

# **PROFIL KARAKTERISTIK KEPERIBADIAN MAHASISWA BIMBINGAN DAN KONSELING DI JAKARTA TIMUR**

**(Studi di Universitas Negeri Jakarta, Universitas Kristen Indonesia dan Universitas Islam As-Syafi'iyah)**

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## **ABSTRAK**

Penelitian ini bertujuan untuk mendeskripsikan profil karakteristik kepribadian mahasiswa Strata 1 Bimbingan dan Konseling di UNJ, UKI dan UIA. Menggunakan metode deskriptif kuantitatif. Menggunakan teknik pengambilan sampel *disproportionate stratified sampling*, dengan jumlah sampel 84 orang. Sampel merupakan mahasiswa Bimbingan dan Konseling yang telah lulus mata kuliah praktikum konseling dan praktek keterampilan mengajar atau praktek kerja lapangan. Teknik pengumpulan data menggunakan angket berjumlah 43 butir pernyataan yang didapat dari 12 indikator karakteristik kepribadian yang merujuk pada teori Cavanagh, kemudian dikembangkan oleh peneliti. Menggunakan skala Guttman. Validitas dan reliabilitas dihitung menggunakan SPSS 22.0 dengan jumlah item final sebanyak 43 butir dan reliabilitas sebesar 0,971 dinyatakan sangat reliabel. Hasil penelitian menunjukkan bahwa ketercapaian karakteristik kepribadian yaitu dapat dipercaya 71%, membebaskan 71%, peka 70%, sepenuh hati 69%, pemahaman diri 69%, kesehatan psikologis yang baik 66%, jujur 61%, kuat 68%, hangat 66%, aktif responsif 56%, kesadaran holistik 62% dan sabar 51%.

**Kata kunci :** **karakteristik kepribadian, mahasiswa Bimbingan dan Konseling**

**PROFILE ON PERSONALITY CHARACTERISTICS OF  
UNDERGRADUATE STUDENTS FROM THE STUDY PROGRAMME OF  
GUIDANCE AND COUNSELING IN EAST JAKARTA**

**(Case Study at Jakarta State University, Indonesian Christian University  
and As-Syafi'iyah Islamic University)**

**(2019)**

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**ABSTRACT**

*This research aims to describe the personality characteristics profile of Strata 1 guidance and counseling at UNJ, UKI and UIA. Using quantitative descriptive methods. It uses a disproportionate stratified sampling technique, with a sample of 84 people. The sample is a student of guidance and counseling that has passed the practicum courses of counseling and practice teaching skills or field work practices. Data collection techniques using a poll amounted to 43 items obtained from 12 indicators of personality characteristics that refer to the theory of Cavanagh, then developed by researchers. Using Guttman scale. The validity and reliability of the calculated using SPSS 22.0 with the number of final items as much as 43 grains and reliability of 0.971 are expressed as reliable. Results showed that the achievement of personality characteristics can be trustworthiness 71%, freeing 71%, sensitivity 70%, wholeheartedness 69%, self-knowledge 69%, good psychological health 66%, honesty 61%, strength 68%, warm 66%, active responsive 56%, Holistic awareness of 62% and patience 51%.*

**Keywords:** **personality characteristics, student guidance and counseling**