

ABSTRACT

Rayki Nato Putra. Comparison of Wall Passing Exercise Methods and Paired Passing Exercise Methods for Passing Accuracy in Students of the Bekasi Under 14 Sekolah Sepakbola Tajimalela, Thesis. Sports Coaching Education Study. Jakarta State University Faculty of Sports Science January 1, 2019.

This study aims to determine: (1) The effect of the wall passing training method to improve the passing accuracy of the Bekasi City Tajimalela football players. (2) Effect of paired passing training methods to improve the passing accuracy of the Bekasi City Tajimalela football players. (3) Which method gives greater influence between the method of wall passing training than the method of paired passing training to increase the passing accuracy of the Bekasi City Tajimalela football players.

The study was conducted at the Bekasi City Tajimalela Football School and data collection was carried out from the 15th, January 2019 to the 17th, February 2019 in the Tajimalela yoniv mechanical football field, Bekasi City. The method used in this study is the two pre-test and post-test group design methods. In this study, the population was students of the Tajimalela football school in Bekasi City, amounting to 100 students. Then the sampling technique was carried out by purposive sampling method, while the sample of this study was 30 people. Data collection techniques are carried out with initial tests and final tests with a Passing test instrument. The data analysis technique used the t-test statistic at the level of confidence (significant): 0.05.

From the results of the study that the group given the method of passing wall training experienced a significant increase. With the results of the comparison of initial and final data in the form of tcount of 9.66 while t_{table} with a significant level of 0.05 with $n-1 = 14$ is 2.147 then $tcount (9.66) > t_{table} (2.147)$, the group given the method of paired passing training has increased significant. With the results of the comparison of preliminary data and final data the wall passing training method and the paired passing training method in the form of t_{table} is 1.65, while t_{table} with a significant level of 0.05 with $n-2 = 28$ is 2.05 then $tcount (2.995) < T_{table} (2.05)$, with the t test concluded that the results of the wall passing training method and the method of paired passing training have increased but not as statistically significant, so H_0 is

accepted and H1 is rejected so the results of this research data can be concluded that after doing the program soccer passing training, the passing results of each group were equally increased, but there was a significant impact from the results of the passing skills test with the group passing wall training method.