

## DAFTAR PUSTAKA

- Agung Krisdianto, M. dan Mulyanti, M. (2016) "Mekanisme Koping dengan Tingkat Depresi pada Mahasiswa Tingkat Akhir," *Jurnal Ners dan Kebidanan Indonesia*, 3(2), hal. 71. doi: 10.21927/jnki.2015.3(2).71-76.
- Arikunto, S. (2012) *Dasar-Dasar Evaluasi Pendidikan*. Jakarta: Bumi Aksara.
- Ashouri, F. P. dan Rasekhi, S. (2015) "A Review on Medical Students Mental Health Problems and Proposed Solutions," 4(1), hal. 23–31.
- Asra, Abudzar, Irawan, P. B. dan Purwoto, A. (2015) *Metode Penelitian Survei*. Diedit oleh Abuzar Asra dan P. B. Irawan. Bogor: In Media.
- Barry, C. L. dkk. (2014) "Stigma, discrimination, treatment effectiveness, and policy: Public views about drug addiction and mental illness," *Psychiatric Services*, hal. 1269–1272. Tersedia pada: <https://doi.org/10.1016/j.psychres.2017.01.097>.
- Bates, L. (2010) "Predictors of Help Seeking Among Early Adolescents: Stages and Factors," *Electronic Theses and Dissertations*.
- Brown, J. S. L. dkk. (2014) "Seeking informal and formal help for mental health problems in the community: A secondary analysis from a psychiatric morbidity survey in South London," *BMC Psychiatry*, 14(1), hal. 1–15. doi: 10.1186/s12888-014-0275-y.
- Chandrasekara, W. S. (2016) "Help seeking attitudes towards mental health

problems and actual help seeking behavior," *Research Journal of Social Science & Management*, 5(9), hal. 45–53.

Darmawan, D. (2016) *Metode Penelitian Kuantitatif*. Diedit oleh P. Latifah. Bandung: PT Remaja Rosdakarya.

Dzikiti, C. dkk. (2019) "Mental Health Survey 2018," *The Insight Network and Dig-In*, (March).

Frydenberg, H. L. dan Lewis, R. (1993) "Boys play sport and girls turn to others: age, gender, and ethnicity as determinants of coping," *Journal of Adolescence*, hal. 253–266.

Gebreegziabher, Y., Girma, E. dan Tesfaye, M. (2019) "Help-seeking behavior of Jimma university students with common mental disorders: A cross-sectional study," *PLoS ONE*, 14(2), hal. 1–18. doi: 10.1371/journal.pone.0212657.

Goodwin, J. dkk. (2016) "Help-seeking Behaviors and Mental Well-being of First Year Undergraduate University Students," *Psychiatry Research*. Elsevier. doi: 10.1016/j.psychres.2016.09.015.

Gough, B. dan Novikova, I. (2020) "Mental health , men and culture : how do sociocultural constructions of masculinities relate to men ' s mental health help-seeking behaviour in the WHO European Region ? Copenhagen: WHO Regional Office for Europe," *(Health Evidence Network (HEN) synthesis report 70)*.

Hambleton, R., Merenda, P. dan Speilberger, C. (2005) *Adapting Educational*

*and Psychological Tests for Cross-Cultural Assessment.* New Jersey:  
Lawrence Erlbaum Associates.

Juliandi, A., Irfan dan Manurung, S. (2014) *Metodelogi Penelitian Bisnis, Konsep dan Aplikasi: Sukses Menulis Skripsi.* Medan: UMSU Press.

Kakkad, A. dkk. (2014) "Study for Adolescent Problem and Psychology," *Journal of Evolution of Medical and Dental Sciences*, 3(37), hal. 9564–9574. doi: 10.14260/jemds/2014/3237.

Kerebih, H., Abera, M. dan Soboka, M. (2017) "Pattern of Help Seeking Behavior for Common Mental Disorders among Urban Residents in Southwest Ethiopia," *Insight Medical Publishing Group*, 25, hal. 208–216.

Kivimäki, M. dkk. (2020) "Association between socioeconomic status and the development of mental and physical health conditions in adulthood: a multi-cohort study," *The Lancet Public Health*, 5(3), hal. e140–e149. doi: 10.1016/S2468-2667(19)30248-8.

Kurniawati, M. S. (2019) "Gambaran Kelekatan Orang Tua dan Teman Sebaya (Profil pada Siswa SMA Negeri se-Jakarta Pusat)," *Skripsi*.

Levesque, R. J. R. (2018) *Encyclopedia of Adolescence*, Springer International Publishing. doi: 10.1007/978-3-319-33228-4\_806.

Mackenzie, C. S., Gekoski, W. L. dan Knox, V. J. (2006) "Age, gender, and the underutilization of mental health services: The influence of help-seeking attitudes," *Aging and Mental Health*, 10(6), hal. 574–582. doi:

10.1080/13607860600641200.

Magaard, J. L. dkk. (2017) "Factors associated with help-seeking behaviour among individuals with major depression: A systematic review," *PLoS ONE*, 12(5), hal. 1–17. doi: 10.1371/journal.pone.0176730.

Mi, U. dan As, H. (2018) "The Impact of Coping Strategies on Psychological Well-being among," *Journal of Psychology*, 8(5). doi: 10.4172/2161-0487.1000349.

Nadler, A. (1987) "Determinants of help-seeking behaviour: The effects of helper's similarity, task centrality and recipient's self-esteem," *European Journal Of Social Theory*, 17(November 1985), hal. 57–67.

Nagai, S. (2015) "Predictors of help-seeking behavior: Distinction between help-seeking intentions and help-seeking behavior," *Japanese Psychological Research*, 57(4), hal. 313–322. doi: 10.1111/jpr.12091.

Nguyen, M. H. dkk. (2019) "Internationalization and its discontents: Help-seeking behaviors of students in a multicultural environment regarding acculturative stress and depression," *Sustainability*, 11(7), hal. 1–20. doi: 10.3390/su11071865.

Offer, D. dkk. (1991) "To whom do adolescents turn for help? Differences between disturbed and nondisturbed adolescents," *Journal of the American Academy for Child and Adolescent Psychiatry*, 30, hal. 623–630.

de Oliveira e Sousa Leão, P. B. dkk. (2011) "Well-being and help-seeking: an

exploratory study among final-year medical students," *Revista da Associacao Medica Brasileira*, 57(4), hal. 379–386. doi: 10.1590/S0104-42302011000400009.

Oliver, M. I. dkk. (2005) "Help-seeking behaviour in men and women with common mental health problems: Cross-sectional study," *British Journal of Psychiatry*, 186(APR.), hal. 297–301. doi: 10.1192/bjp.186.4.297.

Rickwood, D. dkk. (2005a) "Young people ' s help-seeking for mental health problems Young people ' s help-seeking for mental health problems," *Health (San Francisco)*, 4(3), hal. 1–34.

Rickwood, D. dkk. (2005b) "Young people ' s help-seeking for mental health problems Young people ' s help-seeking for mental health problems," 4(3), hal. 1–34.

Rickwood, D. J. dan Braithwaite, V. A. (1994) "Social-psychological factors affecting help-seeking for emotional problems," *Social Science and Medicine*, 39(4), hal. 563–572. doi: 10.1016/0277-9536(94)90099-X.

Rughani, J., Deane, F. P. dan Wilson, C. J. (2011) "Rural adolescents' help-seeking intentions for emotional problems: The influence of perceived benefits and stoicism," *Australian Journal of Rural Health*, 19(2), hal. 64–69. doi: 10.1111/j.1440-1584.2011.01185.x.

Schomerus, G. dan Angermeyer, M. C. (2008) "Stigma and its impact on help-seeking for mental disorders: What do we know?," *Epidemiologia*

e *Psichiatria Sociale*, 17(1), hal. 31–37. doi:  
10.1017/S1121189X00002669.

Steele, L., Dewa, C. dan Lee, K. (2007) "Socioeconomic status and self-reported barriers to mental health service use," *Canadian Journal of Psychiatry*, 52(3), hal. 201–206. doi: 10.1177/070674370705200312.

Sugiyono (2013) *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Bandung: Alfabeta.

Takahashi, T., Koike, T. dan Ando, T. (2014) "Help-seeking preference of the elderly living alone in a housing complex: From the research data in Kudencho housing complex in Yokohama," *Yokohama Journal of Technology Management Studies*, 13, hal. 47–55.

Tesfaye, Y. dkk. (2020) "Attitude and help-seeking behavior of the community towards mental health problems," *PLoS ONE*, 15(11 November), hal. 1–13. doi: 10.1371/journal.pone.0242160.

Waltz, C. F., Strickland, O. L. dan Lenz, E. R. (2005) *Operationalizing nursing concepts*. In: Waltz CF, Strickland OL, Lenz ER (eds). *Measurement in Nursing and Health Research*. 3rd ed. New York: Springer Publishing Company.

Watanabe, N. dkk. (2012) "Help-seeking behavior among Japanese school students who self-harm: Results from a self-report survey of 18,104 adolescents," *Neuropsychiatric Disease and Treatment*, 8, hal. 561–569. doi: 10.2147/NDT.S37543.

Wendt, D. dan Shafer, K. (2014) "Gender and Attitudes about Mental Health Help Seeking: Results from National Data," *Health and Social Work*, 41(1), hal. e20–e28. doi: 10.1093/hsw/hlv089.

Wilson, C. J. dan Deane, F. P. (2005) "Measuring help seeking intentions : Properties of the General Help Seeking Questionnaire Measuring help seeking intentions : Properties of the General Help Seeking," 39, hal. 15–28.

Yu, Y. dkk. (2015) "Mental Health Help-Seeking Intentions and Preferences of Rural Chinese Adults," (February 2016). doi: 10.1371/journal.pone.0141889.