

## DAFTAR PUSTAKA

- Cahyu. (2018, 04 19). *Kepercayaan Diri Remaja Perempuan Indonesia Masih Rendah. Apa Solusinya?* Dipetik 01 06, 2020, dari Liputan 6: <https://www.liputan6.com/health/read/3468992/kepercayaan-diri-remaja-perempuan-indonesia-masih-rendah-apa-solusinya>
- Merz Aesthetics. (2018). *Merz Aesthetics APAC Consumer Study: 'Discovering The Truth About Beauty and Self-Confidence*. Singapore: Merz Aesthetics.`
- Schultz, D. (1991). *Psikologi Pertumbuhan: Model-Model Kepribadian Sehat*. Yogyakarta: Kanisius.
- Khairat, M., & Adiyanti, M. (2015). Self-Esteem dan Prestasi Akademik sebagai Prediktor Subjective Well-Being Remaja Awal. *Journal of Psychology*, 1(3), 1.
- Palumbo, R., Fairfield, B., Mammarella, N., & Domenico, A. D. (2016). Does Make-Up Make You Feel Smarter? The "Lipstick Effect" Extended to Academic Achievement. *Cogent Psychology*, 2.
- Altintas, M., & Heischmidt, K. A. (2018). Gender Differences in Self-Identity Motives for Luxury Consumption. *Behavior Studies in Business*, 10, 2.
- Chevalier, M., & Mazzalovo, G. (2008). *Luxury Brand Management: A World of Privilage*. USA: Wiley.
- Mayasari, I., & Wiadi, I. (2017). Purchasing Massive Prestige Brands: The Explotation of Consumers' Value Perceptions. *ASEAN Marketing Journal*, 1-17.
- D'Arpizo, C., Levato, F., Prete, F., Fabbro, E. D., & Montgolfier, J. d. (2019, January 10). *The Future of Luxury: A Look into Tomorrow to Understand Today*. Dipetik April 03, 2020, dari Bain & Company: <https://www.bain.com/insights/luxury-goods-worldwide-market-study-fall-winter-2018/>
- Naz, U., & Lohdi, S. (2015). Impact of Customer Self Concept and Lifestyle on Luxury Goods Purchases: A Case of Females of Karachi. *Journal of Marketing and Consumer Research*, 17.

- Sari, A. D. (2018, August 03). *Finansial*. Dipetik March 24, 2020, dari Bisnis.com: <https://finansial.bisnis.com/read/20180803/55/824025/logika-di-balik-barang-branded-gengsi-atau-investasi>
- Nellison, M. R., & Meijers, M. H. (2018). Social Benefits of Luxury Brands as Costly Signals of Wealth and Status. *Evolution and Human Behavior*.
- Truong, Y., & McColl, R. (2011). Intrinsic Motivations, Self-Esteem, and Luxury Goods Consumption. *Journal of Retailing and Consumer Services*, 555-561.
- Srivastava, N., & Agarwal, S. (2013). Self Esteem Among Young Adults - A Comparative Study. *International Journal of Humanities and Social Invention*, 59.
- Feist, J., Feist, G. J., & Roberts, T.-A. (2017). *Theories of Personality*. Jakarta: Salemba Humanika.
- Martin-Albo, J., & Grijalvo, F. (2007). The Rosenberg Self-Esteem Scale: Translation and Validation in University Students. *The Spanish Journal of Psychology*, 460.
- Roper, S. (2012). The Commodification of Self-Esteem: Branding and British Teenagers. *Psychology and Marketing*, 120.
- King, L. A. (2007). *The Science of Psychology: An Appreciative View*. New York: McGraw Hill Professional.
- Walgito, B. (2010). *Pengantar Umum Psikologi*. Yogyakarta: Andi Offset.
- Zhang, L., Cude, B. J., & Haidong, Z. (2019). Determinants of Chinese Consumers' Purchase Intentions for Luxury Goods. *International Journal of Market Research*, 4.
- Susanto, A. (2018). *Bimbingan dan Konseling di Sekolah: Konsep, Teori dan Aplikasinya*. Jakarta: Prenadamedia.
- Baron, R. A., & Byrne, D. (2012). *Psikologi Sosial Jilid 2*. Jakarta: Erlangga.
- Abdel-Khalek, A. M. (2016). Introduction To The Psychology of Self-Esteem. *Self-Esteem*, 4.
- Du, H., King, R. B., & Chi, P. (2017). Self-Esteem and Subjective Well-Being Revisited: The Roles of Personal, Relational, and Collective Self-Esteem. 2.

- Murk, C. J. (2013). *Self-Esteem and Positive Psychology*. New York: Springer Publishing Company.
- Sunaryo. (2002). *Psikologi untuk Keperawatan*. Jakarta: Buku Kedokteran EGC.
- Robbins, S. P., & Judge, T. A. (2007). *Perilaku Organisasi*. Jakarta: Salemba Empat.
- Subakti, A. G., Tenironama, D., & Yuniarso, A. (2018). Analisis Persepsi Konsumen. *Tourism and Hospitality Essentials Journal*, 31-36.
- Thoha, M. (2003). *Kepemimpinan Dalam Manajemen*. Jakarta: PT. Raja Grafindo Persada.
- Gaspersz, V. (1999). *Ekonomi Manajerial: Pembuatan Keputusan Bisnis*. Jakarta: Gramedia Pustaka Utama.
- Susanto, A. B., & Wijarnako, H. (2004). *Power Branding: Membangun Brand yang Legendaris*. Jakarta: PT. Mizan Pustaka. 2004: PT Mizan Pustaka.
- Dib, H., & Johson, L. W. (2019). Gay Male Consumers Seeking Identity in Luxury Consumption: The Self-Concept. *International Journal of Business Marketing and Management* , 25-26.
- Husic-Mehmedovic, M., & Cicic, M. (2009). Luxury Consumptions Factors. *Journal of Fashion Marketing and Management*, 231-232.
- Kasztalska, A. M. (2017). The Economic Theory of Luxury Goods. *International Marketing and Management of Inovations: International Scientific E-Journal*, 80-81.
- Heine, K. (2012). *The Concept of Luxury Brands*. Berlin: Upmarkit.
- Sekaran, U. (2006). *Research Methods for Business*. New York: Pretince Hall International Inc.
- Okoe, A. F., Boateng, H., Quansah, F., & Omane, A. B. (2015). Self Esteem, Customer Identification and Willingness to Pay Price Premium: Evidence from Young Consumers Market . *Asian Journal of Marketing*, 28.
- TL, P. (2019). *Self Esteem: How to Improve Your Self Esteem*. India: Prabhu Tankaraju.
- Ye, S.-H., Liu, X.-T., & Shi, S.-Y. (2015). The Research of Status's Influence on Consumers' Self-Brand Connection with Luxury Brands: Moderating Role of Self-Esteem and Vanity. *Open Journal of Business and Management*, 11-19.

- Yi, J., Yuan, M. F., & Kumah, S. (2013). The Attitude, motivation influence people's buying Luxury goods: A survey of Chinese in China . *IOSR Journal of Business and Management*, 15-24.
- Shalini, A. (2013). Self Esteem Among Young Adults-A Comparative Study. *International Journal of Humanities and Social Science Invention*, 59-61.
- Semiun, Y. (2006). *Kesehatan Mental I: Pandangan Umum Mengenai Penyesuaian Diri dan Kesehatan Mental Serta Teori-Teori yang Terkait*. Yogyakarta: Kanisius.
- Wagner, J., Lang, F. R., Neyer, J. F., & Wagner, G. G. (2014). Self-esteem across adulthood: the role of resources. *ORIGINAL INVESTIGATION*, 109-119.
- Hennigs, N., Wiedmann, K.-P., Klarmann, C., Strehlau, S., Godey, B., Pederzoli, D., . . . Oh, H. (2012). What is the Value of Luxury? A Cross-Cultural Consumer Perspective. *Psychology and Marketing*, 1018-1034.
- Duli, N. (2019). *Metodologi Penelitian Kuantitatif: Beberapa Konsep Dasar Untuk Penulisan Skripsi & Analisis Data dengan SPSS*. Sleman: Deepublish.
- Yusuf, A. M. (2017). *Metode Penelitian Kuantitatif, Kualitatif & Penelitian Gabungan*. Jakarta: Kencana.
- Rangkuti, A. A. (2017). *Statistika Inferensial untuk Psikologi dan Pendidikan*. Jakarta: Prenada Media.
- Ismail, F. (2018). *Statistika untuk Penelitian Pendidikan dan Ilmu-Ilmu Sosial*. Jakarta.
- Deloitte. (2017). *What Makes a Millennial Spend More?* United Kingdom: Deloitte LPP.
- Wu, M.-S. S., Channey, I., Chen, C.-H. S., Nguyen, B., & Melewer, T. (2016). Luxury Fashion Brands: Factors Influencing Young Female Consumers' Luxury Fashion Purchasing In Taiwan. *Qualitative Market Research: An International Journal*, 1-21.
- Statista. (t.thn.). *Luxury Goods*. Dipetik June 15, 2020, dari Statista: <https://www.statista.com/outlook/21000000/120/luxury-goods/indonesia>
- Dove Self-Esteem Project. (2017). *Girls and Beauty Confidence: The Global Report*. United Kingdom: Dove.com.

- Murphy, C. M., Stosny, S., & Morrel, T. M. (2005). Change in Self-Esteem and Physical Aggression During Treatment for Partner Violent Men. *Journal of Family Violence*, 201-210.
- Bleidorn, W., Denissen, J. J., Gebauer, J. E., Arslan, R. C., Rentfrow, P. J., Potter, J., & Gosling, S. D. (2016). Age and Gender Differences in Self-Esteem—A Cross-Cultural Window. *Journal of Personality and Social Psychology*, 296-410.
- Chatam-Carpenter, A., & DeFrancisco, V. (1998). Women Construct Self-Esteem in their Own Terms- A Feminist Qualitative Study. *Feminism & Psychology*, 467-489.
- Weidmann, K.-P., Hennigs, N., & Siebels, A. (2007). Measuring Consumers' Luxury Value Perception: A Cross-Cultural Framework. *Academy of Marketing Science Review*, 1-21.
- Charlotte, P. H., Isabella, B., McMurray, & Bob Cozens. (2004). *SPSS Explained*. New York: Routledge Taylor & Francis Group.
- Opiri, J., & Lang, C. (2016). The Impact of the Self-esteem and Consumption Values on Consumers Attitude and Intention to Purchase Luxury Fashion Products. *International Textile and Apparel Association (ITAA) Annual Conference Proceedings*.
- Chang, L., & Arkin, R. M. (2002). Materialism as an Attempt to Cope with Uncertainty. *Psychology and Marketing*, 289-406.
- Sivanathan, N., & Pettit, N. C. (2010). Protecting the Self Through Consumption: Status Goods as Affirmational Commodities. *Journal of Experimental Social Psychology*, 564-570.
- Nia, A., & Zaichkowsky, J. L. (2000). Do Counterfeits Devalue the Ownership of Luxury Brands? *The Journal of Product and Brand Management*, 485-497.
- Siyoto, S., & Sodik, A. (2015). *Dasar Metodologi Penelitian*. D.I Yogyakarta: Katalog Dalam Terbitan.

- Riyanto, S., & Hitmawan, A. A. (2020). *Metode Riset Penelitian Kuantitatif Penelitian Di Bidang Manajemen, Teknik, Pendidikan, dan Eksperimen*. Sleman: Deepublisher.
- Sinaga, E. K., Matondang, Z., & Sitompul, H. (2019). *Statistika: Teori dan Aplikasi Pendidikan*. Medan: Yayasan Kita Menulis.
- Splichal, C. T. (2009). *The Effect of First-Generation Status and Race/Ethnicity on Students Adjustment to College*. Diunduh dari [search.proquest.com](http://search.proquest.com).
- Neff, K. (2003). Self-Compassion: An Alternative Conceptualization of a Healthy Attitude Toward Oneself. *Self and Identity*, 85-101.
- Neff, K. D. (2011). Self-Compassion, Self Esteem, and Well-Being. *Social and Personality Psychology Compass*, 5(1), 1-12.
- Kabat-Zinn, J. (1990). *Full Catastrophe Living*. New York: Dell Publishing.
- Brandy, J. M., S, P., Solari-Twaddell, P. A., & Velsor-Friedrich, B. (2015). Factors predictive of depression in first year college students. *Psychosoc Nurs Ment Health Serv*, 53 (2), 38-44.
- Estiane, U. (2015). Pengaruh Dukungan Sosial Sahabat Terhadap Penyesuaian Sosial Mahasiswa Baru di Lingkungan Perguruan Tinggi. *Jurnal Psikologi Klinis dan Kesehatan Mental*, Vol (4), 29-40.
- Zubir, D. M. (2012). *Hubungan antara psychological well-being dan college adjustmen pada mahasiswa tahun pertama universitas indonesia*. Skripsi Universitas Indonesia.
- Wijaya, N. (2004). *Hubungan antara keyakinan diri akademik dengan penyesuaian diri siswa tahun pertama sekolah asrama SMA Pangudi Luhur Van Lith Muntilan*. Semarang: Universitas Diponegoro.
- Wetzel, J. L. (2007). *The effect of first generation status on the well being of undergraduate students: a study in the relationship between well being perceived social support, self esteem, and adaptation to college among a unique group of non traditional students*. Dissertation Graduate School of the University of Detroit Mercy.

- Toews, L. T., & Yazedijan, A. (2007). College adjustment among freshmen for white and hispanic males and females. *College Students Journal*, Vol 41, 891.
- Sugiyono. (2007). *Statistika Untuk Penelitian*. Bandung: CV Alfabeta.
- Schneiders, A. A. (1964). Personal adjustment and mental health. New York: Rinehart and Winstone.
- Scharf, M., Maysless, O., & Baron, K. (2004). Adolescents attachment representations and development tasks in emerging adulthood. *Development Psychology*, Vol 40 (3), 430-444.
- Santrock, J. W. (2008). *Life span development 8th ed*. New York: McGraw-Hill.
- Salami, S. O. (2011). Psychological Predictions of Adjustment Among First Year College of Education Student. *US-China Education Review*, 239-248.
- Ramler, T. R., Tennison, L. R., Lynch, J., & Murphy, P. (2015). Mindfulness and the college transition: The efficacy of an adapted mindfulness-based stress reduction intervention in fostering adjustment among first year student. *Mindfulness*, 7(1).
- Rahmat, A. S. (n.d.). Model Pengembangan Pendidikan Nilai di Perguruan Tinggi.
- Osmachenko, A. J. (2013). *Mindfulness: A Mediator of Interpersonal Style in Predicting Academic Adjustment*. Queensland: University of Southern Queensland.
- Oktavia, N. A. (2018). *Efektivitas pelatihan mindfulness dalam menurunkan kesepian remaja di panti asuhan*. UIN Sunan Ampel Surabaya: Skripsi.
- Mettler, J., Heath, N. L., & Carsley, D. (2017). Dispositional Mindfulness and Adjustment to University. *Journal of College Student Retention Research Theory and Practice*, 1-15.
- Lee, J. Y. (2016). An Exploration of Factors Influencing College Students Academic and Social Adjustment. *International Journal of Advanced Culture Technology*, 13-22.
- Kurniawan, I. (2010, Juni 2). *Tiap Tahun, Ratusan Mahasiswa ITB Drop Out*. Retrieved April 13, 2019, from Viva.co.id:

<http://www.viva.co.id/berita/nasional/155001-tiap-tahun-5-10-mahasiswa-itb-drop-out>

- Kumar, R. (2005). *Research Methodology: A Step by Step to Guide for Beginners*. London: Sage Publications.
- Kemenristekdikti. (2017). *Statistik Pendidikan Tinggi*. Jakarta: Pusdatin Iptek Dikti, Setjen, Kemenristidekdikti.
- Jean, D. (2010). The Academic and Social Adjustmen of First Generation College Students. *Seton Hall University*.
- Farzaneh, M. M., Ali, I., & Reza, F. (2016). Predicting Adjustment of Students to University Considering Positive and Negative Affects. *International Journal of Psychology and Behavioral Science*, 219-224.
- Eshun, S. (2006). Dalam *Relationship between outlook to life and college adjustment: an analysis of the role of optimism in stress appraisal and overall mental healt among college students*. Nova Science Publisher.
- Conley, C. S., Bryant, F. B., & Ventura, L. (2013). Promoting Psychosocial Adjustment and Stress Management in First-Year College Students: The Benefits of Engagement in a Psychosocial Wellness Seminar. *Journal of American College Health*, 75-86.
- Bowman, N. (2010). The development of psychology well-being among first year college students development. Vol 51 (5), 180-200.
- Beyers, W., & Goossens, W. (2002). Concurrent and Predictive Validity of Student Adaption to College Questionnaire in a Sample of European Freshman Students. *Educational and Psychological Measurement*, 527-538.
- Baker, R., & Syrik, B. (1984). Measuring adjustment to college. *Journal of Counseling Psychology*, Vol 32 (1), 94-103.
- Baer, R. A., Smith, G. T., & Allen, K. B. (2004). Assesment of Mindfulness by Self Report: The Kentucky Inventory of Mindfulness Skills. *Assesment*, 190-206.
- Arnet, J. (2000). Emerging adulthood a theory of development from the late teens throught the twenties. *American Psychological Association*, Vol 55 (5), 469-480.

- Al-Qaisy, L. M. (2010). Adjustment of College Freshmen: The Importance of Gender and the Place of Residence. *International Journal of Psychology Studies*, 142-150.
- Alispahic, S. (2017). Mindfulness: Age and Gender Differences on a Bosnian Sample. *Psychological Thought*, 155-166.
- Afandi, N. A. (2012). Pengaruh Pelatihan Mindfulness Terhadap Peningkatan Kontrol Diri Siswa SMA. *Universitas Trunojoyo Madura*, 19-28.
- UC Berkeley's GGSC. (2019). *Why Practice It*. Retrieved April 15, 2019, from Greater Good Magazine: [greatergood.berkeley.edu/topic/mindfulness/definition#why-practice-mindfulness](http://greatergood.berkeley.edu/topic/mindfulness/definition#why-practice-mindfulness)
- Grossman, P. (2008). On measuring mindfulness in psychosomatic and psychological research. *Journal of Psychosomatic Research* 64, 405-408.
- McHugh, L., & Wood, R. (2013). Stimulus over-selectivity in temporal brain injury: Mindfulness as a potential intervention. *Brain Injury*, 1595-1599.
- Terry, M. L., Leary, M. R., & Mehta, S. (2012). Self-compassion as a buffer against homesickness, depression, and dissatisfaction in the transition to college. *Self and Identity*, 1-13.
- Fourianalistyawati, E., Listiyandini, R. A., & Fitriana, T. S. (2016). Hubungan mindfulness dan kualitas hidup orang dewasa. *Forum Ilmiah Psikologi Indonesia (FIPI)*.
- Napoli, A. R., & Wortman, P. M. (1998). Psychosocial factors related to retention and early departure of two year community college students. *Research in Higher Education*, 419-455.
- Bohlmeijer, E., ten Klooster, P. M., Fledderus, M., Veehof, M., & Baer, R. (2011). Psychometric properties of the five facet mindfulness questionnaire in depressed adults and development of a short form. *Assesment*, 308-320.
- Rangkuti, A. A., & Wahyuni, L. D. (2017). *Analisis data penelitian kuantitatif berbasis classical test theory dan item response theory (rasch model)*. Jakarta: Fakultas Pendidikan Psikologi.

- Abe, J., Talbot, D. M., & Geelhoed, R. J. (1998). Effects of a peer program on international student adjustment. *Journal of college student development*, 539-547.
- PDDIKTI. (n.d.). Retrieved April 12, 2019, from PANGKALAN DATA PENDIDIKAN TINGGI KEMENTERIAN RISET, TEKNOLOGI, DAN PENDIDIKAN TINGGI: [forlap.ristekdikti.go.id/perguruanitinggi/detail/NTJERDQ0MTEtREREMC00RkU2LUI1RUMtRjZGMzY3REJDRjk3](http://forlap.ristekdikti.go.id/perguruanitinggi/detail/NTJERDQ0MTEtREREMC00RkU2LUI1RUMtRjZGMzY3REJDRjk3)
- Wintre, M. G., & Bowers, C. D. (2007). Predictors of persistence to graduation: extending a model and data on the transition to university model. *Canadian Journal of Behavioural Science*, 220-234.
- Nidhi, & Kermane, M. M. (2015). Adjustment problem of college students in relation to gender, socioeconomic status and academic achievement. *International Journal of Current Research*, 14574-14578.
- Baker, S. R. (2004). Intrinsic, extrinsic, and amotivational orientations: their role in university adjustment, stress, well being, and subsequent academic performance. *Current Psychology Developmental, Learning, Personality, and Social*, Vol 23 (3), 189-202.
- Darmawan, I. P. (2016). Pandangan dan Konsep Pendidikan Ki Hajar Dewantara. *Conference Paper*, 119-130.
- Hinton, P. R., Brownlow, C., McMurray, I., & Cozens, B. (2005). *SPSS Explained*. New York: Routledge.
- Vigneron, F., & Johnson, L. W. (2004). Measuring Brand Luxury Perceptions. *Journal of Brand Management*, 458-508.
- Rosenberg, M., & Owens, T. J. (2001). Low Self-Esteem People: A Collective Portrait. *Extending self-esteem theory and research: Sociological and psychological currents*, 400-436.