

ABSTRAK

SATRIO MAULANA HERLAMBANG. "UNDERSTANDING COACH VOLLEYBALL PELATDA PON JAKARTA ON DOPING AND SUPPLEMENTS". Thesis, Jakarta: Achievement Sports Department, Faculty of Sport Science, State University of Jakarta, in July 2015.

This thesis research aims to measure the level of understanding of doping and supplements at volleyball coach Pelatda PON DKI Jakarta, as seen from every coach does not necessarily understand about doping and the supplement itself. Therefore, researchers wanted to determine the level of understanding Pelatda Volleyball coach PON DKI Jakarta about doping and supplements.

Collecting data is held on July 23, 2015, in the field Senayan sand for sand volleyball coach, and in GOR Ragunan for indoor volleyball coach. Other research method used is descriptive method, with survey techniques. The data obtained by Deploying a questionnaire as research instrument in data collection. The instrument used in this study using a questionnaire besrsifat is closed, the questionnaire has provided the answer choices that respondents just choose. In this study, the population was coach volleyball (sand and indoor) PON Pelatda Jakarta totaling 12 people. The sampling technique in this research is to use the total sample. So the sample in this study are all coaches volleyball (sand and indoor) Pelatda Jakarta with a total sample of 12 people.

Understanding of research results volleyball coach Pelatda PON Jakarta against doping showed as much as 5 coaches (41.66%) have a good understanding, whereas 7 coaches (58.33%) have sufficient understanding. While understanding volleyball coach Pelatda PON Jakarta to supplement showed as many as 10 coaches (83.33%) have a good understanding, while two coaches (16.66%) have sufficient understanding.