

## ***Self Regulation Learning* Siswa Tingkat Sekolah Dasar (SD) Se-Kecamatan Tanah Abang**

### **ABSTRAK**

*Self Regulated Learning* merupakan proses pembelajaran siswa secara sistematis yang mengarahkan pada pikiran, perasaan, dan tindakan kearah pencapaian tujuan Penelitian ini bertujuan untuk mengetahui profil kemampuan *Self Regulated Learning* kelas 5 dan 6 di SD Negeri di Kecamatan Tanah Abang. Penelitian ini merupakan penelitian survey, dengan menggunakan pendekatan kuantitatif. Subjek penelitian ini berjumlah 708 siswa dari 7 sekolah di Kecamatan Tanah Abang. Teknik pengumpulan data yang digunakan berupa Kuesinoner (Angket). Instrumen yang digunakan berupa skala kemampuan *Self Regulated Learning*. Validasi instrumen menggunakan validasi konstruk berupa expert judgement, sedangkan uji reliabilitas instrumen dilakukan dengan menggunakan SPSS versi 22 teknik Alpha Cronbach untuk skala kemampuan self-regulated learning sebesar 0,714 yang menunjukkan realibilitas tinggi. Teknik analisis data yang peneliti gunakan yakni dengan statistik deskriptif. Dari hasil penelitian menunjukan bahwa tingkat kemampuan *Self Regulated Learning* yang dimiliki oleh siswa kelas 5 dan 6 di SD Negeri se Kecamatan Tanah Abang secara keseluruhan berada pada kategori tinggi, dengan perolehan kemampuan *Self Regulated Learning* dalam kategori tinggi yaitu sebanyak 76%, sebanyak 1% berada dalam kategori rendah, dan 23% pada kategori sedang

Kata Kunci : *Self Regulated Learning* , Sekolah Dasar, Tanah Abang

***Self Regulated Learning for Elementary School Students in Tanah Abang sub-District***

**ABSTRACT**

*Self Regulated Learning is a systematic learning process of students that leads to thoughts, feelings, and actions towards the achievement of goals. This study aims to determine the profile of the ability of Self Regulated Learning class 5 and 6 in Public Elementary Schools in Tanah Abang District. This research is a survey research, this research using a quantitative approach. The subjects of this study were 708 students from 7 schools in Tanah Abang District. Data collection techniques used in the form of questionnaire. The instrument used is a Self Regulated Learning ability scale. The instrument validation uses construct validation in the form of expert judgment, while the instrument reliability test is performed using SPSS version 22 of the Cronbach Alpha technique for the scale of self-regulated learning ability of 0.714 which shows high reliability. The data analysis technique that the researcher uses statistics descriptive. From the results of the study showed that the level of Self Regulated Learning that is owned by 5th and 6th grade students in Public Elementary Schools in Tanah Abang District as a whole is in the high category, with the acquisition of Self Regulated Learning abilities in the high category of 76%, as much as 1% in the low category, and 23% in the medium category.*

*Keyword : Self Regulated Learning, Tanah Abang, Sekolah Dasar*