

DAFTAR PUSTAKA

- Achterbergh, L., Pitman, A., Birken, M., Pearce, E., Sno, H., & Johnson, S. (2020). The experience of loneliness among young people with depression: A qualitative meta-synthesis of the literature. *BMC Psychiatry*, 20(1), 1–31. <https://doi.org/10.1186/s12888-020-02818-3>
- Adamczyk, K. (2016). An Investigation of Loneliness and Perceived Social Support Among Single and Partnered Young Adults. *Current Psychology*, 35(4), 674–689. <https://doi.org/10.1007/s12144-015-9337-7>
- Adamczyk, K., & Segrin, C. (2015). Direct and Indirect Effects of Young Adults' Relationship Status on Life Satisfaction through Loneliness and Perceived Social Support. *Psychologica Belgica*, 55(4), 196–211. <https://doi.org/10.5334/pb.bn>
- Ali, S. A. O., & Shoukry, E. S. (2017). Quality of Life (QoL), aggressive behavior, and self-esteem among employed never-married (spinster) women. *IOSR Journal of Nursing and Health Science (IOSR-JNHS)*, 6(4), 85–94. <https://doi.org/10.9790/1959-0604068594>
- Amalia, H., & Prilliani, D. (2017). Gambaran Stres pada Wanita yang Telat Menikah di Usia 30 Tahun. *Jurnal Psikologi An-Nafs*, X(1), 25–44.
- Angka Lajang Muda Indonesia Meningkat, Ini Alasan Favorit Mereka Menunda Pernikahan. *vice.com*. Retrieved from <https://www.vice.com/id/article/7k98xy/data-bps-sebut-angka-lajang-berusia-muda-di-indonesia-meningkat-2010-2020>
- Anjar, L., Pratama, J., & Masykur, A. M. (2018). Interpretative Phenomenological Analysis Tentang Pengalaman Wanita Dewasa Madya Yang Masih Melajang. *Empati*, 7(2), 351–360.
- Apostolou, M., Jiaqing, O., & Esposito, G. (2020). Singles' Reasons for Being Single: Empirical Evidence From an Evolutionary Perspective. *Frontiers in Psychology*, 11(May), 1–13. <https://doi.org/10.3389/fpsyg.2020.00746>

- Arkar, H., Sari, Ö., & Fidaner, H. (2004, January). Relationships Between Quality of Life, Perceived Social Support, Social Network, And Loneliness in a Turkish Sample. In *Yeni Symposium: psikiyatri, nöroloji ve davranış bilimleri dergisi*. Cerrahpasa Tıp Fakultesi Psikiyatri Klinigi Vakfi.
- Burnley, C. S., & Kurth, S. B. (1992). Never married women: alone and lonely? *Humboldt Journal of Social Relations*, 18(2), 57–83.
- Cella, D. F. (1994). Quality of life: Concept and definition. *Journal of Pain and Symptom Management*, 9(3), 186–192.
- De Jong Gierveld, J. (1998). A review of loneliness: Concept and definitions, determinants and consequences. *Reviews in Clinical Gerontology*, 8(1), 73–80. <https://doi.org/10.1017/S0959259898008090>
- De Jong Gierveld, J., Tilburg, T. van, & Dykstra, P. A. (2006). *Loneliness and Social Isolation*.
- Feder, K., Michaud, D. S., Keith, S. E., Voicescu, S. A., Marro, L., Than, J., Guay, M., Denning, A., Bower, T. J., Lavigne, E., Whelan, C., & van den Berg, F. (2015). An assessment of quality of life using the WHOQOL-BREF among participants living in the vicinity of wind turbines. *Environmental Research*, 142, 227–238. <https://doi.org/10.1016/j.envres.2015.06.043>
- Ganong., & Sharp, Elizabeth. (2010). Never -married women face social stigma, MU researcher finds. *munewsarchives.missouri.edu*. Retrieved from <https://munewsarchives.missouri.edu/news-releases/2010/0322-never-married-women-face-social-stigma-mu-researcher-finds>
- Gerino, E., Rollè, L., Sechi, C., & Brustia, P. (2017). Loneliness, resilience, mental health, and quality of life in old age: A structural equation model. *Frontiers in Psychology*, 8(NOV), 1–12. <https://doi.org/10.3389/fpsyg.2017.02003>
- Gierveld, J. de J., van Tilburg, T., & Dykstra, P. A. (2006). Loneliness and Social Isolation. *The Cambridge Handbook of Personal Relationships*, May 2014, 485–500. <https://doi.org/10.1017/cbo9780511606632.027>
- Gondodiputro, S., Rizki Hidayati, A., & Rahmiati, L. (2018). Gender, Age, Marital

Status, and Education as Predictors to Quality of Life in Elderly: WHOQOL-BREF Indonesian Version. *International Journal of Integrated Health Sciences*, 6(1), 36–41. <https://doi.org/10.15850/ijhs.v6n1.1201>

Himawan, Karel K. (2018). Menikah adalah Ibadah: Peran Agama dalam Mengkonstruksi Pengalaman Melajang di Indonesia. *Jurnal Studi Pemuda*, 9(2), 120. <https://doi.org/10.22146/studipemudaugm.56548>

Himawan, Karel Karsten. (2020). Singleness, sex, and spirituality: how religion affects the experience of being single in Indonesia. *Mental Health, Religion and Culture*, 0(0), 204–215. <https://doi.org/10.1080/13674676.2020.1767555>

Himawan, Karel Karsten, Bambling, M., & Edirippulige, S. (2018). What Does It Mean to Be Single in Indonesia? Religiosity, Social Stigma, and Marital Status Among Never-Married Indonesian Adults. *SAGE Open*, 8(3). <https://doi.org/10.1177/2158244018803132>

Ho, J. H. (2015). The problem group? Psychological wellbeing of unmarried people living alone in the Republic of Korea. *Demographic Research*, 32(1), 1299–1328. <https://doi.org/10.4054/DemRes.2015.32.47>

Hutchison, B., Leigh, K. T., & Wagner, H. H. (2016). *Young Adulthood Social-Emotional Development*. June.

Jacob, D. E., & Sandjaya. (2018). Faktor faktor yang mempengaruhi kualitas hidup masyarakat Karubaga district sub district Tolikara propinsi Papua. *Jurnal Nasional Ilmu Kesehatan (JNIK)*, 1(69), 1–16.

Kumalasari, D. (2007). *Single professional women sebagai fenomena gaya hidup sebagai fenomena gaya hidup baru di masyarakat di Yogyakarta*. 1–18.

Kurniasari, K., & Leonardi, T. (2013). Kualitas perempuan lanjut usia yang melajang. *Jurnal Psikologi Pendidikan Dan Perkembangan*, 1(3), 152–159. <http://www.google.co.id/journal.unair.ac.id>

Lajang Indonesia dianggap masalah dan hadapi tekanan sosial. (2018). *Kompas.com*. Retrieved from

<https://sains.kompas.com/read/2018/02/18/174448623/lajang-indonesia-dianggap-masalah-dan-hadapi-tekanan-sosial?page=all>

Lee, S. (1998). Marital status, gender, and subjective quality of life in Korea. *Development and Society (Soul Taehakkyo. Institute for Social Development and Policy Research)*, 27(2), 35–49.

Malkoç, A. (2011). Quality of life and subjective well-being in undergraduate students. *Procedia - Social and Behavioral Sciences*, 15, 2843–2847. <https://doi.org/10.1016/j.sbspro.2011.04.200>

Mohit, M. A. (2014). Present trends and future directions of quality-of-life. *Procedia - Social and Behavioral Sciences*, 153, 655–665. <https://doi.org/10.1016/j.sbspro.2014.10.097>

Musich, S., Wang, S. S., Hawkins, K., & Yeh, C. S. (2015). The impact of loneliness on quality of life and patient satisfaction among older, sicker adults. *Gerontology and Geriatric Medicine*, January-December. <https://doi.org/10.1177/2333721415582119>

Ningsih, R. W., & Setyowati, S. (2020). Hubungan Tingkat Kesepian dengan Kualitas Hidup pada Lansia di Posyandu Lansia Dusun Karet Yogyakarta. *JURNAL KEPERAWATAN AKPER YKY YOGYAKARTA*, 12(2), 80-87.

Nursalam, N., & Ibrahim, M. (2017). Fenomena Sosial Pilihan Hidup Tidak Menikah Wanita Karier. *Equilibrium: Jurnal Pendidikan*, 3(1), 67–76. <https://doi.org/10.26618/equilibrium.v3i1.514>

Papalia, D. E., & Feldman, R. D. (2015). Experience human development.

Peplau, L. A., & Perlman, D. (1982). Perspective on loneliness. In L. A. Peplau & D. Perlman(Eds.), *Loneliness: A sourcebook of current theory, research and the rapy* (pp. 1-18). New York: John Wiley and Sons.

Perlman, D., & Peplau, L. A. (1998). Loneliness. *Encyclopedia of Mental Health*.

- Pinquart, M. (2003). Loneliness in Married, Widowed, Divorced, and Never-Married Older Adults. *Journal of Social and Personal Relationships*, 20(1), 31–53. <https://doi.org/10.1177/02654075030201002>
- Pukeliene, V., & Starkauskiene, V. (2011). Quality of life: Factors determining its measurement complexity. *Engineering Economics*, 22(2), 147–156. <https://doi.org/10.5755/j01.ee.22.2.311>
- Putri, A. F. (2018). Pentingnya Orang Dewasa Awal Menyelesaikan Tugas Perkembangannya. *SCHOULID: Indonesian Journal of School Counseling*, 3(2), 35. <https://doi.org/10.23916/08430011>
- Putri, F. (2018). Psychological well-being wanita dewasa lajang (ditinjau dari empat tipe wanita lajang menurut Stein). *Motiva Jurnal Psikologi*, 1(1), 28. <https://doi.org/10.31293/mv.v1i1.3494>
- Rangkuti, A. A., & Wahyuni, L. D. (2017). Analisis data penelitian kuantitatif berbasis classical test theory dan item response theory (rasch model). *Jakarta: Universitas Negeri Jakarta*.
- Russell, D., Cutrona, C. E., Rose, J., & Yurko, K. (1984). Social and emotional loneliness: An examination of Weiss's typology of loneliness. *Journal of Personality and Social Psychology*, 46(6), 1313–1321. <https://doi.org/10.1037/0022-3514.46.6.1313>
- Salamah, S. H. (2017). The quality of life, social care and family relationships of older unmarried Saudi women living in Jeddah: a qualitative study. 28 February 2018, September. [http://eprints.surrey.ac.uk/845801/1/Seham Hassan Salamah PHD.pdf](http://eprints.surrey.ac.uk/845801/1/Seham%20Hassan%20Salamah%20PHD.pdf)
- Schuling, K. D., & Low, L. K. (2006). Women's growth and development across the life span. *Women's Gynecologic Health*, 21–37.
- Septiana, E., & Syafiq, M. (2013). Identitas “Lajang” (Single Identity) Dan Stigma: Studi Fenomenologi Perempuan Lajang Di Surabaya. *Jurnal Psikologi Teori Dan Terapan*, 4(1), 71. <https://doi.org/10.26740/jptt.v4n1.p71-86>

Singles in Indonesia are considered in trouble and under social pressure: Study. (2018). *thejakartapost*. Retrieved from <https://www.thejakartapost.com/life/2018/02/23/singles-in-indonesia-are-considered-in-trouble-and-under-social-pressure-study.html>

Sirgy, M. J. (1986). A Quality-of-Life Theory Derived from Maslow's Developmental Perspective. *American Journal of Economics and Sociology*, 45(3), 329–342. <https://doi.org/10.1111/j.1536-7150.1986.tb02394.x>

Sirgy, M. J. (2012). The psychology of quality of life. In *Springer*. <https://doi.org/10.1007/978-94-007-4405-9>

Subagya, A. N., Artanty, W., & Hapsari, E. D. (2017). Hubungan Harga Diri dengan Kualitas Hidup Wanita Menopause. *Jurnal Persatuan Perawat Nasional Indonesia (JPPNI)*, 2(3), 177-193.

Sugiyono. (2008). *Metode penelitian pendidikan:(pendekatan kuantitatif, kualitatif dan R & D)*. Alfabeta.

Supardi, S. (1993). Populasi dan Sampel Penelitian. *Unisia*, 13(17), 100–108. <https://doi.org/10.20885/unisia.vol13.iss17.art13>

Sutanto, P., & Haryoko, F. (2012). Gambaran konsep diri pada wanita berkarier sukses yang belum menikah. *Jurnal Insan Media Psikologi*, 12(1).

Vilson, A. M. (2020). *Quality of life in married and unmarried people with cancer*. 7(1), 1–8. <https://doi.org/10.34218/JOM.7.1.2020.001>

Wedaloka, K. B., & Turnip, S. S. (2019). Gender differences in the experience of loneliness among adolescents in Jakarta. *HUMANITAS: Indonesian Psychological Journal*, 16(1), 33. <https://doi.org/10.26555/humanitas.v16i1.11311>

WHO. (1996). What quality of life? In *World Health Forum* (Vol. 17, Issue 4, pp. 354–356). https://doi.org/10.1057/9780230375680_7

Widhiarso, W. (2016). Eksplorasi Gaya Respons Ekstrem dalam Mengisi Kuesioner. *Jurnal Psikologi*, 43(1), 16. <https://doi.org/10.22146/jpsi.8703>

Yuniati, F., & Kamso, S. (2021). Assessing the Quality of Life Among Productive Age in the General Population: A Cross-Sectional Study of Family Life Survey in Indonesia. *Asia-Pacific Journal of Public Health*, 33(1), 53–59. <https://doi.org/10.1177/1010539520956411>

Zhu, Y., Liu, J., Qu, B., & Yi, Z. (2018). Quality of life, loneliness and health-related characteristics among older people in Liaoning province, China: A cross-sectional study. *BMJ Open*, 8(11), 1–7. <https://doi.org/10.1136/bmjopen-2018-021822>

