

DAFTAR PUSTAKA

- Andrea, B., Gabriella, H.-C., & Tímea, J. (2016). Y and Z Generations at Workplaces. *Journal of Competitiveness*, 8(3), 90-106. doi:10.7441/joc.2016.03.06
- Azwar, S. (2012). *Reliabilitas dan Validitas* (4 ed.). Yogyakarta: Pustaka Pelajar.
- Badan Ekonomi Kreatif. (2019). *Infografis Sebaran Pelaku Ekonomi Kreatif*. Jakarta: BEKRAF.
- Badan Pusat Statistik. (2018). *Profil Generasi Milenial Indonesia*. Jakarta: Kementerian Pemberdayaan Perempuan dan Perlindungan Anak.
- Banirestu, H. (2020, Februari 19). *Pekerja Lepas Makin Diminati Gen Y dan Gen Z*. Diambil kembali dari SWA: <https://swa.co.id/swa/trends/pekerja-lepas-makin-diminati-gen-y-dan-gen-z>
- Brussolo, M. E. (2018, November 25). Understanding the Central Limit Theorem the Easy Way: A Simulation Experiment. *The 2nd Innovative and Creative Education and Teaching International Conference*. Badajoz: MDPI. doi:10.3390/proceedings2211322
- Burns, D. D. (1980, November). The Perfectionist's Script for Self-Defeat. *Psychology Today*, hal. 34-51. Diambil kembali dari <https://motamem.org/wp-content/uploads/2019/03/The-Perfectionist-Script-for-self-defeat.pdf>
- Cambridge Dictionary. (t.thn.). Diambil kembali dari <https://dictionary.cambridge.org/dictionary/english/freelance>
- Cheng, S. K. (2001). Life Stress, Problem Solving, Perfectionism, and Depressive Symptoms in Chinese. *Cognitive Therapy and Research*, 25(3), 303-310. doi:<https://doi.org/10.1023/A:1010788513083>
- Chrisman, S. M., Pieper, W. A., Clance, P. R., Holland, C. L., & Glickauf-Hughes, C. (1995). Validation of the Clance Impostor. *Journal OF Personality Assessment*, 65(3), 456-467. doi:10.1207/s15327752jpa6503_6
- Clance, P. R. (1985). *Impostor Phenomenon: Overcoming The Fear That Haunts Your Success*. Atlanta, Georgia: Peachtree Publisher, Ltd.

- Clance, P. R., & Imes, S. A. (1978). The Impostor Phenomenon in High Achieving Women: Dynamics and Therapeutic Intervention. *Psychotherapy: Theory, Research and Practice*, 15(3), 241-247. doi:<https://doi.org/10.1037/h0086006>
- Clance, P. R., & O'Toole, M. A. (1987). The Imposter Phenomenon: An internal barrier to empowerment and achievement. *Women & Therapy*, 6(3), 51-64. doi:https://doi.org/10.1300/J015V06N03_05
- Clance, P. R., Dingman, D., Reviere, S. L., & Stober, D. R. (1995). Impostor Phenomenon in an Interpersonal/Social Context: Origins and Treatment. *Women & Therapy*, 16(4), 79-96. doi:10.1300/j015v16n04_07
- Cokley, K., Stone, S., Krueger, N., Bailey, M., Garba, R., & Hurst, A. (2018). Self-esteem as a mediator of the link between perfectionism and the impostor phenomenon. *Personality and Individual Differences*, 135, 292-297. doi:<https://doi.org/10.1016/j.paid.2018.07.032>
- Cowie, M. E., Nealis, L. J., Sherry, S. B., Hewitt, P. L., & Flett, G. L. (2018). Perfectionism and academic difficulties in graduate students: Testing incremental prediction and gender moderation. *Personality and Individual Differences*, 123, 223-228. doi:<https://doi.org/10.1016/j.paid.2017.11.027>
- Cusack, C. E., Hughes, J. L., & Nuhu, N. (2013). Connecting gender and mental health to impostor phenomenon feelings. *Psi Chi Journal of Psychological Research*, 18(2), 74-81. doi:<https://doi.org/10.24839/2164-8204.JN18.2.74>
- Departement for Digital, Culture, Media and Sport. (2021, Maret 18). *DCMS Sector Economic Estimates Methodology*. Diambil kembali dari GOV.UK: <https://www.gov.uk/government/publications/dcms-sectors-economic-estimates-methodology/dcms-sector-economic-estimates-methodology>
- Dimock, M. (2019, Januari 17). *Defining generations: Where Milenials end and Generation Z begins*. Diambil kembali dari Pew Research Center: <https://www.pewresearch.org/fact-tank/2019/01/17/where-milenials-end-and-generation-z-begins/>
- Dudău, D. P. (2013). The Impostor Phenomenon and its Relation to Creative Potential Among High School Students: Could Fraudulence Feelings

Regarding Creativity Be Justified? *The International Conference 'Education and Creativity for a Knowledge-Based Society'*. Bucharest.

Dudău, D. P. (2014). The relation between perfectionism and impostor phenomenon. *Procedia - Social and Behavioral Sciences*, 127, 129-133.

doi:10.1016/j.sbspro.2014.03.226

Ferrari, J. R., & Thompson, T. (2006). Impostor fears: Links with self-presentational concerns and self-handicapping behaviours. *Personality and Individual Differences*, 40(2), 341-352. doi:10.1016/j.paid.2005.07.012

Flett, G. L., & Hewitt, P. L. (2002). Perfectionism and maladjustment: An overview of theoretical, definitional, and treatment issues. *Perfectionism: Theory, research, and treatment*, 5–31. doi:https://doi.org/10.1037/10458-001

Frost, R. O., Heimberg, R. G., Holt, C. S., Mattia, J. I., & Neubauer, A. L. (1993). Comparison of Two Measures of Perfectionism. *Personality and Individual Differences*, 14(1), 119-126. doi:https://doi.org/10.1016/0191-8869(93)90181-2

Frost, R. O., Marten, P., Lahart, C., & Rosenblate, R. (1990). The Dimensions of Perfectionism. *Cognitive Therapy and Research*, 14(5), 449-468. doi:https://doi.org/10.1007/BF01172967

Haigh, G. (1949). Defensive behavior in client-centered therapy. *Journal of Consulting Psychology*, 13(3), 181-189. doi:https://doi.org/10.1037/h0060646

Harvey, J. C., & Katz, C. (1985). *If I'm so successful, why do I feel like a*. New York: St. Martin's Press.

Hawley, K., & Paul, S. K. (2019). I-What is Impostor Syndrome? *Arestotelian Society Supplementary*, 93(1), 203-226. doi:10.1093/arisup/akz003

Hewitt, P. L., Flett, G. L., Sherry, S. B., Habke, M., Parkin, M., Lam, R. W., . . . Stein, M. B. (2003). The Interpersonal Expression of Perfection: Perfectionistic Self-Presentation and Psychological Distress. *Journal of Personality and Social Psychology*, 84(6), 1303–1325. doi:10.1037/0022-3514.84.6.1303

- Hill, R. W., Huelsman, T. J., Furr, R. M., & Kibler, J. (2004). A New Measure of Perfectionism: The Perfectionism Inventory. *Journal of Personality Assessment*, 82(1), 80-91. doi:10.1207/s15327752jpa8201_13
- Kaifi, B. A., Nafei, W. A., Khanfar, N. M., & Kaifi, M. M. (2012). A Multi-Generational Workforce: Managing and Understanding Millennials. *International Journal of Business and Management*, 7(24), 88-93. doi:10.5539/ijbm.v7n24p88
- Kamarzarri, H., Khaledian, M., Shoostari, M., Yousefi, E., & Ahrami, R. (2013). A study of the relationship between self-esteem and the imposter phenomenon in the physicians of Rasht city. *European Journal of Experimental Biology*, 3(2), 363-366. Diambil kembali dari <https://www.imedpub.com/abstract/a-study-of-the-relationship-between-selfesteem-and-the-imposter-phenomenon-in-the-physicians-of-rasht-city-13750.html>
- Kazi, A. G., Yusoff, R. M., Khan, A., & Kazi, S. (2014). The Freelancer: A Conceptual Review. *Sains Humanika*, 2(3), 1-7. doi:<https://doi.org/10.11113/sh.v2n3.428>
- Kementrian Pariwisata dan Ekonomi Kreatif. (t.thn.). *Subsektor Ekonomi Kreatif*. Diambil kembali dari Kemenparekraf/Baparekraf Republik Indonesia: <https://kemenparekraf.go.id/layanan/Subsektor-Ekonomi-Kreatif>
- Kets de Vries, M. F. (2005, September). *The Dangers of Feeling Like a Fake*. Diambil kembali dari Harvard Business Review: <https://hbr.org/2005/09/the-dangers-of-feeling-like-a-fake?registration=success>
- Kupperschmidt, B. R. (2000). Multigeneration Employees: Strategies for Effective Management. *The Health Care Manager*, 19(1), 65-76. doi:10.1097/00126450-200019010-00011
- Langford, J., & Clance, P. R. (1993). The imposter phenomenon: Recent research findings regarding dynamics, personality and family patterns and their implications for treatment. *Psychotherapy: Theory, Research, Practice, Training*, 30(3), 495-501. doi:<https://doi.org/10.1037/0033-3204.30.3.495>

- Leapers. (2019). *how are we doing?* Diambil kembali dari Leapers.co:
<https://www.leapers.co/research/2019-study/report/>
- Leapers. (2020). *Leapers 2020 Annual Study: Report Mental Health and Self-Employment*. Diambil kembali dari Leapers:
<https://www.leapers.co/research/2020-study/report>
- Lee, L. E., Rinn, A. N., Crutchfield, K., Ottwein, J. K., Hodges, J., & Mun, R. U. (2020). Perfectionism and the Imposter Phenomenon in Academically Talented Undergraduates. *Gifted Child Quarterly*, 1-15.
 doi:<https://doi.org/10.1177/0016986220969396>
- McGregor, L. N., Gee, D. E., & Posey, K. E. (2008). I feel like a fraud and it depresses me: The relation between the imposter phenomenon and depression. *Social Behavior and Personality: An International Journal*, 36(1), 43–48.
 doi:<https://doi.org/10.2224/sbp.2008.36.1.43>
- Muneer, R., Ali, S. M., & Zia, A. (2021). Investigation of Impostor Phenomenon in Relation to Perfectionism in Pakistani Working Women. *Bahria Journal of Professional Psychology*, 20(1), 52-61. Diambil kembali dari
<https://bjpp.bahria.edu.pk/index.php/BJPP/article/view/307>
- Mustofa. (2018). PEKERJA LEPAS (FREELANCER) DALAM DUNIA BISNIS. *Jurnal Mozaik*, X(1), 19-25. Diambil kembali dari
<https://media.neliti.com/media/publications/267958-pekerja-lepas-freelancer-dalam-dunia-bis-69ded095.pdf>
- Pannhausen, S., Klug, K., & Rohrmann, S. (2020). Never good enough: The relation between the impostor phenomenon and multidimensional perfectionism. *Current Psychology*, 1-14. doi:<https://doi.org/10.1007/s12144-020-00613-7>
- Pebrianto, F. (2020, November 9). *Jumlah Freelancer Melonjak 4,32 Juta Orang, Kominfo: Karir Ini Sedang Berkembang*. Diambil kembali dari TEMPO.CO:
<https://bisnis.tempo.co/read/1403763/jumlah-freelancer-melonjak-432-juta-orang-kominfo-karir-ini-sedang-berkembang/full&view=ok>
- Peteet, B. J., Brown, C. M., Lige, Q. M., & Lanaway, D. A. (2014). Impostorism is Associated with Greater Psychological Distress and Lower Self-Esteem for

- African America Students. *Current Psychology*, 34, 154–163.
doi:<https://doi.org/10.1007/s12144-014-9248-z>
- Rangkuti, A. A. (2017). *Statistika Inferensial Untuk Psikologi dan Pendidikan*. Jakarta: Kencana.
- Rohrmann, S., Bechtoldt, M. N., & Leonhardt, M. (2016). Validation of the Impostor Phenomenon among Managers. *Frontiers in Psychology*, 7(821), 1-11.
doi:<http://dx.doi.org/10.3389/fpsyg.2016.00821>
- Schroth, H. (2019). Are You Ready for Gen Z in the Workplace? *California Management Review*, 1-14. doi:<https://doi.org/10.1177/0008125619841006>
- Schubert, N., & Bowker, A. (2017). Examining the Impostor Phenomenon in Relation to Self-Esteem Level and Self-Esteem Instability. *Current Psychology*, 38, 749-755. doi:10.1007/s12144-017-9650-4
- Sims, W. L., & Cassidy, J. W. (2020). Impostor Feelings of Music Education Graduate Students. *Journal of Research in Music Education*, 68(3), 249-263.
doi:<https://doi.org/10.1177/0022429420946899>
- Sugiyono. (2015). *Metode Penelitian Pendidikan: Pendekatan Kuantitatif, Kualitatif, dan R&D*. Bandung: Alfabeta.
- Thompson, T., Davis, H., & Davidson, J. (1998). Attributional and affective responses of impostors to academic success and failure outcomes. *Personality and Individual Differences*, 25(2), 381-396.
doi:[https://doi.org/10.1016/S0191-8869\(98\)00065-8](https://doi.org/10.1016/S0191-8869(98)00065-8)
- Thompson, T., Foreman, P., & Martin, F. (2000). Impostor fears and perfectionistic concern over mistakes. *Personality and Individual Differences*, 29(4), 629±647. doi:[https://doi.org/10.1016/S0191-8869\(99\)00218-4](https://doi.org/10.1016/S0191-8869(99)00218-4)
- Topping, M. E., & Kimmel, E. B. (1985). The impostor phenomenon: Feeling phony. *Academic Psychology Bulletin*, 7(2), 213-226. Diambil kembali dari <https://psycnet.apa.org/record/1986-20664-001>
- Vergauwe, J., Wille, B., Feys, M., Fruyt, F. D., & Anseel, F. (2015). Fear of Being Exposed: The Trait-Relatedness of the Impostor Phenomenon and its

Relevance in the Work Context. *Journal of Business and Psychology*, 30, 565–581. doi:<https://doi.org/10.1007/s10869-014-9382-5>

Work In Mind. (2019, November 6). *Freelancer workers are 'lonely, anxious & depressed' – says survey*. Diambil kembali dari Work in Mind:
<https://workinmind.org/2019/11/06/freelancer-workers-are-lonely-anxious-depressed-says-survey/>

Wulandari, A. D., & Tjundjing, S. (2007). Impostor Phenomenon, Self-Esteem, dan Self-Efficacy. *Anima, Indonesian Psychological Journal*, 23(1), 63-73.

Diambil kembali dari

http://repository.ubaya.ac.id/23841/1/V_023_N_001_A_008.pdf

Yang, H., & Stoeber, J. (2012). The Physical Appearance Perfectionism Scale: Development and Preliminary Validation. *Journal of Psychopathology and Behavioral Assessment*, 34(1), 69-83. doi:10.1007/s10862-011-9260-7

Young, V. (2004). *How to feel as bright and capable as everyone seems to think you are: What every woman (and man) needs to know about competence, the imposter syndrome, and the art of winging it*. Diambil kembali dari
http://paesmem.stanford.edu/html/proceedings_8.html

Young, V. (2011). *The Secret Thoughts of Successful Women: Why Capable People Suffer From The Impostor Syndrome and How to Thrive in Spite of It*. New York: Crown Business.