

## DAFTAR PUSTAKA

- Altan-atalay, A., & Gencoz, T. (2008). Critical factors of social physique anxiety: exercising and body image satisfaction. *Journal of Behaviour Change*, 25(3), 178–188. <https://doi.org/10.1375/bech.25.3.178>
- Anshori, M., & Iswati, S. (2019). *Metodologi Penelitian Kuantitatif* (1st ed.). Universitas Airlangga.
- Azwar, S. (2000). *Reliabilitas dan Validitas*. Pustaka Belajar.
- Azwar, S. (2012). *Penyusunan Skala Psikologi* (2nd ed.). Pustaka Belajar.
- Berg, P. Van Den, Paxton, S. J., Keery, H., Wall, M., Guo, J., & Neumark-sztainer, D. (2007). Body dissatisfaction and body comparison with media images in males and females. *Journal of Body Image*, 4, 257–268. <https://doi.org/10.1016/j.bodyim.2007.04.003>
- Bestiana, D. (2012). Citra tubuh dan konsep tubuh ideal mahasiswi fisip universitas airlangga surabaya. *Jurnal Unair*, 1(1), 1–12.
- Brussolo, M. E. (2018). Understanding the central limit theorem the easy way: a simulation experiment. *Proceedings*, 2(21), 1322. <https://doi.org/10.3390/proceedings2211322>
- Caglar, E., Bilgili, N., Karaca, A., Ayaz, S., & Hülya Aşçi, F. (2010). The psychological characteristics and health related behavior of adolescents: The possible roles of social physique anxiety and gender. *Spanish Journal of Psychology*, 13(2), 741–750. <https://doi.org/10.1017/S1138741600002407>
- Cash, T. F. (2015). Multidimensional body–self relations questionnaire (mbsrq). *Encyclopedia of Feeding and Eating Disorders*, 2, 1–4. [https://doi.org/10.1007/978-981-287-087-2\\_3-1](https://doi.org/10.1007/978-981-287-087-2_3-1)
- Dhamayanti, M., Rachmawati, A. D., Arisanti, N., Setiawati, E. P., Rusmi, V. K., & Sekarwana, N. (2018). Validitas dan reliabilitas kuesioner skrining kekerasan terhadap anak “icast-c” versi bahasa indonesia. *Jurnal Keperawatan Padjadjaran*, 5(3), 281–289. <https://doi.org/10.24198/jkp.v5i3.650>

- Frederick, C. M., & Morrison, C. S. (1996). Social physique anxiety: personality constructs, motivations, exercise attitudes, and behaviors. *Perceptual and Motor Skills*, 84(3), 963–972. <https://doi.org/10.2466/pms.1996.82.3.963>
- Gregorio, J., Infantes-paniagua, Á., Gonzalez-mart, I., & Ricardo, O. (2019). Body dissatisfaction in adolescents : differences by sex, bmi and type and organisation of physical activity. *International Journal of Environmental Research and Public Health*, 16.
- Grif, S., Ph, D., Murray, S. B., Ph, D., Bentley, C., Psych, D., Gratwick-sarll, K., Psych, D., Harrison, C., Ph, D., Mond, J. M., & Ph, D. (2017). Sex differences in quality of life impairment associated with body dissatisfaction in adolescents. *Journal of Adolescent Health*, 1–6. <https://doi.org/10.1016/j.jadohealth.2017.01.016>
- Grogan, S. (2008). *Body Image: Understanding Body Dissatisfaction in Men, Women, and Children* (2nd ed.). Routledge.
- Haddad, C., Zakhour, M., Akel, M., Honein, K., Akiki, M., & Hallit, S. (2019). Factors associated with body dissatisfaction among the Lebanese population. *Eating and Weight Disorders*, 24, 507–519. <https://doi.org/10.1007/s40519-018-00634-z>
- Hadiani, N. F., Hidayati, N. O., & Sari, C. W. M. (2021). Social physique anxiety in female adolescents at bandung middle school. *Jurnal Keperawatan*, 12(1), 14–22. <https://doi.org/10.22219/jk.v12i1.13429>
- Hagger, M. S., & Stevenson, A. (2010). Social physique anxiety and physical self-esteem: gender and age effects. *Psychology and Health*, 25(1), 89–110. <https://doi.org/10.1080/08870440903160990>
- Hamidah, S., Sigit, P., Holilullah, A., Hidayati, L., & Saleh, N. H. (2020). *Psikologi Perkembangan Anak dan Remaja: Pengasuhan Anak Lintas Budaya*. Remaja Rosdakarya.
- Hart, E. A., Leary, M. R., & Rejeski, W. J. (1989). The measurement of social physique anxiety. *Journal of Sport and Exercise Psychology*, 11(1), 94–104. <https://doi.org/10.1123/jsep.11.1.94>
- Hurlock, E. B. (2011). *Psikologi Perkembangan : Suatu Pendekatan Sepanjang Rentang Kehidupan Edisi Kelima*. Erlangga.

- Koyuncu, M., Tok, S., Canpolat, A. M., & Catikkas, F. (2010). Body image satisfaction and dissatisfaction, social physique anxiety, self-esteem, and body fat ratio in female exercisers and nonexercisers. *Social Behavior and Personality*, 38(4), 561–570. <https://doi.org/10.2224/sbp.2010.38.4.561>
- Kusumaningtyas, D. N. (2019). Body dissatisfaction pada wanita dewasa. *Psikoborneo*, 7(3), 662–674.
- Kwak, S. G., & Kim, J. H. (2017). Central limit theorem: the cornerstone of modern statistics. *Korean Journal of Anesthesiology*, 70(2), 144–156. <https://doi.org/10.4097/kjae.2017.70.2.144>
- Paxton, S. J., Norris, M., Wertheim, E. H., Durkin, S. J., & Anderson, J. (2005). Body dissatisfaction, dating, and importance of thinness to attractiveness in adolescent girls. *Sex Roles*, 53(9–10), 663–675. <https://doi.org/10.1007/s11199-005-7732-5>
- Quitkat, H. L., Hartmann, A. S., Düsing, R., Buhlmann, U., & Vocks, S. (2019). Body dissatisfaction, importance of appearance, and body appreciation in men and women over the lifespan. *Frontiers in Psychiatry*, 10(December), 1–12. <https://doi.org/10.3389/fpsy.2019.00864>
- Rahma, I. (2020). *Mengenal 5 Standar Kecantikan yang Unik dari Berbagai Negara di Dunia*. Fimela. <https://www.fimela.com/beauty-health/read/4374189/mengenal-5-standar-kecantikan-yang-unik-dari-berbagai-negara-di-dunia>
- Ramadhani, T. N., & Putrianti, F. G. (2017). Hubungan antara kepercayaan diri dengan citra diri pada remaja akhir. *Jurnal Spirits*, 4(2), 22. <https://doi.org/10.30738/spirits.v4i2.1117>
- Rangkuti, A. A. (2017). *Statistika Inferensial Untuk Psikologi dan Pendidikan* (1st ed.). Kencana.
- Ridha, N. (2017). Proses penelitian, masalah, variabel, dan paradigma penelitian. *Jurnal Hikmah*, 14(1), 62–70. <http://jurnalhikmah.staisumatera-medan.ac.id/index.php/hikmah/article/download/10/13>
- Rohmah, Chozinatul; Huda, M. H. Z. (2020). Representasi supremasi kulit putih bagi perempuan dalam produk iklan sebagai standar kecantikan. *Journal of*

*Multidisciplinary Studies*, 4, 56–80.

- Sabitson, C. M., Sedgwick, W. A., Kowalski, K. C., Crocker, P. R. E., & Mack, D. E. (2007). Social physique anxiety in adolescence: an exploration of influences, coping strategies, and health behaviors. *Journal of Adolescent Research*, 22, 78–101.
- Santrock, J. W. (2001). *Adolescence* (T. Dorwick, J. E. Vaicunas, R. H. Hope, & S. Geary (eds.); 8th ed.). McGraw-Hill.
- Sari, G. E. P., Hardjono, & Aditya Nanda Priyatama. (2010). Perbedaan ketidakpuasan terhadap bentuk tubuh ditinjau dari strategi koping pada remaja wanita di sma negeri 2 ngawi. *Wacana*, 2, no 2, 47–63.
- Stadulis, R. E., Neal-Barnett, A., Maccracken, M. J., & Fender-Scarr, L. (2014). Social physique anxiety in early adolescent black females 1. *Comprehensive Psychology*, 3(1), Article 12. <https://doi.org/10.2466/07.13.cp.3.12>
- Sumali, E., Sukamto, M. E., Mulya, T. W., Psikologi, F., & Surabaya, U. (2008). Efektivitas hipnoterapi terhadap penurunan body dissatisfaction pada remaja akhir. *Jurnal Humanitas*, 5.
- Suryaratri, R. D., & Rangkuti, A. A. (2017). *Statistika Deskriptif untuk Psikologi dan Pendidikan*. Fakultas Pendidikan Psikologi, Universitas Negeri Jakarta.
- Tiggemann, M., & Pickering, A. S. (1996). *Role of television in adolescent women's body dissatisfaction and drive for thinness*. 20(2), 199–203.
- Troisi, A., Lorenzo, G. Di, Alcini, S., Nanni, R. C., Pasquale, C. Di, & Siracusano, A. (2006). Body dissatisfaction in women with eating disorders: relationship to early. *Psychosomatic Medicine*, 68(3), 449–453. <https://doi.org/10.1097/01.psy.0000204923.09390.5b>
- von Spreckelsen, P., Glashouwer, K. A., Bennik, E. C., Wessel, I., & De Jong, P. J. (2018). Negative body image: relationships with heightened disgust propensity, disgust sensitivity, and self-directed disgust. *PLoS ONE*, 13(6), 1–15. <https://doi.org/10.1371/journal.pone.0198532>