DAFTAR PUSTAKA

Akbar, I. (2019). *Ketangguhan Mental Pada Atlet Sepakbola Di Surakarta*. Skripsi. Psikologi, Universitas Muhammadiyah Surakarta.

Albaar, A. H. (2018). *Fear of Negative Evaluation Dan Mental Toughness Pada Student Athlete* (Vol. 10, Issue 1). Skripsi Psikologi, Universitas Muhammadiyah Malang.

Asmawi, M. (2019). *Manajemen Olahraga : Isu-isu Kritis Dalam Manajemen Olahraga*. PT. Rajagrafindo Persada.

Bompa, T.O. & Harf, G. G. (2009). *Periodization Training for Sports: Theory and. Methodelogy of Training.* (Fifth). United State of America.

Connaughton, D., Wadey, R., Hanton, S., & Jones, G. (2008). *The Development and Maintenance of Mental Toughness: Perceptions of Elite Performers*. *Journal of Sports Sciences*, *26(1)*, 83–95.

Connaughton, D., Hanton, S., & Jones, G. (2010). *The development and maintenance of mental toughness in the world's best performers*. *Sport Psychologist*. https://doi.org/10.1123/tsp.24.2.168

Cowden, Richard G. (2017). *On the mental toughness of self-aware athletes: Evidence from competitive tennis players*. *South African Journal of Science*. https://doi.org/10.17159/sajs.2017/20160112

Cowden, Richard Gregory. (2015). *Mental Toughness Among Competitive South African Tennis*. 158.

Crust, L., & Clough, P. J. (2011). *Developing mental toughness: From research to practice. Journal of Sport Psychology in Action*. https://doi.org/10.1080/21520704.2011.563436

Golby, J., & Sheard, M. (2004). *Mental toughness and hardiness at different levels of rugby league. Personality and Individual Differences*. https://doi.org/10.1016/j.paid.2003.10.015

Gucciardi, D. F., Gordon, S., & Dimmock, J. A. (2008). *Towards an understanding of mental toughness in Australian football. Journal of Applied Sport Psychology*. https://doi.org/10.1080/10413200801998556

Hidayat, Z. (2015). *Hubungan Self Efficacy dengan Peak Performance pada Atlet*

Sepakbola Sekolah Sepakbola (SSB) Yapora Pratama U-15 dan U-17 Pekanbaru. Skripsi, Universitas Islam Negeri Sultan Syarif Kasim Riau.

Indonesia, P. (2005). *Undang-undang Republik Indonesia No.3 Tahun 2005 tentang Sistem Keolahragaan Nasional* (Lembaran N). Sekretariat Negara.

Jones, G. (2002). *What Is This Thing Called Mental Toughness? An Investigation of Elite Sport Performers*. *Journal of Applied Sport Psychology*, *14*(3), 205–218. https://doi.org/10.1080/10413200290103509

Khoironnisa, S. (2016). *Profil Mental Toughness Dan Prestasi Atlet Pencak Silat Pada Kejuaraan Pencak Silat Bandung Open 2016*. Skripsi Pendidikan Olahraga, Universitas Pendidikan Indonesia.

Kumar, A. (2017). A comparative study of mental toughness between team sports and individual sports. *International Journal of Physical Education, Sports and Health*.

Kumar, M. L., & Ahmed, S. (2013). Comparative Study on Mental Toughness Among Male and Female Tennis Plyers. *International Journal of Sports Sciences & Fitness*.

Maheswari, A. P. (2019). *Hubungan Antara Ketangguhan Mental Dengan Peak Performance Pada Atlet Taekwondo*. Skripsi Psikologi, Universitas Negeri Jakarta.

Mylsidayu, A. (2013). *Diktat psikologi olahraga*. UNISMA BEKASI.

Mylsidayu, A. (2018). *Laporan KONI Kota Bekasi pada Kejuaraan PORDA VIII 2018*. KONI Kota Bekasi.

Nicholls, A. R., Polman, R. C. J., Levy, A. R., & Backhouse, S. H. (2009). Mental toughness in sport: Achievement level, gender, age, experience, and sport type differences. *Personality and Individual Differences*, *47*(1), 73–75. https://doi.org/10.1016/j.paid.2009.02.006

Nopiyanto, Y. E., & Dimyati, D. (2018). Karakteristik psikologis atlet Sea Games Indonesia ditinjau dari jenis cabang olahraga dan jenis kelamin. *Jurnal Keolahragaan*, *6*(1), 69–76. https://doi.org/10.21831/jk.v6i1.15010

Priyambodo, B. (2018). *Ketangguhan Mental Pada Atlet Ditinjau Dari Usia, Jenis Kelamin, dan Pengalaman Bertanding*. Skripsi. Psikologi, Universitas Muhammadiyah Surakarta.

Rangkuti, A. A. (2017). *Analisis Data Penelitian Kuantitatif Berbasis Classical Test Theory dan Item Response Theory (Rasch Model)*. Universitas Negeri Jakarta.

Setiyawan, S. (2017). Kepribadian Atlet Dan Non Atlet. *Jendela Olahraga*. https://doi.org/10.26877/jo.v2i1.1289

Sugiyono. (2009). *Metode Penelitian Bisnis : Pendekatan Kuantitatif, Kualitatif dan R&D*. Alfabeta.

Sugiyono. (2015). *Metode Penelitian & Pengembangan Research and Development* (S. Y. Suryandari (ed.)). Alfabeta.