-Hill Higher Education. https://doi.org/10.1207/s15374424jccp1504_19
- Buffer. (2019). *The State of Remote Work 2019*. Retrieved from <https://buffer.com/state-of-remote-work-2019>
- Cardenas, R. A., Major, D. A., & Bernas, K. H. (2004). Exploring work and family distractions: Antecedents and outcomes. *International Journal of Stress Management*, 11(4), 346–365. <https://doi.org/10.1037/1072-5245.11.4.346>
- Celik, H. (2019). The mediator roles of mothers in father-child communications and family relationships. *Eurasian Journal of Educational Research*, 2019(84), 135–158. <https://doi.org/10.14689/ejer.2019.84.7>
- Cohen, P., & Hsu, T. (2020). Pandemic Could Scar a Generation of Working Mothers. Retrieved July 19, 2020, from

https://www.nytimes.com/2020/06/03/business/economy/coronavirus-working-women.html?campaign_id=2

Creary, S. J., & Gordon, J. R. (2016). Role Conflict, Role Overload, and Role Strain. *Encyclopedia of Family Studies*, 1–6.

<https://doi.org/10.1002/9781119085621.wbefs012>

Creswell, J. C. (2012). *Educational Research: Planning, Conducting and Evaluating Quantitative Research*. *Journal of Petrology* (4th ed., Vol. 369). Boston: Pearson Education.

<https://doi.org/10.1017/CBO9781107415324.004>

Deater-Deckard, K. (2004). *Parenting Stress*. New Haven: Yale University Press.

<https://doi.org/10.1017/CBO9781107415324.004>

Deater-Deckard, K., & Panneton, R. (2017). Unearthing the Developmental and Intergenerational Dynamics of Stress in Parent and Child Functioning. In K. Deater-Deckard & R. Panneton (Eds.), *Parental Stress and Early Child Development: Adaptive and Maladaptive Outcomes* (pp. 1–14). Cham: Springer International Publishing.

Dizaho, E. K., Salleh, R., & Abdullah, A. (2016). The Impact of Work-Family Conflict on Working Mothers' Career Development: A Review of Literature. *Australian Journal of Basic and Applied Sciences*, (May), 328–334.

Ducharme, J. (2020). World Health Organization Declares COVID-19 a "Pandemic." Here's What That Means. Retrieved April 28, 2020, from <https://time.com/5791661/who-coronavirus-pandemic-declaration/>

Dwirexsi, W., Lukman, M., & Rafiyah, I. (2018). The Correlation Between Coping Strategy and Stress of Parents Who Have Children with Autism. *Journal of Nursing Care*, 1(3). <https://doi.org/10.24198/jnc.v1i3.17861>

Estes, A., Munson, J., Dawson, G., Koehler, E., Zhou, X. H., & Abbott, R. (2009). Parenting stress and psychological functioning among mothers of preschool children with autism and developmental delay. *Autism*, 13(4), 375–387. <https://doi.org/10.1177/1362361309105658>

Fauci, A. S., Lane, H. C., & Redfield, R. R. (2020). Covid-19 - Navigating the Uncharted. *The New England Journal of Medicine*, 382(13), 1268–1269. <https://doi.org/10.1056/NEJMe2002387>

- Fikriyyah, S., Adriani, R. B., & Murti, B. (2018). What are the Factors that Affect the Risk of Parenting Stress in Mothers with Disability Children? A New Evidence from Sukoharjo, Central Java. *Journal of Maternal and Child Health, 03*(02), 156–165. <https://doi.org/10.26911/thejmch.2018.03.02.08>
- Forgays, D. ., & Forgays, D. . (1993). Personal and environmental factors contributing to parenting stress among employed and nonemployed women. *European Journal of Personality, 7*(2), 107–118. <https://doi.org/10.1002/per.241>
- Forgays, D. ., Ottaway, S. A., Guarino, A., & D'Alessio, M. (2001). Parenting stress in employed and at-home mothers in Italy. *Journal of Family and Economic Issues, 22*(4), 327–351. <https://doi.org/10.1023/A:1012703227992>
- Gani, I. A., & Kumalasari, D. (2019). Be Mindful, Less Stress: Studi Tentang Mindful Parenting Dan Stres Pengasuhan Pada Ibu Dari Anak Usia Middle Childhood Di Jakarta. *INSAN Jurnal Psikologi Dan Kesehatan Mental, 15*(2), 98. <https://doi.org/10.24014/jp.v15i2.7744>
- Hakim, R. N. (2020). Pemerintah Sebut Banyak Manfaat yang Didapat dari PSBB di Jakarta. Retrieved April 28, 2020, from <https://nasional.kompas.com/read/2020/04/07/17382961/pemerintah-sebut-banyak-manfaat-yang-didapat-dari-psbb-di-jakarta>
- Halpern, D. F., & Tan, S. J. (2010). Combining Work and Family: From Conflict to Compatible. In J. H. Bray & M. Stanton (Eds.), *The Wiley-Blackwell Handbook of Family Psychology* (pp. 564–575). West Sussex: Blackwell Publishing. <https://doi.org/10.1002/9781444310238>
- Hasibuan, L. (2020). Ikuti Seruan Anies , 517 Ribu Orang Jakarta Work From Home ! *CNBC Indonesia*. Retrieved from <https://www.cnbcindonesia.com/lifestyle/20200323162243-33-147021/ikuti-seruan-anies-517-ribu-orang-jakarta-work-from-home>
- Hillcoat-Nallétamby, S., & Dharmalingam, A. (2003). Mid-life parental support for adult children in New Zealand. *Journal of Sociology, 39*(3), 271–290. <https://doi.org/10.1177/00048690030393004>
- Holly, L. E., Fenley, A. R., Kritikos, T. K., Merson, R. A., Abidin, R. R., & Langer, D. A. (2019). Evidence-Base Update for Parenting Stress Measures

- in Clinical Samples. *Journal of Clinical Child and Adolescent Psychology*, 48(5), 685–705. <https://doi.org/10.1080/15374416.2019.1639515>
- Hsiao, Y. J. (2018). Parental Stress in Families of Children With Disabilities. *Intervention in School and Clinic*, 53(4), 201–205. <https://doi.org/10.1177/1053451217712956>
- Idhom, A. M. (2020). Update Corona 1 April : Sebaran 1 . 677 Kasus di 32 Provinsi Indonesia. Retrieved April 8, 2020, from <https://tirto.id/update-corona-1-april-sebaran-1677-kasus-di-32-provinsi-indonesia-eKdu>
- Kristiana, I. F. (2017). Self-Compassion dan Stres Pengasuhan Ibu Yang Memiliki Anak Dengan Hambatan Kognitif. *Jurnal Ecopsy*, 4(1), 52. <https://doi.org/10.20527/ecopsy.v4i1.3415>
- Lestari, S., & Widyawati, Y. (2018). Gambaran Parenting Stress Dan Coping Stress Pada Ibu Yang Memiliki Anak Kembar. *Journal Psikogenesis*, 4(1), 41. <https://doi.org/10.24854/jps.v4i1.516>
- McCarthy, E., Gibson, C., Andrews-Dyer, H., & Joyce, A. (2020). During coronavirus, working moms are tested in unprecedented ways, juggling jobs and childcare. Retrieved July 19, 2020, from <https://www.washingtonpost.com/lifestyle/2020/05/06/coronavirus-pandemic-working-moms-quarantine-life/?arc404=true>
- McQuillan, M. E., & Bates, J. E. (2017). Parental Stress and Child Temperament. In K. Deater-Deckard & R. Panneton (Eds.), *Parental Stress and Early Child Development: Adaptive and Maladaptive Outcomes* (pp. 75–106). Cham: Springer International Publishing. <https://doi.org/10.1007/978-3-319-55376-4>
- Muharnis, S., Etikariena, A., & Yulianto, A. (2011). Hubungan Konflik Kerja-Keluarga dengan Kualitas Kehidupan Kerja pada Karyawan Bank. *Journal of Psychology*, 14(November), 252–263.
- Ogston, S. A., Lemeshow, S., Hosmer, D. W., Klar, J., & Lwanga, S. K. (1991). Adequacy of Sample Size in Health Studies. *Biometrics*, 47(1), 347. <https://doi.org/10.2307/2532527>
- Papalia, D. E., & Martorell, G. (2016). *Experience Human Development* (13th ed.). New York: McGraw-Hill International Edition.

- Pisula, E., & Porębowicz-Dörsmann, A. (2017). Family functioning, parenting stress and quality of life in mothers and fathers of Polish children with high functioning autism or Asperger syndrome. *PLoS ONE*, *12*(10), 1–19. <https://doi.org/10.1371/journal.pone.0186536>
- Poduval, J., & Poduval, M. (2009). Working mothers: How much working, How much mothers, and where is the womanhood. *Mens Sana Monographs*, *7*(1), 63–79. <https://doi.org/10.4103/0973-1229.41799>
- Rangkuti, A. A., & Wahyuni, L. D. (2017). *Analisis Data Penelitian Kuantitatif Berbasis Classical Test Theory dan Item Response Theory (Rasch Model)*. Jakarta: FIP Press.
- Ratcliffe, R. (2020). First coronavirus cases confirmed in Indonesia amid fears nation is ill-prepared for outbreak. Retrieved April 8, 2020, from <https://www.theguardian.com/world/2020/mar/02/first-coronavirus-cases-confirmed-in-indonesia-amid-fears-nation-is-ill-prepared-for-outbreak>
- Riyahi, A., Ghadikolaee, S. Y., Kolagar, M., Sarukolaii, A. A., Abdolrazaghi, H., Rafiei, F., & Mohammadbeigi, A. (2017). Comparing the parenting role tasks in parents of children with mental/physical disabilities. *International Journal of Pediatrics*, *5*(6), 5079–5089. <https://doi.org/10.22038/ijp.2017.22803.1910>
- Sangadji, E. M., & Sopiah. (2010). *Metodologi Penelitian: Pendekatan Praktis dalam Penelitian*. Yogyakarta: Penerbit ANDI.
- Sugiyono. (2013). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. Bandung: Alfabeta. <https://doi.org/10.1017/CBO9781107415324.004>
- Teitell, B. (2020). The coronavirus means everyone ’ s home — and even more work for mom. Retrieved April 12, 2020, from <https://www.bostonglobe.com/2020/03/23/nation/coronavirus-means-everyones-home-even-more-work-mom/>
- Umah, A. (2020). Seruan Anies : Seluruh Perkantoran Jakarta Setop 14 Hari! Retrieved April 8, 2020, from <https://www.cnbcindonesia.com/news/20200320190157-4-146579/seruan-anies-seluruh-perkantoran-jakarta-setop-14-hari>
- Utami, K. P., & Wijaya, Y. D. (2018). Hubungan dukungan sosial pasangan

- dengan konflik pekerjaan keluarga pada ibu bekerja. *Jurnal Psikologi*, 16(1).
- Wibowo, A., & Saidiyah, S. (2018). Proses Pengasuhan Ibu Bekerja. *Jurnal Psikologi Integratif*, 1(2), 105–123. <https://doi.org/10.14421/jpsi.2013.%x>
- Widarsson, M., Engström, G., Rosenblad, A., Kerstis, B., Edlund, B., & Lundberg, P. (2013). Parental stress in early parenthood among mothers and fathers in Sweden. *Scandinavian Journal of Caring Sciences*, 27(4), 839–847. <https://doi.org/10.1111/j.1471-6712.2012.01088.x>
- World Health Organization. (2020). Modes of transmission of virus causing COVID-19: implications for IPC precaution recommendations. <https://doi.org/10.1056/NEJMc2004973.Cheng>
- Yunita, R. D. (1999). Dilema Ibu Bekerja. *KOGNISI*, 3(1), 7–12.

