

ABSTRACT

Anthropometry Profile of Speed Classic and Bouldering Athletes in KMPA Eka Citra Wall Climbing Athletes, Jakarta State University

This study aims to determine the anthropometric value of KMPA Eka Citra wall climbing athletes, Jakarta State University. This research was conducted on Friday, July 26, 2019. in the multipurpose building Hall B, Jakarta State University, JL. Youth No. 10 Rawamangun, East Jakarta. Retrieval of data using descriptive methods with survey techniques using tests and measurements. The sample in this study was 15 people with a purposive sampling technique. This research instrument uses a stature meter, weight scales, metline, calipers, sitting height measuring device. The statistical technique used is to determine the highest and lowest value of each test item, determine the range or range of the difference between the highest and lowest value, determine the median, determine the standard deviation of the overall value of each test that appears on each research result. Based on the results of this study indicate that the wall climbing athlete KMPA Eka Citra Jakarta State University for the highest height height 176 cm and 157.3 cm, the highest weight value 71.9 kg and the lowest 47.7 kg, the highest right leg length 100, 3 cm and the lowest 90 cm, the highest left leg length is 100.3 cm and the lowest 90 cm, the highest right arm length 68.7 cm and the lowest 63 cm, the highest left arm length 69cm and the lowest 63 cm, the right palm length 17, 8 cm and the lowest is 15.6 cm, the highest length of the left palm is 18.7 cm and the lowest is 15.5 cm, the highest sitting height is 17.8 cm and the lowest is 80.3 cm.

Keywords: Profile, Anthropometry, KMPA Eka Citra Wall Climbing Athletes