

DEVELOPMENT OF THE RONDO TRAINING MODEL FOR FUTSAL GAMES

ABSTRACT

This research explains how to develop a Rondo training model in Futsal games. The method used in this research is (research and development methods). The subjects in this study were 15 (fifteen) Futsal members of the Jakarta State University as small group test subjects and (field practice). In this study the researchers worked with 2 (two) experts in the field of Futsal sports. The validation test used in this study is to use an expert justification test, where the training models that have been created and developed are then tested and consulted and assessed by experts in Futsal sports. Through validation tests conducted using expert justification tests, this study produced a product in the form of a Rondo training model in a 24 (twenty four) model item Futsal game. This Rondo training model can be developed to be more varied and innovative. The purpose of developing this model is that the Rondo training model can be used as a reference by trainers in giving a model of Futsal training. In order for the trainer to be easy and good to apply it during training

Keyword : Model item futsal game, Rondo training model futsal