

RINGKASAN

Upaya Meningkatkan Hasil Belajar Shooting Under Basket Dengan Metode Tugas Pada Siswa Kelas VIII SMP Negeri 1 TIGARAKSA

ABSTRAK

Penelitian ini bertujuan untuk memperbaiki atau meningkatkan hasil belajar siswa dalam pembelajaran *shooting under basket*. Penelitian dilakukan pada siswa kelas VIII A SMP Negeri 1 Tigaraksa dari bulan Oktober – November 2018. Penelitian yang berlangsung dilaksanakan melalui dua siklus dengan 4 x pertemuan. Metode yang digunakan adalah Penelitian Tindakan Kelas.

Kriteria ketuntasan Minimal (KKM) Penjasorkes adalah nilai 70. Peningkatan *shooting under basket* terlihat ketika dilakukan tes akhir tiap siklus. Pada siklus 1, siswa yang tuntas sesuai KKM sebesar 65 % dan pada siklus 2 siswa yang dinyatakan tuntas sebesar 82%. Hal ini berarti telah terjadi peningkatan *shooting under basket* melalui metode tugas.

KATA KUNCI : Hasil Belajar, Shooting Under Basket, Metode Tugas, Siswa Kelas VIII SMP

SUMMARY

Efforts to Improve Learning Outcomes Shooting Under Basket with the Task Method in Class VIII Students of SMP Negeri 1 Tigaraksa

ABSTRACT

This study aims to improve or improve student learning outcomes in learning under basketball shooting. The study was conducted on class VIII A of SMP Negeri 1 Tigaraksa from October to November 2018. The study took place in two cycles with 4 x meetings. The method used is Class Action Research.

Minimum completeness criterion (KKM) Penjasorkes is a value of 70. Increased shooting under basketball is seen when the final test is carried out each cycle. In cycle 1, students who completed the KKM were 65% and in the cycle 2 students were declared complete at 82%. This means that there has been an increase in shooting under basketball through the task method.

KEY WORDS: Learning Outcomes, Shooting Under Basketball, Task Methods, Grade VIII Middle School Students