

## **ABSTRACT**

**SILVIANI APSARI ANISA, Interpersonal Intelligence Through Increased Physical Activity Children Aged 4-5 Years in early childhood Ananda South Jakarta, Thesis, Jakarta, Faculty of Sport Science, State University of Jakarta, in 2013.**

Action Research aims to improve interpersonal intelligence of children aged 4-5 years in early childhood Ananda South Jakarta. The method used in this research is the method of action research. Subjects in this study were children 4-5 years old early childhood totaling 15 children. Research began during the month, which is composed of two cycles and each cycle consisting of four meetings.

In the first cycle of increased movement both in children, but there are still children who have not completed the improvement of interpersonal intelligence with number nine children, including the lack of criteria, 3 children included in the criteria, and three children, including the sufficient criteria.

In the second cycle based on appraisals of teachers and collaborators an increase in the maximum or the children all improved interpersonal intelligence, the result of cycle 2 declared successful.

From this study it can be concluded that through physical activity can improve the game in the form of a model of interpersonal intelligence of children aged 4-5 years in early childhood Ananda South Jakarta.