

## DAFTAR PUSTAKA

- Adams, S., Morris, D., Gilmore, G., & Frampton, I. (2010). A novel parent-supported emotional literacy programme for children. *Community Practitioner*, 83(8).
- Al-Rawahi, N. M. (2010). Effective emotional literacy programmes: Teachers' perceptions. *Desertation*. University of Exeter, Devon.
- Alsa, Asmandi. (2004). *Pendekatan kuantitatif kualitatif serta kombinasinya dalam penelitian psikologi*. Yogyakarta: Pustaka Pelajar.
- Azwar, Saifuddin. (2013). *Penyusunan skala psikologi*. Yogyakarta: Pustaka Pelajar.
- Ardi, Z., Meivilona & Ifdill. (2013). Konseling online: Sebuah pendekatan teknologi dalam pelayanan konseling. *Jurnal Konseling dan Pendidikan*, 1(1), 1-5.
- Bettelheim, B. (1991). *The uses of enchantment*. Harmondsworth: Penguin.
- Beaudoin, M. N., Moersch, M., & Evare, B. S. (2016). The effectiveness of narrative therapy with children's social and emotional skill development: An empirical study of 813 problem-solving stories. *Journal of Systemic Therapies*, 35(3), 42-59.
- Bloom, B. S., & Sosniak, L. A. (1985). *Developing talent in young people*. Ballantine. Books.
- Cattanach, A. (1997). *Children's stories in play therapy*. London: Jessica Kingsley.
- Dastbaaz, A., Seyyed, H., Manoochehr, & Shoaei, F. (2014). The effect of group counseling "narrative therapy" on youth with depression. *Iranian Rehabilitation Journal*, 14(21), 19-21.

- Elbaz-Luwisch, F. (2002). Writing as inquiry: Storying the teaching self in writing workshops. *Curriculum inquiry*, 32(4), 403-428.
- Freud, S. (1908). Creative writers and day-dreaming. In The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume IX: Jensen's 'Gradiva'and Other Works, 141-154.
- Gandhi, V. (2015). Analisis properti psikometri alat tes trait emotional intelligence questionnaire-adolescent short form (TEIQue-ASF) versi bahasa indonesia. *Skripsi*. Universitas Sumetera Utara, Medan.
- Ghavami, M., Sadeghi, H., & Mohammadi, E. (2014). The effectiveness of narrative therapy on the decrease of social phobia in the female high school students: isfahan. *International Journal of Academic Research in Business and Social Sciences*, 4(9), 469.
- Goleman, D. (1996). Emotional intelligence: Why it can matter more than IQ. *Learning*, 24(6), 49-50.
- Haddon, A., Goodman, H., Park, J., & Crick, R. D. (2005). Evaluating emotional literacy in schools: The development of the school emotional environment for learning survey. *Pastoral Care in Education*, 23(4), 5-16.
- Hake, Richard R. (1999). *Analyzing change/gain score*. Dept. Of Physics Indiana University.
- Henderson, L., & Black, A. L. (2018). Splitting the world open: Writing stories of mourning and loss. *Qualitative Inquiry*, 24(4), 260-269.
- Hibel, J., & Polanco, M. (2010). Tuning the ear: Listening in narrative therapy. *Journal of Systemic Therapies*, 29, 51–66.
- Hidayat, Dede Rahmat. (2018). *Konseling di sekolah: Pendekatan-pendekatan kontemporer*. Jakarta: Prenadamedia Group.

- Hughes, M., Thompson, H. L., & Terrell, J. B. (2009). *Handbook for developing emotional and social intelligence: Best practices, case studies, and strategies*. New Jersey: John Wiley & Sons.
- Ikonomopoulos, J., Smith, R. L., & Schmidt, C. (2015). Integrating narrative therapy within rehabilitative programming for incarcerated adolescents. *Journal of Counseling & Development*, 93(4), 460-470.
- Indrawan, R., & Yaniawati, P. (2014). *Metodologi penelitian kuantitatif, kualitatif, dan campuran untuk manajemen, pembangunan, dan pendidikan*. Bandung: Refika Aditama.
- Liau, A. K., Liau, A. W., Teoh, G. B., & Liau, M. T. (2003). The case for emotional literacy: The influence of emotional intelligence on problem behaviours in malaysian secondary school students. *Journal of Moral Education*, 32(1), 51-6.
- Lieblich, A. (2013). Healing plots: Writing and reading in life-stories groups. *Qualitative Inquiry*, 19(1), 46-52.
- Maradewa, R. (2019). Catatan kpai di hardiknas: Kasus anak bully guru meningkat drastis. Retrieved 2019, from Komisi Perlindungan Anak Indonesia:<http://www.kpai.go.id/berita/catatan-kpai-di-hardiknas-kasus-anak-bully-guru-meningkat-drastis>.
- Minauli, I., Desriani, N., & Tuapattinaya, Y. M. (2006). Perbedaan penanganan kemarahan pada situasi konflik dalam keluarga suku jawa, batak dan minangkabau. *Psikologia*, 2(1), 1-6.
- Myskillprofile. (2019). EIQ16 Emotional Intelligence Questionnaire. Retrieved April 15, 2019, from Myskillprofile: <https://www.myskillsprofile.com/>
- Nathanson, L., Rivers, S. E., Flynn, L. M., & Brackett, M. A. (2016). Creating emotionally intelligent schools with RULER. *Emotion Review*, 8(4), 305-310.

Nufus, Nira. P. (2016). Pengaruh teknik storytelling dalam layanan bimbingan kelompok terhadap peningkatan emotional literacy siswa kelas III SD. *Skripsi*. Universitas Negeri Jakarta, Jakarta.

O'Hara, D. (2011). The impact of peer mentoring on pupils' emotional literacy competencies. *Educational Psychology in Practice*, 3(27), 271-291.

Pangastuti, Santi Cahya. & Nuryono, W. (2019). pengembangan buku cerita untuk meningkatkan literasi emosional dengan teknik metafora pada siswa kelas X di sma trimurti surabaya. *Jurnal BK Unesa*, 9(3).

Park, J. (2003). *The emotional literacy handbook: Promoting whole-school strategies*. David Fulton Publishers.

Piaget, J. (2005). *The psychology of intelligence*. Routledge.

Puspita, D., Elita, Y., & Sinthia, R. (2019). Pengaruh layanan konseling kelompok berbasis cyber-counseling via whatsapp terhadap keterbukaan diri mahasiswa bimbingan dan konseling semester 4A universitas Bengkulu. *Consilia: Jurnal Bimbingan dan Konseling*, 2(3), 271-281.

Prasetya, A. F. (2017). Model cybercounseling: Telaah konseling individu online chat-asynchronous berbasis aplikasi android. *Prosiding*. Universitas Negeri Malang.

Rahmawati, A. (2016). Studi literatur literasi emosi. *Prosiding*. Universitas Sebelas Maret Surakarta.

Reyes, M. R., Brackett, M. A., Rivers, S. E., Elbertson, N. A., & Salovey, P. (2012). The interaction effects of program training, dosage, and implementation quality on targeted student outcomes for the RULER approach to social and emotional learning. *School Psychology Review*, 41(1), 82.

- Ricks, L., Kitchens, S., Goodrich, T., & Hancock, E. (2014). My story: The use of narrative therapy in individual and group counseling. *Journal of Creativity in Mental Health*, 9(1), 99-110.
- Santrock, J. W. (2008). *Adolescence* (12th ed.). New York: McGraw-Hill.
- Santrock, J. W. (2003). *Perkembangan remaja* (6th ed.). (Terj: S. B. Adelar, & S. Saragih). Jakarta: Penerbit Erlangga.
- Seniati, L., Yulianto, A., dan Setiadi, B. N. (2005). *Psikologi eksperimen*. Jakarta: PT. Indeks.
- Seo, M., Kang, H. S., Lee, Y. J., & Chae, S. M. (2015). Narrative therapy with an emotional approach for people with depression: Improved symptom and cognitive-emotional outcomes. *Journal of Psychiatric and Mental Health Nursing*, 22(6), 379-389.
- Sundayana, R. (2016). *Statistika penelitian pendidikan*. Bandung: Alfabeta.
- Sugiyono. (2012). *Metode penelitian kuantitatif, kualitatif, dan R&D*. Bandung: Alfabeta.
- Sutijono, S. & Farid, D.A. M. (2018). Cyber counselling di era generasi milenial. *Sosiohumanika*, 11(1), 19-32.
- Steiner, C. (2003). *Emotional literacy: Intelligence with a heart*. Personhood Press.
- Tyas, P. H. P. (2015). pendekatan naratif dalam konseling Rational Emotive Behavior Therapy (REBT) untuk mengelola emosi. *Jurnal fokus konseling*, 1(2).
- Waters, T. (2002). The therapeutic use of story writing. *Psychodynamic Practice*, 8(3), 343-358.
- Weare, K. (2003). *Developing the emotionally literate school*. Sage.
- Weare, K. (2000). *Promoting mental, emotional and social health: A whole school approach*. Routledge.
- White, M., & Epston, D. (1990). *Narrative means to therapeutic ends*. New York, NY:Norton

Yuono, E. (2014). Hubungan antara emotional literacy dengan kecenderungan perilaku bullying pada siswa kelas VIII SMP malidar bekasi. Skripsi. Universitas Negeri Jakarta, Jakarta.

