

## DAFTAR PUSTAKA

- Abe, J. A. A., & Izard, C. E. (1999). The developmental functions of emotions: An analysis in terms of differential emotions theory. *Cognition & Emotion*, 13(5), 523–549.
- Achenbach, T. M., Edelbrock, C., & Howell, C. T. (1987). Empirically based assessment of the behavioral/emotional problems of 2-and 3-year-old children. *Journal of Abnormal Child Psychology*, 15(4), 629–650.
- Achenbach, T. M., & Ruffle, T. M. (2000). The child behavior checklist and related forms for assessing behavioral/emotional problems and competencies. *Pediatrics in Review*, 21(8), 265–271. <https://doi.org/10.1542/pir.21-8-265>
- Ackerman, N. W. (1958). The psychodynamics of family life. In *The psychodynamics of family life*. Basic Books.
- Adam, B., Ramli, M., Jamaiyah, H., Noor Azimah, M., & Khairani, O. (2010). Comparison of Family Environmental Scale (FES) subscales between Malaysian setting with the original dimension of FES. *MJP Online Early, April*, 1–7.
- Agrina, A., Sahar, J., & Hariyati, R. T. S. (2012). Karakteristik Orangtua dan Lingkungan Rumah Mempengaruhi Perkembangan Balita. *Jurnal Keperawatan Indonesia*, 15(2), 83–88. <https://doi.org/10.7454/jki.v15i2.31>
- Ahmadi, A., & Uhbiyati, N. (2001). *Ilmu Pendidikan*. Rineka Cipta. <https://doi.org/10.1007/s10288-006-0021-5>
- Ainun Nafisah, Lita Latiana, W. A. (2013). Perbedaan Kelekatan Emosional Anak Dengan Orang Tua Ditinjau dari Lingkungan. *Indonesian Journal of Early Childhood Education Studies*, 4(1), 16–23. <https://doi.org/10.15294/ijeces.v3i1.9478>
- Aldao, A., Nolen-Hoeksema, S., & Schweizer, S. (2010). Emotion-regulation strategies across psychopathology: A meta-analytic review. *Clinical Psychology Review*, 30(2), 217–237.
- Alrasheed, K. B., & Aprianti, M. (2011). *Hubungan Antara Kecanduan Gadget Dengan Kecerdasan Emosi Pada Remaja*. 136–142.
- Alrasheed, K. B., & Aprianti, M. (2018). Kecanduan gadget dan kaitannya dengan kecerdasan emosi remaja (sebuah studi pada siswa SMP di kecamatan Setiabudi Jakarta Selatan). *Jurnal Sains Psikologi*, 7(2), 136–142.
- Ansari, A., & Crosnoe, R. (2015). Children's Hyperactivity, Television Viewing, and The Potential for Child Effects. *Children and Youth Services Review*, 61, 135–140. <https://doi.org/10.1016/j.childyouth.2015.12.018>

- Arifin, Z. (2015). Perilaku Remaja Pengguna Gadget : Analisis Teori Sosiologi Pendidikan. *Jurnal Tribakti*, 26(September), 287–315.
- Arikunto, S. (2002). *Metodologi Penelitian*. PT. Rineka Cipta.
- Artz, S., & Nicholson, D. (2010). Reducing aggressive behavior in adolescent girls by attending to school climate. *Fighting for Girls*, 149–174.
- Asmussen, J., Skovgaard, A. M., & Bilenberg, N. (2021). Trajectories of dysregulation in preschool age. *European Child & Adolescent Psychiatry*, 1–12.
- Association, A. P. (2013). *Diagnostic and statistical manual of mental disorders (DSM-5®)*. American Psychiatric Pub.
- B-Hurlock, E. (1956). *Child Development* (John (ed.); 5th ed.). McGraw-Hill series in psychology.
- Baek, Y., & Touati, A. (2016). Exploring how individual traits influence enjoyment in a mobile learning game. *Computers in Human Behavior*, 69, 347–357. <https://doi.org/10.1016/j.chb.2016.12.053>
- Baer, J. (2002). Is family cohesion a risk or protective factor during adolescent development? *Journal of Marriage and Family*, 64(3), 668–675.
- Barrett, L. F., Mesquita, B., & Gendron, M. (2011). Context in emotion perception. *Current Directions in Psychological Science*, 20(5), 286–290.
- Beaton, D. E., Bombardier, C., Guillemin, F., & Ferraz, M. B. (2000). Guidelines for the process of cross-cultural adaptation of self-report measures. *Spine*, 25(24), 3186–3191.
- Beauchaine, T. P. (2015). Future directions in emotion dysregulation and youth psychopathology. *Journal of Clinical Child & Adolescent Psychology*, 44(5), 875–896.
- Beauchaine, T. P., Zisner, A. R., & Sauder, C. L. (2017). Trait impulsivity and the externalizing spectrum. *Annual Review of Clinical Psychology*, 13, 343–368.
- Berger, C. R. (2005). Interpersonal communication: Theoretical perspectives, future prospects. *Journal of Communication*, 55(3), 415–447. <https://doi.org/10.1093/joc/55.3.415>
- Berk, L. E. (2013). *Child Development* (C. Campanella (ed.); Ninth Edit). Pearson.
- Bienvenu, M. J. (1974). *Interpersonal Communication Inventory Scale*. 21.
- Bienvenu, M. J., & Stewart, D. W. (1976). Dimensions of interpersonal communication. *Journal of Psychology: Interdisciplinary and Applied*, 93(1), 105–111. <https://doi.org/10.1080/00223980.1976.9921380>

- Bjorkquist, O. A., Fryer, S. L., Reiss, A. L., Mattson, S. N., & Riley, E. P. (2010). Cingulate gyrus morphology in children and adolescents with fetal alcohol spectrum disorders. *Psychiatry Research: Neuroimaging*, 181(2), 101–107.
- Blackwell, C. K., Lauricella, A. R., & Wartella, E. (2014). Factors influencing digital technology use in early childhood education. *Computers & Education*, 77, 82–90. <https://doi.org/10.1016/j.compedu.2014.04.013>
- Bradley, R. H., & Caldwell, B. M. (1980). The Relation of Home Environment, Cognitive Competence, and IQ among Males and Females. *Child Development*, 51(4), 1140. <https://doi.org/10.2307/1129555>
- Briggs-Gowan, M. J., Carter, A. S., Irwin, J. R., Wachtel, K., & Cicchetti, D. V. (2004). The Brief Infant-Toddler Social and Emotional Assessment: Screening for Social-Emotional Problems and Delays in Competence. *Journal of Pediatric Psychology*, 29(2), 143–155. <https://doi.org/10.1093/jpepsy/jsh017>
- Bronfenbrenner, U. (1979). The Ecology of Human Development: Experiments by Nature and Design. In *Harvard University Press*.
- Bronfenbrenner, U., & Morris, P. A. (2007). *The Bioecological Model of Human Development*.
- Bronson, M. B., & Bronson, M. (2001). *Self-regulation in early childhood: Nature and nurture*. Guilford press.
- Buhle, J. T., Kober, H., Ochsner, K. N., Mende-Siedlecki, P., Weber, J., Hughes, B. L., Kross, E., Atlas, L. Y., McRae, K., & Wager, T. D. (2013). Common representation of pain and negative emotion in the midbrain periaqueductal gray. *Social Cognitive and Affective Neuroscience*, 8(6), 609–616.
- Cahill, L., & McGaugh, J. L. (1998). Mechanisms of emotional arousal and lasting declarative memory. *Trends in Neurosciences*, 21(7), 294–299.
- Calkins, S. D., & Dedmon, S. E. (2000). Physiological and behavioral regulation in two-year-old children with aggressive/destructive behavior problems. *Journal of Abnormal Child Psychology*, 28(2), 103–118.
- Campbell, J., & Akdemir, O. A. (2016). The Developmenr of Interpersonal Communication Scale : The Study of Validity and Reliability. *Journal of Turkish Studies*, 11(Volume 11 Issue 19), 859–859. <https://doi.org/10.7827/turkishstudies.11272>
- Candle. (n.d.). *A child ' s early home environment has long-term effects on development* (pp. 44–51). [http://www.urbanchildinstitute.org/sites/all/files/databooks/TUCI\\_Data\\_Book\\_VII\\_2012.05\\_family.pdf](http://www.urbanchildinstitute.org/sites/all/files/databooks/TUCI_Data_Book_VII_2012.05_family.pdf)
- Cangara, H. (2016). *Pengantar Ilmu Komunikasi (Edisi Kedua)* (2nd ed.). Raja Grafindo Persada.

- Cano, M. Á., Castro, F. G., De La Rosa, M., Amaro, H., Vega, W. A., Sánchez, M., Rojas, P., Ramírez-Ortiz, D., Taskin, T., & Prado, G. (2020). Depressive symptoms and resilience among Hispanic emerging adults: Examining the moderating effects of mindfulness, distress tolerance, emotion regulation, family cohesion, and social support. *Behavioral Medicine*, 46(3–4), 245–257.
- Carter, A. S., Briggs-Gowan, M. J., Jones, S. M., Little, T. D., & Briggs-Gowan, M. J. (2003). The Infant–Toddler Social and Emotional Assessment (ITSEA): Factor Structure, Reliability, and Validity. *Journal of Abnormal Child Psychology*, 103(3), 239–248. <https://doi.org/10.1023/A>
- Chang, F. C., Chiu, C. H., Chen, P. H., Chiang, J. T., Miao, N. F., Chuang, H. Y., & Liu, S. (2019). Children's use of mobile devices, smartphone addiction and parental mediation in Taiwan. *Computers in Human Behavior*, 93, 25–32. <https://doi.org/10.1016/j.chb.2018.11.048>
- Chang, M. K., & Law, S. P. M. (2008). Factor structure for Young's Internet Addiction Test: A confirmatory study. *Computers in Human Behavior*, 24(6), 2597–2619.
- Chaplin, J. (2006). *Kamus Lengkap Psikologi*. Raja Grafindo Persada.
- Chasombat, P. (2014). *Social Networking Sites Impacts on Interpersonal Communication Skills and Relationships*. School of International College.
- Chiu, S.-I. I. (2014). The relationship between life stress and smartphone addiction on Taiwanese university student: A mediation model of learning self-efficacy and social self-efficacy. *Computers in Human Behavior*, 34, 49–57. <https://doi.org/10.1016/j.chb.2014.01.024>
- Chusna, P. A. (2017). Pengaruh Media Gadget pada Perkembangan Karakter Anak. *Media Komunikasi Sosial Keagamaan*, 315–330.
- Clow, K.-A. (2016). *Aggression among children and youth: an examination of service allocation for subtypes of aggression*.
- Cole, P. M., Michel, M. K., & Teti, L. O. (1994). The development of emotion regulation and dysregulation: A clinical perspective. *Monographs of the Society for Research in Child Development*, 59(2–3), 73–102.
- Cole, P. M., Ramsook, K. A., & Ram, N. (2019). Emotion dysregulation as a dynamic process. *Development and Psychopathology*, 31(3), 1191–1201.
- Cole, P. M., Teti, L. O., & ZAHN-WAXLER, C. (2003). Mutual emotion regulation and the stability of conduct problems between preschool and early school age. *Development and Psychopathology*, 15(1), 1–18.
- Coll, C. G., Kagan, J., & Reznick, J. S. (1984). Behavioral inhibition in young children. *Child Development*, 1005–1019.

- Connor, D. F., Steingard, R. J., Cunningham, J. A., Melloni Jr, R. H., & Anderson, J. J. (2004). Proactive and reactive aggression in referred children and adolescents. *American Journal of Orthopsychiatry*, 74(2), 129–136.
- Cortes, G. (1995). Rural emigration in the inter-Andean valleys of Bolivia. *Revue Europeenne Des Migrations Internationales*, 11(2), 113–129.
- Cox, M. J., & Paley, B. (2003). Understanding Families as Systems. *Current Directions in Psychological Science*, 12(5), 193–196. <https://doi.org/10.1111/1467-8721.01259>
- Craske, M. G., Rauch, S. L., Ursano, R., Prenoveau, J., Pine, D. S., & Zinbarg, R. E. (2011). What is an anxiety disorder? *Focus*, 9(3), 369–388.
- Cummings, E. M., Goeke-Morey, M. C., & Papp, L. M. (2004). Everyday Marital Conflict and Child Aggression. *Journal of Abnormal Child Psychology*, 32(2), 191–202. <https://doi.org/10.1023/B:JACP.0000019770.13216.be>
- Cummings, E. M., & Merrilees, C. E. (2010). Identifying the dynamic processes underlying links between marital conflict and child adjustment. In *Strengthening couple relationships for optimal child development: Lessons from research and intervention*. (pp. 27–40). American Psychological Association. <https://doi.org/10.1037/12058-003>
- Damasio, A., & Carvalho, G. B. (2013). The nature of feelings: evolutionary and neurobiological origins. *Nature Reviews Neuroscience*, 14(2), 143–152.
- Darwin, C., & Bynum, W. F. (2009). *The origin of species by means of natural selection: or, the preservation of favored races in the struggle for life*. AL Burt New York.
- Davidson, R. J., Kabat-Zinn, J., Schumacher, J., Rosenkranz, M., Muller, D., Santorelli, S. F., Urbanowski, F., Harrington, A., Bonus, K., & Sheridan, J. F. (2003). Alterations in brain and immune function produced by mindfulness meditation. *Psychosomatic Medicine*, 65(4), 564–570.
- Davies, P. T., & Lindsay, L. L. (2004). Interparental Conflict and Adolescent Adjustment: Why Does Gender Moderate Early Adolescent Vulnerability? In *Journal of Family Psychology* (Vol. 18, Issue 1, pp. 160–170). American Psychological Association. <https://doi.org/10.1037/0893-3200.18.1.160>
- De Vito, J. (1994). *Human Communication: the Basic Course*.
- Denham, S. A., Bassett, H. H., & Wyatt, T. M. (2010). Gender differences in the socialization of preschoolers' emotional competence. *New Directions for Child and Adolescent Development*, 2010(128), 29–49.
- Desy, M. (2018). Pengaruh Komunikasi Interpersonal Dalam Kegiatan Belajar-Mengajar antara Guru dan Murid KB/TK Islam Bunga Harapan Kecamatan Ngaliyan Semarang Terhadap Proses Pembentukan Karakter Anak. *Majalah*

- Ilmiah Inspiratif*, 3(6).
- DeVito, J. A. (2011). *Komunikasi Antar Manusia*. Karisma Publishing Group.
- DeVito, J. A. (2014). *The Interpersonal Communication* (13th ed.). Pearson HE, Inc.
- Dhamayanti, M., Dwiwina, R. G., & Adawiyah, R. (2019). Influence of adolescents' smartphone addiction on mental and emotional development in west java, Indonesia. *Behavioral Disorders*, 51(1), 46–52.
- Duck, S. (2007). *Human Relationships* (4th Editio). Sage Publications Sage CA: Los Angeles, CA.
- Earls, F. J., Brooks-gunn, J., Raudenbush, S. W., & Sampson, R. J. (1997). Project on Human Development in Chicago Neighborhoods ( PHDCN ): Pubertal Development Scale , Wave 1 , 1994-1997. *Social Research*, 1994–1997. <https://doi.org/10.3886/ICPSR13580>
- Effendy, & Uchjana, O. (2001). *Ilmu, Teori, dan Filsafat Komunikasi*. Bandung: Citra Aditya Bakti. Citra Aditya Bakti.
- Ehring, T., Tuschen-Caffier, B., Schnüller, J., Fischer, S., & Gross, J. J. (2010). Emotion regulation and vulnerability to depression: spontaneous versus instructed use of emotion suppression and reappraisal. *Emotion*, 10(4), 563.
- Ekman, P. (1992). An argument for basic emotions. *Cognition & Emotion*, 6(3–4), 169–200.
- Ekman, P., & Cordaro, D. (2011). What is meant by calling emotions basic. *Emotion Review*, 3(4), 364–370.
- Ekman, P. E., & Davidson, R. J. (1994). *The nature of emotion: Fundamental questions*. Oxford University Press.
- Epstein, N. B., Bishop, D. S., & Baldwin, L. M. (1982). *McMaster Model of Family Functioning: A view of the normal family*.
- Essau, C. A. (2008). *Adolescent Addiction: Epidemiology, Assessment, and Treatment* (1st ed.). Elsevier.
- Evans, G. W. (2006). Child Development and the Physical Environment. *Annual Review of Psychology*, 57(1), 423–451. <https://doi.org/10.1146/annurev.psych.57.102904.190057>
- Febrino. (2017). *Tindakan Preventif Pengaruh Negatif Gadget Terhadap Anak*. 1(1), 1–21.
- Feinberg, M. E. (2009). The Internal Structure and Ecological Context of Coparenting: A Framework for Research and Intervention The Internal

- Structure and Ecological Context of Coparenting : A Framework for Research and Intervention. *Parenting*, 907217973, 37–41. <https://doi.org/10.1207/S15327922PAR0302>
- Ferguson, K. T., Cassells, R. C., MacAllister, J. W., & Evans, G. W. (2013). The physical environment and child development: An international review. *International Journal of Psychology*, 48(4), 437–468. <https://doi.org/10.1080/00207594.2013.804190>
- Fernandez, K. C., Jazaieri, H., & Gross, J. J. (2016). Emotion regulation: a transdiagnostic perspective on a new RDoC domain. *Cognitive Therapy and Research*, 40(3), 426–440.
- Fogel, A., Nwokah, E., Dedo, J. Y., Messinger, D., Dickson, K. L., Matusov, E., & Holt, S. A. (1992). Social process theory of emotion: A dynamic systems approach. *Social Development*, 1(2), 122–142.
- Fosco, G. M., & Grych, J. H. (2013). Capturing the family context of emotion regulation: A family systems model comparison approach. *Journal of Family Issues*, 34(4), 557–578.
- Freud, S. (1910). The Origin and Development of Psychoanalysis. *The American Journal of Psychology*, 21(2), 181–218.
- Frydrychowicz, S. (2005). The Influence of Interpersonal Communication on Human Development. *Psychology of Language and Communication*, 9(2).
- Garber, J., & Dodge, K. A. (1991). *The development of emotion regulation and dysregulation*. Cambridge University Press.
- Goh, W. W. L., Bay, S., & Chen, V. H. H. (2015). Young school children's use of digital devices and parental rules. *Telematics and Informatics*, 32(4), 787–795. <https://doi.org/10.1016/j.tele.2015.04.002>
- Gökçearslan, Ş., Mumcu, F. K., Haşlaman, T., & Çevik, Y. D. (2016). Modelling smartphone addiction: The role of smartphone usage, self-regulation, general self-efficacy and cyberloafing in university students. *Computers in Human Behavior*, 63, 639–649. <https://doi.org/10.1016/j.chb.2016.05.091>
- Goleman, D. (1995). *Emotional Intelligence*. Gramedia.
- Gratz, K. L., & Roemer, L. (2004). Multidimensional assessment of emotion regulation and dysregulation: Development, factor structure, and initial validation of the difficulties in emotion regulation scale. *Journal of Psychopathology and Behavioral Assessment*, 26(1), 41–54.
- Green, V. (2003). *Emotional Development in Psychoanalysis, Attachment Theory and Neuroscience*. <https://doi.org/10.4324/9780203420362>
- Greene, C. A., McCoach, D. B., Briggs-Gowan, M. J., & Grasso, D. J. (2021).

- Associations among childhood threat and deprivation experiences, emotion dysregulation, and mental health in pregnant women. *Psychological Trauma: Theory, Research, Practice, and Policy*.
- Greene, J. O., & Burleson, B. R. (2003). Handbook of Communication and Social Interaction Skills. In *Communication*. <https://doi.org/10.4324/9781410607133>
- Griffiths, M. (2005). A ‘components’ model of addiction within a biopsychosocial framework. *Journal of Substance Use*, 10(4), 191–197.
- Gross, J. J., & Jazaieri, H. (2014). Emotion, emotion regulation, and psychopathology: An affective science perspective. *Clinical Psychological Science*, 2(4), 387–401.
- Gross, J. J., & John, O. P. (2003). Individual differences in two emotion regulation processes: implications for affect, relationships, and well-being. *Journal of Personality and Social Psychology*, 85(2), 348.
- Gross, J. J., Sheppes, G., & Urry, H. L. (2011). Cognition and emotion lecture at the 2010 SPSP Emotion Preconference: Emotion generation and emotion regulation: A distinction we should make (carefully). *Cognition & Emotion*, 25(5), 765–781.
- Gutiérrez, J. D. S., de Fonseca, F. R., & Rubio, G. (2016). Cell-Phone Addiction: A review. *Frontiers in Psychiatry*, 7(OCT). <https://doi.org/10.3389/fpsyg.2016.00175>
- Haigh. (2015). Stop Phubbing. [Http://Stopphubbing.Com/](http://Stopphubbing.Com/). <http://stopphubbing.com/>
- Hair, J. F., Black., W. C., E, B. J. B., & Anderson, R. (2010). *Multivariate Data Analysis* (Fourth). Pearson Prentice Hall.
- Hajal, N. J., & Paley, B. (2020). Parental emotion and emotion regulation: A critical target of study for research and intervention to promote child emotion socialization. *Developmental Psychology*, 56(3), 403.
- Halle, T. G., & Darling-Churchill, K. E. (2016). Review of measures of social and emotional development. *Journal of Applied Developmental Psychology*, 45, 8–18. <https://doi.org/10.1016/j.appdev.2016.02.003>
- Hardani, R. (2017). *Pengaruh Kelekatan Anak dengan Orang Tua, Guru, Teman dan Kontril Diri Terhadap Perilaku Pornografi Anak SMP*. Institut Pertanian Bogor.
- Hardway, C., & Fuligni, A. J. (2006). Dimensions of family connectedness among adolescents with Mexican, Chinese, and European backgrounds. *Developmental Psychology*, 42(6), 1246.
- Harris, T. L., & Molock, S. D. (2000). Cultural orientation, family cohesion, and

- family support in suicide ideation and depression among African American college students. *Suicide and Life-Threatening Behavior*, 30(4), 341–353.
- Hartley, P. (1999). *Interpersonal Communication*. Routledge.
- Hasanah, H. (2015). Pengaruh Komunikasi Interpersonal Dalam Menurunkan Problem Tekanan Emosi Berbasis Gender. *SAWWA*, 11, 51–74.
- Hasanah, M. (2017). Pengaruh Gadget terhadap Kesehatan Mental Anak. *Indonesian Journal of Islamic Early Childhood Education*, 2(2), 2017–2214.
- Hasbullah. (2012). *Dasar-Dasar Ilmu Pendidikan*. Raja Grafindo Persada.
- Havighurst, S. S., Wilson, K. R., Harley, A. E., Kehoe, C., Efron, D., & Prior, M. R. (2013). “Tuning into Kids”: Reducing young children’s behavior problems using an emotion coaching parenting program. *Child Psychiatry & Human Development*, 44(2), 247–264.
- Helmwati. (2014). *Pendidikan Keluarga Teoretis dan Praktis* (1st ed.). Rosda.
- Herlina. (2012). *Komunikasi Verbal, Makalah Mata Kuliah Ilmu Pernyataan Psikologi*.
- Hidayat, D. (2012). *Komunikasi Antarpribadi dan Medianya*. Graha Ilmu.
- Hidayati, F., Kaloeti, D. V. S., & Karyono, K. (2011). Peran ayah dalam pengasuhan anak. *Jurnal Psikologi*, 9(1).
- Hoy, J. F., Lewin, S. R., Post, J. J., & Street, A. C. (2009). *HIV management in Australasia: a guide for clinical care*. Australasian Society for HIV Medicine.
- Huber, B., Yeates, M., Meyer, D., Fleckhammer, L., & Kaufman, J. (2018). The effects of screen media content on young children’s executive functioning. *Journal of Experimental Child Psychology*, 170, 72–85. <https://doi.org/10.1016/j.jecp.2018.01.006>
- Imron, R. (2017). Hubungan Penggunaan Gadget dengan Perkembangan Sosial dan Emosional Anak Prasekolah di Kab. Lampung Selatan. *Jurnal Keperawatan*, XIII(2), 148–154.
- Insel, T., Cuthbert, B., Garvey, M., Heinssen, R., Pine, D. S., Quinn, K., Sanislow, C., & Wang, P. (2010). *Research domain criteria (RDoC): toward a new classification framework for research on mental disorders*. Am Psychiatric Assoc.
- Irmayanti, Y., & Ruhaena, L. (2018). *Peran Orangtua dalam Mendampingi Penggunaan Gawai pada Anak Usia Prasekolah*.
- Islami, D. I. (2018). PENGARUH KOMUNIKASI PRODUKTIF ORANGTUA TERHADAP PERKEMBANGAN EMOSI ANAK. *JURNAL PUSTAKA*

- KOMUNIKASI*, 1(2), 238–245.
- Issom, F. L., & Damayanti, F. (2020). Pengaruh Komunikasi Interpersonal Orang Tua-Anak Terhadap Agresi Siswa Kepada Guru. *JPPP-Jurnal Penelitian Dan Pengukuran Psikologi*, 9(1), 1–7.
- Izard, C. E. (2007). Basic emotions, natural kinds, emotion schemas, and a new paradigm. *Perspectives on Psychological Science*, 2(3), 260–280.
- Jago, R., Stamatakis, E., Gama, A., Carvalhal, I. M., Nogueira, H., Rosado, V., & Padez, C. (2012). Parent and child screen-viewing time and home media environment. *American Journal of Preventive Medicine*, 43(2), 150–158. <https://doi.org/10.1016/j.amepre.2012.04.012>
- James, W. (1884). *The dilemma of determinism*. Kessinger Publishing.
- Jarvenpaa, S. L., & Lang, K. R. (2005). Managing the paradoxes of mobile technology. *Information Systems Management*, 22(4), 7–23. <https://doi.org/10.1201/1078.10580530/45520.22.4.20050901/90026.2>
- Jazaieri, H., Jinpa, G. T., McGonigal, K., Rosenberg, E. L., Finkelstein, J., Simon-Thomas, E., Cullen, M., Doty, J. R., Gross, J. J., & Goldin, P. R. (2013). Enhancing compassion: A randomized controlled trial of a compassion cultivation training program. *Journal of Happiness Studies*, 14(4), 1113–1126.
- Joormann, J., & D'Avanzato, C. (2010). Emotion regulation in depression: Examining the role of cognitive processes: Cognition & Emotion Lecture at the 2009 ISRE Meeting. *Cognition and Emotion*, 24(6), 913–939.
- Joormann, J., & Gotlib, I. H. (2010). Emotion regulation in depression: relation to cognitive inhibition. *Cognition and Emotion*, 24(2), 281–298.
- Joormann, J., & Quinn, M. E. (2014). Cognitive processes and emotion regulation in depression. *Depression and Anxiety*, 31(4), 308–315.
- Kanske, P., Schönfelder, S., Forneck, J., & Wessa, M. (2015). Impaired regulation of emotion: neural correlates of reappraisal and distraction in bipolar disorder and unaffected relatives. *Translational Psychiatry*, 5(1), e497–e497.
- Karadağ, E., Tosuntaş, Ş. B., Erzen, E., Duru, P., Bostan, N., Şahin, B. M., Çulha, İ., & Babadağ, B. (2015). Determinants of phubbing, which is the sum of many virtual addictions: A structural equation model. *Journal of Behavioral Addictions*, 4(2), 60–74. <https://doi.org/10.1556/2006.4.2015.005>
- Karuniawan, A., & Cahyanti, I. Y. (2013). Hubungan antara Academic Stress dengan Smartphone Addiction pada Mahasiswa Pengguna Smartphone. *Jurnal Psikologi Klinis Dan Kesehatan Mental*, 2(4).
- Kellermann, P. F. (2007). *Sociodrama and Collective Trauma* (2nd ed.). Jessica Kingsley Publishers.

- Khurana, V. G., Teo, C., Kundi, M., Hardell, L., & Carlberg, M. (2009). Cell phones and brain tumors : a review including the long-term epidemiologic data ☆. *Surgical Neurology*, 72(3), 205–214. <https://doi.org/10.1016/j.surneu.2009.01.019>
- Kildare, C. A., & Middlemiss, W. (2017). Impact of parents mobile device use on parent-child interaction: A literature review. *Computers in Human Behavior*, 75, 579–593. <https://doi.org/10.1016/j.chb.2017.06.003>
- Kim, D., & Jahng, K. (2019). Children's Self-Esteem and Problematic Smartphone Use: The Moderating Effect of Family Rituals. *J*, 28(12). <https://doi.org/10.1007/s10826-019-01526-1>
- Kim, E. Y., Cho, I., & Kim, E. J. (2017). Structural Equation Model of Smartphone Addiction Based on Adult Attachment Theory: Mediating Effects of Loneliness and Depression. *Asian Nursing Research*, 11(2), 92–97. <https://doi.org/10.1016/j.anr.2017.05.002>
- Koole, S. L. (2009). The psychology of emotion regulation: An integrative review. *Cognition and Emotion*, 23(1), 4–41.
- Kruglanski, A. W., Shah, J. Y., Fishbach, A., Friedman, R., Chun, W. Y., & Sleeth-Keppler, D. (2002). *A theory of goal systems*.
- Kuncoro, A., Engkos, & Ridwan. (2012). *Análisis Jalur (Path Analysis)*, Edisi Kedua. Penerbit Alfabeta.
- Kurjak, A., Azumendi, G., Andonotopo, W., & Salihagic-Kadic, A. (2007). Three- and four-dimensional ultrasonography for the structural and functional evaluation of the fetal face. *American Journal of Obstetrics and Gynecology*, 196(1), 16–28.
- Kwon, M., Kim, D. J., Cho, H., & Yang, S. (2013). The smartphone addiction scale: Development and validation of a short version for adolescents. *PLoS ONE*, 8(12), 1–7. <https://doi.org/10.1371/journal.pone.0083558>
- Latan. (2013). *Model Persamaan Struktural Teori dan Implementasi AMOS 21*. Alfabeta.
- Latif, A. (2007). *Pendidikan berbasis nilai kemasyarakatan*. PT Refika.
- Lauricella, A. R., Wartella, E., & Rideout, V. J. (2015). Young children's screen time: The complex role of parent and child factors. *Journal of Applied Developmental Psychology*, 36, 11–17. <https://doi.org/10.1016/j.appdev.2014.12.001>
- Laursen, B., & Collins, W. A. (1994). Interpersonal conflict during adolescence. *Psychological Bulletin*, 115(2), 197.
- LeDoux, J. E. (2014). Coming to terms with fear. *Proceedings of the National*

- Academy of Sciences*, 111(8), 2871–2878.
- Leu, J., Walton, E., & Takeuchi, D. (2011). Contextualizing acculturation: Gender, family, and community reception influences on Asian immigrant mental health. *American Journal of Community Psychology*, 48(3), 168–180.
- Leu, J., Wang, J., & Koo, K. (2011). Are positive emotions just as “positive” across cultures? *Emotion*, 11(4), 994.
- Liansari, V. (2018). Pola Komunikasi Interpersonal Orang Tua dan Anak Usia Dini dengan Speech Delay di TK Aisyiyah Rewwin Waru. *KANAL: Jurnal Ilmu Komunikasi*, 5(2), 159–164.
- Lin, L. Y., Cherng, R. J., Chen, Y. J., Chen, Y. J., & Yang, H. M. (2015). Effects of television exposure on developmental skills among young children. *Infant Behavior and Development*, 38, 20–26. <https://doi.org/10.1016/j.infbeh.2014.12.005>
- Lindblom, J., Peltola, M. J., Vänskä, M., Hietanen, J. K., Laakso, A., Tiitinen, A., Tulppala, M., & Punamäki, R. L. (2017). Early family system types predict children’s emotional attention biases at school age. *International Journal of Behavioral Development*, 41(2), 245–256. <https://doi.org/10.1177/0165025415620856>
- Liu, Q.-Q., Yang, X.-J., Hu, Y.-T., Zhang, C.-Y., & Nie, Y.-G. (2020). How and when is family dysfunction associated with adolescent mobile phone addiction? Testing a moderated mediation model. *Children and Youth Services Review*, 111, 104827.
- Louise Chawla, Debra Cushing, Laura Malinin, Illène Pevec, Willem van Vliet, K. Z. (2015). *Children and the Environment*. Oxford Bibliograph.
- Loveland-Cherry, C. J., Youngblut, J. M., & Kline Leidy, N. W. (1989). A psychometric analysis of the family environment scale. *Nursing Research*, 38(5), 262–266. <https://doi.org/10.1097/00006199-198909000-00002>
- Lowe, J. W. (1987). *Family cohesion and personal space in families with adolescents*. Montana State University-Bozeman, College of Education, Health & Human ....
- Macklem, G. L. (2007). *Practitioner’s guide to emotion regulation in school-aged children*. Springer Science & Business Media.
- Macklem, G. L. (2008). Emotional dysregulation. In *Practitioner’s Guide to Emotion Regulation in School-Aged Children* (pp. 13–24). Springer.
- MacLeod, C., Mathews, A., & Tata, P. (1986). Attentional bias in emotional disorders. *Journal of Abnormal Psychology*, 95(1), 15.
- Mariskhana, K. (2017). *Pengaruh Televisi dan Gadget Terhadap Prestasi Belajar*

- Anak.* XV(2).
- Marlina. (2018). Pengaruh Media Sosial Terhadap Intensitas Hubungan Komunikasi Orang Tua dan Anak Usia Dini. *Komunikasiana*, 1(1), 38–47.
- Marsiglia, F. F., Kulis, S., Parsai, M., Villar, P., & Garcia, C. (2009). Cohesion and conflict: Family influences on adolescent alcohol use in immigrant Latino families. *Journal of Ethnicity in Substance Abuse*, 8(4), 400–412.
- Marsiglia, F. F., Parsai, M., & Kulis, S. (2009). Effects of familism and family cohesion on problem behaviors among adolescents in Mexican immigrant families in the southwest United States. *Journal of Ethnic & Cultural Diversity in Social Work*, 18(3), 203–220.
- McDaniel, B. T., & Coyne, S. M. (2016). Technology interference in the parenting of young children: Implications for mothers' perceptions of coparenting. *Social Science Journal*, 53(4), 435–443. <https://doi.org/10.1016/j.soscij.2016.04.010>
- McMillan, T. M., Williams, W. H., & Bryant, R. (2003). Post-traumatic stress disorder and traumatic brain injury: a review of causal mechanisms, assessment, and treatment. *Neuropsychological Rehabilitation*, 13(1–2), 149–164.
- Megawangi, R. (2014). *Kelekatan Ibu-Anak: Kunci Membangun Bangsa* (Issue Id). Indonesia Heritage Foundation.
- Mennin, D. S., Heimberg, R. G., Turk, C. L., & Fresco, D. M. (2005). Preliminary evidence for an emotion dysregulation model of generalized anxiety disorder. *Behaviour Research and Therapy*, 43(10), 1281–1310.
- Middleton, C. A. (2007). Illusions of Balance and Control in an Always-on Environment: a Case Study of BlackBerry Users. *Continuum*, 21(2), 165–178. <https://doi.org/10.1080/10304310701268695>
- Miller, A. L., Kiely Gouley, K., Seifer, R., Dickstein, S., & Shields, A. (2004). Emotions and behaviors in the Head Start classroom: Associations among observed dysregulation, social competence, and preschool adjustment. *Early Education and Development*, 15(2), 147–166.
- Mongrain, M., & Vetteese, L. C. (2003). Conflict over emotional expression: Implications for interpersonal communication. *Personality and Social Psychology Bulletin*, 29(4), 545–555.
- Montemayor, R. (1986). Family variation in parent-adolescent storm and stress. *Journal of Adolescent Research*, 1(1), 15–31.
- Mulyana, D. (2005). *Ilmu Komunikasi: Suatu Pengantar*. Remaja Rosdakarya.
- Mulyani, D. (2015). Tumbuh Kembang Anak Usia Dini di Era Teknologi dan

- Komunikasi. *Child Well-Being and Child Protection*, 301.
- Musthafa, F. A. D. (2017). *Upaya Mengatasi Kecanduan Anak Terhadap Gawai (Gadget) Melalui Model Komunikasi Interaktif Orang Tua dan Anak Berdasar Al-quran*. 110, 645–653.
- Nasution, I. N., & Septiani, D. (2017). PERKEMBANGAN REGULASI EMOSI ANAK DILIHAT DARI PERAN KETERLIBATAN AYAH DALAM PENGASUHAN. *Psychopolitan: Jurnal Psikologi*, 1(1), 23–30.
- Neacsiu, A. D., Bohus, M., & Linehan, M. M. (2014). *Dialectical behavior therapy: An intervention for emotion dysregulation*.
- Neacsiu, A. D., Eberle, J. W., Kramer, R., Wiesmann, T., & Linehan, M. M. (2014). Dialectical behavior therapy skills for transdiagnostic emotion dysregulation: A pilot randomized controlled trial. *Behaviour Research and Therapy*, 59, 40–51.
- Newhill, C. E., Mulvey, E. P., & Pilkonis, P. A. (2004). Initial development of a measure of emotional dysregulation for individuals with cluster B personality disorders. *Research on Social Work Practice*, 14(6), 443–449.
- Nurmandia, H., Wigati, D., & Masluchah, L. (2013). Hubungan Antara Kemampuan Sosialisasi dengan Kecanduan Jejaring Sosial. *Jurnal Penelitian Psikologi*, 4(1), 107–119. <https://doi.org/10.1017/CBO9781107415324.004>
- Obeta, O. A. (2014). Home environmental factors affecting students' academic performance in Abia State, Nigeria. *Rural Environment. Education. Personality (REEP)*, 02, 7–8.
- Olatunji, B. O., Forsyth, J. P., & Feldner, M. T. (2007). *Implications of emotion regulation for the shift from normative fear-relevant learning to anxiety-related psychopathology*.
- Oliemat, E., Ihmeideh, F., & Alkhawaldeh, M. (2018). The use of touch-screen tablets in early childhood: Children's knowledge, skills, and attitudes towards tablet technology. In *Children and Youth Services Review* (Vol. 88). Elsevier Ltd. <https://doi.org/10.1016/j.chillyouth.2018.03.028>
- Olson, D. H., Russell, C. S., & Sprenkle, D. H. (1983). Circumplex model of marital and family systems: VI. Theoretical update. *Family Process*, 22(1), 69–83.
- Olson, D. H., Sprenkle, D. H., & Russell, C. S. (1979). Circumplex model of marital and family systems: I. Cohesion and adaptability dimensions, family types, and clinical applications. *Family Process*, 18(1), 3–28.
- Palar, J. E., Onibala, F., & Oroh, W. (2018). Hubungan Peran Keluarga Dalam Menghindari Dampak Negatif Penggunaan Gadget Pada Anak Dengan Perilaku Anak dalam Penggunaan Gadget. *EJournal Keperawatan*, 6(2), 1.

- Pangastuti, R. (2017). Fenomena Gadget dan Perkembangan Sosial bagi Anak Usia Dini. *Indonesian Journal of Islamic Early Childhood Education*, 2, No 2.
- Panksepp, J. (1992). *A critical role for "affective neuroscience" in resolving what is basic about basic emotions*.
- Panksepp, J., & Biven, L. (2012a). A meditation on the affective neuroscientific view of human and animalian MindBrains. *From the Couch to the Lab: Trends in Psychodynamic Neuroscience*, 145–175.
- Panksepp, J., & Biven, L. (2012b). *The archaeology of mind: neuroevolutionary origins of human emotions (Norton series on interpersonal neurobiology)*. WW Norton & Company.
- Panksepp, J., Lane, R. D., Solms, M., & Smith, R. (2017). Reconciling cognitive and affective neuroscience perspectives on the brain basis of emotional experience. *Neuroscience & Biobehavioral Reviews*, 76, 187–215.
- Papalia, D E, Duskin Feldman, R., Martorell, G., Berber Morán, E., Vázquez Herrera, M., Ortiz Salinas, M. E., & Javier Dávila, J. F. (2012). Desarrollo humano: Diane E. Papalia, Ruth Duskin Feldman y Gabriela Martorell; Revisado Por Emmanuelle Berber Morán y Maribel Vázquez Herrera; Traducido Por María Elena Ortiz Salinas y José Francisco Javier Dávila.
- Papalia, Diane E., Olds, S. W., & Feldman, R. D. (2009). *Human Development*. McGraw Hill.
- Park, C., & Park, Y. R. (2014). The Conceptual Model on Smart Phone Addiction among Early Childhood. *International Journal of Social Science and Humanity*, 4(2), 147–150. <https://doi.org/10.7763/IJSSH.2014.V4.336>
- Paturel, A. (2014). *Game Theory How Do Video Games Affect The Developing Brains of Children and Teens*. Http://Journals.Lww.Com/. [http://journals.lww.com/neurologynow/Fulltext/2014/10030/Game\\_Theory\\_How\\_do\\_video\\_games\\_affect\\_the.17.aspx](http://journals.lww.com/neurologynow/Fulltext/2014/10030/Game_Theory_How_do_video_games_affect_the.17.aspx)
- Pebriana, P. H. (2017). *Analisis Penggunaan Gadget terhadap Kemampuan Interaksi Sosial pada Anak Usia Dini*. 1, 1–11.
- Plowman, L., McPake, J., & Stephen, C. (2010). The technologisation of childhood? Young children and technology in the home. *Children and Society*, 24(1), 63–74. <https://doi.org/10.1111/j.1099-0860.2008.00180.x>
- Plowman, L., Stevenson, O., Stephen, C., & McPake, J. (2012). Preschool children's learning with technology at home. *Computers and Education*, 59(1), 30–37. <https://doi.org/10.1016/j.compedu.2011.11.014>
- Pond Jr, R. S., Kashdan, T. B., DeWall, C. N., Savostyanova, A., Lambert, N. M., & Fincham, F. D. (2012). Emotion differentiation moderates aggressive

- tendencies in angry people: A daily diary analysis. *Emotion*, 12(2), 326.
- Prasetyo, R. A. (2017). Hubungan Antara Kecanduan Gadget (Smartphone) Dengan Empati Pada Mahasiswa. In *Universitas Muhammadiyah Surakarta* (Issue 6). Universitas Muhammadiyah Surakarta.
- Puspitawati, H. (2010). *Pengaruh karakteristik sosial ekonomi keluarga terhadap pola asuh belajar siswa sekolah dasar dan menengah pertama*. 3(1), 46–55.
- Putri, E. S. (2012). Pengaruh Lingkungan Keluarga, Prestasi Belajar, Dan Persepsi Mahasiswa Tentang Undang-Undang Guru Dan Dosen Terhadap Minat Menjadi Guru Pada Mahasiswa Program Studi Pendidikan Akuntansi Angkatan 2008 Dan 2009 Fakultas Ekonomi Universitas Negeri Yogyakarta. In *Skripsi Universitas Negeri Yogyakarta*.
- Pynoos, R. S., Steinberg, A. M., & Piacentini, J. C. (1999). A developmental psychopathology model of childhood traumatic stress and intersection with anxiety disorders. *Biological Psychiatry*, 46(11), 1542–1554.
- Rachmad, D. A. (2019). *HUBUNGAN SMARTPHONE ADDICTION DENGAN PERKEMBANGAN SOSIAL DAN TINGKAT EMPATI PADA ANAK USIA SEKOLAH*. Universitas Airlangga.
- Radliya, R., Apriliya, S., & Zakiyyah, T. R. (2017). *Pengaruh penggunaan gawai terhadap perkembangan sosial emosional anak usia dini*. 1(1), 1–12.
- Rahman, & Hibana, S. (2002). *Konsep Dasar Pendidikan Anak Usia Dini*. Galah.
- Rainie, L., & Keeter, S. (2006). Americans and their cell phones. *Online*, 1–9. <https://doi.org/10.1080/00150190490429231>
- Rainie, L., & Zickuhr, K. (2015). Americans' Views on Mobile Etiquette. *Pew Research Center*, 39. <http://www.pewinternet.org/2015/08/26/americans-views-on-mobile-etiquette/>
- Repacholi, M. H. (2001). *Health risks from the use of mobile phones*. 120, 323–331.
- Research, A. P. A. D. of. (2013). Highlights of changes from DSM-IV to DSM-5: Somatic symptom and related disorders. *Focus*, 11(4), 525–527.
- Retz, W., Stieglitz, R.-D., Corbisiero, S., Retz-Junginger, P., & Rösler, M. (2012). Emotional dysregulation in adult ADHD: what is the empirical evidence? *Expert Review of Neurotherapeutics*, 12(10), 1241–1251.
- Reza, M., Adnyana, I. S., Ayu, I. G., & Windiani, T. (2016). *Masalah Adiksi Game Online pada Anak*. 43(4), 262–265.
- Rideout, V. J. (2011). Zero to eight: Children's media use in America: A Common Sense Media Research Study. *Media*.

- Robertson, D. U., & Hyde, J. S. (1982). The Factorial Validity Of The Family Environment Scale. *Educational and Psychological Measurement*, 9, 183–205. <https://doi.org/10.1177/07399863870092005>
- Robins, L. N., & Rutter, M. (1990). *Straight and devious pathways from childhood to adulthood*. CUP Archive.
- Rolls, E. T. (1999). Spatial view cells and the representation of place in the primate hippocampus. *Hippocampus*, 9(4), 467–480.
- Rozana, S. (2019). PENGARUH KOMUNIKASI PENGARUH KOMUNIKASI ORANG TUA TERHADAP PERKEMBANGAN KOGNITIF ANAK USIA DINI DI KB AL BAHRI DESA KOLAM KEC. PERCUT SEI TUAN KAB. DELI SERDANG. *Jurnal Abdi Ilmu*, 12(1), 36–50.
- Rubinsztein, D. C., Gestwicki, J. E., Murphy, L. O., & Klionsky, D. J. (2007). Potential therapeutic applications of autophagy. *Nature Reviews Drug Discovery*, 6(4), 304–312.
- Russell, J. A. (2003). Core affect and the psychological construction of emotion. *Psychological Review*, 110(1), 145.
- Saleh, G. (2018). Pengaruh Komunikasi Interpersonal Guru Dalam Meningkatkan Rasa Percaya Diri Anak Usia Dini. *MEDIUM*, 6(2), 51–61.
- Sandoval, J., & Echandia, A. (1994). Behavior assessment system for children. *Journal of School Psychology*, 32(4), 419–425. [https://doi.org/10.1016/0022-4405\(94\)90037-X](https://doi.org/10.1016/0022-4405(94)90037-X)
- Santrock, J. W. (2011). *Child Development* (13th ed.). Mc Graw Hill.
- Sanusi, A. (2011). *Metode Penelitian Bisnis*. Salemba Empat.
- Sari, T. P., & Mitsalia, A. A. (2016). Pengaruh Penggunaan Gadget Terhadap Personal Sosial Anak Usia Pra Sekolah di TKIT AL Mukmin. *Jurnal PROFESI*, 13(2), 72–78.
- Sauter, D. A., Eisner, F., Ekman, P., & Scott, S. K. (2010). Cross-cultural recognition of basic emotions through nonverbal emotional vocalizations. *Proceedings of the National Academy of Sciences*, 107(6), 2408–2412.
- Schacht, P. M., Cummings, E. M., & Davies, P. T. (2009). Fathering in Family Context and Child Adjustment: A Longitudinal Analysis. *Journal Family Psychology*, 23(December), 790–797. <https://doi.org/10.1037/a0016741>
- Schechter, D. S., & Willheim, E. (2009). Disturbances of attachment and parental psychopathology in early childhood. *Child and Adolescent Psychiatric Clinics*, 18(3), 665–686.
- Scherer, K. R. (2009). The dynamic architecture of emotion: Evidence for the

- component process model. *Cognition and Emotion*, 23(7), 1307–1351.
- Schönfelder, S., Kanske, P., Heissler, J., & Wessa, M. (2014). Time course of emotion-related responding during distraction and reappraisal. *Social Cognitive and Affective Neuroscience*, 9(9), 1310–1319.
- Schore, A. N. (2003). *Affect dysregulation and disorders of the self (Norton Series on interpersonal neurobiology)*. WW Norton & Company.
- Searight, R. H., Thomas, S. L., Manley, C. M., & Ketterson, T. U. (1995). Self-disclosure in adolescents: a family systems perspective. In K. J. Rotenberg (Ed.), *Disclosure Processes in Children and Adolescents* (pp. 204–226). Cambridge University Press. <https://doi.org/DOI:10.1017/CBO9780511527746.010>
- Setianingsih, Ardani, A. W., & Khayati, F. N. (2018). *Dampak Penggunaan Gadget pada Anak Usia Prasekolah Dapat Meningkatkan Resiko Gangguan Pemusatkan Perhatian dan Hiperaktivitas*. XVI(2), 191–205.
- Shapiro, S. L., Brown, K. W., & Biegel, G. M. (2007). Teaching self-care to caregivers: Effects of mindfulness-based stress reduction on the mental health of therapists in training. *Training and Education in Professional Psychology*, 1(2), 105.
- Sim, L., & Zeman, J. (2006). The contribution of emotion regulation to body dissatisfaction and disordered eating in early adolescent girls. *Journal of Youth and Adolescence*, 35(2), 207–216.
- Siregar, N. S., Sinthia, R., Bimbingan, P., & Keguruan, F. (2017). *The Correlation Between the Interpersonal Communication of Parents and Children to juvenile delinquency*. 1, 26–35.
- Situmorang, D. H. (2016). Peran Komunikasi Interpersonal Orang Tua dan Anak dalam Pendampingan Menonton Film Animasi. *Jurnal Ilmu Komunikasi*, 14(1), 57–67.
- Smith, T. W., Ruiz, J. M., Cundiff, J. M., Baron, K. G., & Nealey-Moore, J. B. (2013). Optimism and pessimism in social context: An interpersonal perspective on resilience and risk. *Journal of Research in Personality*, 47(5), 553–562.
- Spencer, C., & Blades, M. (2005). Children and their Environments. In *Children and their Environments: Learning, Using and Designing Spaces* (Issue 1). <https://doi.org/10.1017/CBO9780511521232>
- Sugiyono. (2016). *Statistika Untuk Penelitian*. Alfabeta.
- Suhaimi, A. W., Marzuki, N. A., & Mustaffa, C. S. (2014). The Relationship between Emotional Intelligence and Interpersonal Communication Skills in Disaster Management Context: A Proposed Framework. *Procedia - Social and*

- Behavioral Sciences*, 155(October), 110–114.  
<https://doi.org/10.1016/j.sbspro.2014.10.265>
- Sundar Sarma, S., & Talukdar, R. R. (2016). Relationship between Family Environment and Mobile Phone Addiction among Young Adults. *IOSR Journal of Humanities and Social Science*, 21(07), 13–19.  
<https://doi.org/10.9790/0837-2107051319>
- Suyadi, & Hasan, B. (2011). *Mendidik Anak Zaman Kita*. Zaman.
- Tatminingsih, S. (2017). The Impact Of ICT Use On Early-Age Children Behavior: A Case Study Of 4-7 Years Old. *Jurnal Pendidikan*, 18(Dampak penggunaan TIK), 43–51.
- Teasdale, J. D., Segal, Z. V., Williams, J. M. G., Ridgeway, V. A., Soulsby, J. M., & Lau, M. A. (2000). Prevention of relapse/recurrence in major depression by mindfulness-based cognitive therapy. *Journal of Consulting and Clinical Psychology*, 68(4), 615.
- Thompson, J. K., Covert, M. D., & Stormer, S. M. (1999). Body image, social comparison, and eating disturbance: A covariance structure modeling investigation. *International Journal of Eating Disorders*, 26(1), 43–51.
- Thompson, R. A. (1994). Emotion regulation: A theme in search of definition. *Monographs of the Society for Research in Child Development*, 59(2–3), 25–52.
- Thompson, R. A. (2019). Emotion dysregulation: A theme in search of definition. *Development and Psychopathology*, 31(3), 805–815.
- Tice, D. M., Bratslavsky, E., & Baumeister, R. F. (2001). Emotional distress regulation takes precedence over impulse control: If you feel bad, do it! *Journal of Personality and Social Psychology*, 80(1), 53.
- Todd, R. M., Cunningham, W. A., Anderson, A. K., & Thompson, E. (2012). Affect-biased attention as emotion regulation. *Trends in Cognitive Sciences*, 16(7), 365–372.
- Tomkins, S. (1962). *Affect imagery consciousness: Volume I: The positive affects*. Springer publishing company.
- Tracy, J. L., & Randles, D. (2011). Four models of basic emotions: a review of Ekman and Cordaro, Izard, Levenson, and Panksepp and Watt. *Emotion Review*, 3(4), 397–405.
- Trenholm, & Jensen. (1995). *Komunikasi Interpersonal*. Graha Ilmu.
- Trinika, Y. (2015). *Pengaruh Penggunaan Gadget Terhadap Perkembangan Psikososial Anak Usia Prasekolah (3-6 tahun) di TK Swasta*. Universitas Tanjungpura Pontianak.

- Utami, S. A., Hendri, M., & Darmaji. (2011). Hubungan Lingkungan Belajar Terhadap Hasil Belajar Fisika Kelas XI MIA. *Pendidikan Fisika FKIP Universitas Jambi*.
- Wahyuni, A. S., Siahaan, F. B., Arfa, M., Alona, I., & Nerdy, N. (2019). The relationship between the duration of playing gadget and mental emotional state of elementary school students. *Open Access Macedonian Journal of Medical Sciences*, 7(1), 148–151. <https://doi.org/10.3889/oamjms.2019.037>
- Wahyuti, T., & Syarif, L. K. (2016). Korelasi Antara Keakraban Anak dan Orang Tua Dengan Hubungan Sosial Asosiatif Melalui Komunikasi Antar Pribadi. *Jurnal Visi Komunikasi*, 15(01), 143–157.
- Waller, E., & Scheidt, C. E. (2006). Somatoform disorders as disorders of affect regulation: a development perspective. *International Review of Psychiatry*, 18(1), 13–24.
- Warisyah, Y. (2015). Pentingnya " Pendampingan Dialogis " Orang Tua Dalam Penggunaan Gadget Pada Anak Usia Dini. *Inovasi Pembelajaran Untuk Pendidikan Berkemajuan*, pengaruh negatif gadget; anak usia dini; pendampingan dialogis orang tua, 130–138.
- Warmingham, J. M., Rogosch, F. A., & Cicchetti, D. (2020). Intergenerational maltreatment and child emotion dysregulation. *Child Abuse & Neglect*, 102, 104377.
- Webb, T. L., Schweiger Gallo, I., Miles, E., Gollwitzer, P. M., & Sheeran, P. (2012). Effective regulation of affect: An action control perspective on emotion regulation. *European Review of Social Psychology*, 23(1), 143–186.
- Weiss, N. H., Tull, M. T., Lavender, J., & Gratz, K. L. (2013). Role of emotion dysregulation in the relationship between childhood abuse and probable PTSD in a sample of substance abusers. *Child Abuse & Neglect*, 37(11), 944–954.
- Whang, L. S.-M., Lee, S., & Chang, G. (2003). Internet Over-Users' Psychological Profiles: A Behavior Sampling Analysis on Internet Addiction. *CyberPsychology & Behavior*, 6(2), 143–150. <https://doi.org/10.1089/109493103321640338>
- Widen, S. C., & Russell, J. A. (2008). Young children's understanding of other's emotions. *Handbook of Emotions*, 3, 348–363.
- Wijanarko, J. (2016). *Pengaruh Pemakaian Gadged dan Perilaku Anak, Terhadap Kemampuan Anak Taman Kanak-Kanak Happy Holy Kids Jakarta*. 2015(April), 2016.
- Windiastuti, I. A., Suhartono, & Nurjazuli. (2013). Hubungan Kondisi Lingkungan Rumah, Sosial Ekonomi, dan Perilaku Masyarakat Dengan Kejadian Filariasis di Kecamatan Pekalongan Selatan Kota Pekalongan. *Jurnal Kesehatan Lingkungan Indonesia*, 12(1), 51–57. <https://doi.org/10.14710/jkli.12.1.51-57>

Wisnu Saputra, G., Aldy Rivai, M., Su, M., Lana Gust Wulandari, S., & Rosiana Dewi, T. (2017). Pengaruh Teknologi Informasi Terhadap Kecerdasan (Intelektual, Spiritual, Emosional Dan Sosial) Studi Kasus: Anak-Anak. *Studia Informatika: Jurnal Sistem Informasi*, 10(2), 77–88.

Wood, J. T. (2016). *Interpersonal Communication: Everyday Encounters* (11th ed.). Cengage.

Wulandari, R., & Ahmadi, D. (2015). Komunikasi Antarpribadi Orangtua dan Anak dalam Penggunaan Gadget. *Prosiding Penelitian SPeSIA Unisba*, 341–247.  
<http://karyailmiah.unisba.ac.id/index.php/humas/article/download/2161/603>

Yerkes, R. M., & Dodson, J. D. (1908). The relation of strength of stimulus to rapidity of habit-formation. *Punishment: Issues and Experiments*, 27–41.

Young, K. S. (1998). Internet addiction: The emergence of a new clinical disorder. *Cyberpsychology and Behavior*, 1(3), 237–244.  
<https://doi.org/10.1089/cpb.1998.1.237>

Zabriskie, R. B., & Freeman, P. (2004). Contributions of family leisure to family functioning among transracial adoptive families. *Adoption Quarterly*, 7(3), 49–77.

Zahara, F. H. (2015). *Pengaruh Self Control, Komunikasi Interpersonal dan Pola Asuh Terhadap Adiksi Game Online Pada Remaja*.

Zanarini, M. C., Frankenburg, F. R., Reich, D. B., & Fitzmaurice, G. (2012). Attainment and stability of sustained symptomatic remission and recovery among patients with borderline personality disorder and axis II comparison subjects: a 16-year prospective follow-up study. *American Journal of Psychiatry*, 169(5), 476–483.