

MENINGKATKAN KEMANDIRIAN ANAK USIA 4-5 TAHUN MELALUI KEGIATAN BERCERITA

(Penelitian Tindakan Kelas di BKB PAUD Melati RW 04 Cipinang, Jakarta
Timur)
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ABSTRAK

Penelitian ini bertujuan untuk meningkatkan kemandirian anak usia 4-5 tahun yang mencangkup aspek mampu menolong dirinya sendiri (self help), memiliki inisiatif, percaya diri dan bertanggung jawab melalui kegiatan bercerita. Penelitian ini dilaksanakan di BKB PAUD Melati RW 04 Cipinang, Jakarta Timur. Dengan subjek penelitian sebanyak 12 anak. Metode yang digunakan adalah penelitian tindakan yang dilakukan melalui 2 siklus, yaitu siklus 1 sebanyak 8 kali pertemuan dan siklus 2 sebanyak 4 pertemuan. Pelaksanaan dilakukan sejak 1 Agustus 2018 hingga 3 September. Pengumpulan data dilakukan dengan instrument penelitian berupa lembar observasi kemandirian anak, catatan lapangan, catatan wawancara, dan catatan dokumentasi. Analisis persentase data yang digunakan dalam penelitian ini berdasarkan kesepakatan kolaborator sebesar 71% dengan menggunakan rata-rata peningkatan sebesar 30%. Berdasarkan hasil analisis data pra penelitian di dapat persentase sebesar 49%, sedangkan pada siklus I diperoleh kenaikan persentase sebesar 30,6 menjadi 79,6%, dan pada siklus II diperoleh kenaikan sebesar 40% menjadi 87,5%. Berdasarkan hasil persentase dalam penelitian ini, maka dinyatakan bahwa hipotesis dapat diterima. Maka dapat disimpulkan bahwa kegiatan bercerita dapat meningkatkan kemandirian anak usia 4-5 tahun. Implikasi penelitian ini secara teoritis memberikan suatu gambaran mengenai cara meningkatkan kemandirian anak usia 4-5 tahun melalui kegiatan bercerita. Secara praktis, kegiatan bercerita dapat menjadi salah satu solusi alternatif untuk membimbing serta meningkatkan kemandirian anak usia 4-5 tahun.

Kata kunci : Kemandirian, Kegiatan Bercerita

**INCREASING THE INDEPENDENCE OF CHILDREN AGES 4-5 YEARS
THROUGH STORYTELLING ACTIVITIES**

(Classroom action research at BKB PAUD Melati RW 04 Cipinang, East Jakarta)

(2018)

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ABSTRACT

This research aims to increase children's independence 4-5 years old which includes aspects capable of helping himself (Self Help), have an initiative, confident and responsible through storytelling activities. This research was conducted at BKB PAUD Melati RW 04 Cipinang, East Jakarta. With the research subjects as many as 12 children. The method used is action research carried out through 2 cycles, namely cycle 1 as many as 8 meetings and cycle 2 as many as 4 meetings. Implementation is carried out from 1 August 2018 to 3 September. Data collection was carried out with research instruments in the form of children's independence observation sheet, field notes, interview notes, and documentation notes. Analysis of the percentage of data used in this research is based on collaborator agreement of 71% using an average increase of 30%. Based on the results of the pre-research data analysis, the percentage was 49%, while in the first cycle obtained a percentage increase of 30.6 to 79.6%, and in the second cycle obtained an increase of 40% to 87.5%. Based on the percentage results in this research, it is stated that the hypothesis can be accepted. Then it can be concluded that storytelling activities can increase the independence of children aged 4-5 years. The implications of this study theoretically provide an overview of how to increase the independence of children aged 4-5 years through storytelling activities. Practically, storytelling activities can be an alternative solution to guide and increase the independence of children aged 4-5 years.

Keywords : independence, Storytelling Activities.