

ABSTRACT

RICHARD ARTHA PARULIAN."MODEL LATIHAN PASSING DENGAN MENGGUNAKAN MEDIA ALAT BANTU SASARAN ATAU TARGET PADA PERMAINAN BOLA BASKET". Skripsi program studi Pendidikan kepelatihan olahraga, Fakultas Ilmu keolahragaan, Juli 2019

This study aims to create a passing training model by using target assistive media in the basketball game that is suitable for the 10-year-old age group Airone Basketball Club. The study was conducted from June to July. The research method used in this research is the Research and Development (R & D) method, which is by making precise forms of practice with validation and field testing. The population used in the trial study were players from the 10-year-old Airone Basketball Club group, which numbered 17 people. The trial was conducted by giving 16 training models that have been done by researchers to be analyzed by filling out the questionnaire with expert judgment, getting 15 exercise models that are considered feasible and then tested. The data taken for players is the appeal and ease of 15 passing practice models they have done before. For the experiments, the attraction with the percentage of 83.13% and the percentage of convenience by the small group obtained 80.19%. This training model can later be used as reference material for basketball coaches to develop training programs

The final conclusion obtained through this study is 15 practice passing practice models that researchers make interesting and easy to do and are suitable for use in the basketball training process.