

DAFTAR PUSTAKA

- Active Healthy Communities. (n.d.). *Physical Literacy Handbook For Early Childhood Educators*. York Region.
- Allar, I., Elliott, E., Jones, E., Kristjansson, A. L., Taliaferro, A., & Bulger, S. M. (2017). Involving families and communities in CSPAP development using asset mapping. *Journal of Physical Education, Recreation & Dance*, 88(5), 7–14.
- Bakia, M., Shear, L., Toyama, Y., & Lasseter, A. (2012). Understanding the Implications of Online Learning for Educational Productivity. *Office of Educational Technology, US Department of Education*.
- Balitbangkes. (2019). Laporan Nasional Riskesdas 2018. Jakarta: Badan Penelitian dan Pengembangan Kesehatan Kementerian Kesehatan RI. Retrieved from http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf
- Bodsworth, H., & Goodyear, V. A. (2017). Barriers and facilitators to using digital technologies in the Cooperative Learning model in physical education. *Physical Education and Sport Pedagogy*, 22(6), 563–579.
- Brown, H. E., Atkin, A. J., Panter, J., Wong, G., Chinapaw, M. J. M., & Van Sluijs, E. M. F. (2016). Family- based interventions to increase physical activity in children: a systematic review, meta- analysis and realist synthesis. *Obesity Reviews*, 17(4), 345–360.
- Cairney, J., Kwan, M. Y. W., Velduizen, S., Hay, J., Bray, S. R., & Faught, B. E. (2012). Gender, perceived competence and the enjoyment of physical education in children: a longitudinal examination. *International Journal of Behavioral Nutrition and Physical Activity*, 9(1), 26.
- Casey, A., Goodyear, V. A., & Armour, K. M. (2017). *Digital technologies and learning in physical education: Pedagogical cases*. Taylor & Francis.
- Chen, S., & Gu, X. (2018). Effects of cardiorespiratory fitness and weight status on knowledge of physical activity and fitness, attitude toward physical education, and physical activity. *BMC Public Health*, 18(1), 1–7.
- Collaborative, D. L. (2020). *Snapshot 2020: A review of K- 12 online, blended, and digital learning*.
- Conner, M., McEachan, R., Taylor, N., O’Hara, J., & Lawton, R. (2015). Role of affective attitudes and anticipated affective reactions in predicting health behaviors. *Health Psychology*, 34(6), 642.
- Dapan. (2017). *Uji Validitas dan Reliabilitas Instrument Physical Activity Questionnaire For Older Children (PAQ-C) dan Physical Activity For Adolescent (PAQ-A)*.

- Daum, D. N. (2020). Thinking about Hybrid or Online Learning in Physical Education? Start Here! Editor: Brian Mosier. *Journal of Physical Education, Recreation & Dance*, 91(1), 42–44.
- Daum, D. N., & Buschner, C. (2018). Research on teaching blended and online physical education. *Handbook of Research on K-12 Online and Blended Learning*, 321–334.
- Dunton, G. F., Do, B., & Wang, S. D. (2020). Early effects of the COVID-19 pandemic on physical activity and sedentary behavior in children living in the US. *BMC Public Health*, 20(1), 1–13.
- Educators, S. A. of H. and P. (2018). *Guidelines for K—12 online physical education*. Author Reston, VA.
- Egan, C. A., & Miller, M. (2019). Family and community involvement to increase physical activity as part of a CSPAP. *Journal of Physical Education, Recreation & Dance*, 90(1), 39–45.
- Emzir, M. (2015). Metodologi penelitian pendidikan: kuantitatif dan kualitatif. *Jakarta: Rajawali Pers*.
- Escartí, A., Llopis-Goig, R., & Wright, P. M. (2018). Assessing the implementation fidelity of a school-based teaching personal and social responsibility program in physical education and other subject areas. *Journal of Teaching in Physical Education*, 37(1), 12–23.
- Escartí, A., Wright, P. M., Pascual, C., & Gutiérrez, M. (2015). Tool for Assessing Responsibility-based Education (TARE) 2.0: Instrument revisions, inter-rater reliability, and correlations between observed teaching strategies and student behaviors. *Universal Journal of Psychology*, 3(2), 55–63.
- Fitri, A. Z. (2012). Pendidikan karakter berbasis nilai dan etika di sekolah. *Yogyakarta: Ar-Ruzz Media*.
- Gemin, B., Pape, L., Vashaw, L., & Watson, J. (2015). Keeping pace with K-12 digital learning: An annual review of policy and practice. *Evergreen Education Group*.
- Gordon, B., & Doyle, S. (2015). Teaching personal and social responsibility and transfer of learning: Opportunities and challenges for teachers and coaches. *Journal of Teaching in Physical Education*, 34(1), 152–161.
- Gordon, B., Jacobs, J. M., & Wright, P. M. (2016). Social and emotional learning through a teaching personal and social responsibility based after-school program for disengaged middle-school boys. *Journal of Teaching in Physical Education*, 35(4), 358–369.
- Hellison, D. (2011). *Teaching personal and social responsibility through physical activity*. Human Kinetics.
- Hemphill, M. A., & Richards, K. A. R. (2016). Without the academic part, it wouldn't be squash": Youth development in an urban squash program. *Journal of Teaching in Physical Education*, 35(3), 263–276.

- Hikmawati, F. (2019). *Metodologi Penelitian* (3rd ed.). Rajawali Press.
- Hosnan, M. (2014). *Pendekatan saintifik dan kontekstual dalam pembelajaran abad 21: Kunci sukses implementasi kurikulum 2013*.
- Hutchens, A., & Lee, R. E. (2018). Parenting practices and children's physical activity: an integrative review. *The Journal of School Nursing*, 34(1), 68–85.
- Iswadi. (2017). *Metodologi Penelitian*. Natural Aceh.
- Jacobs, J. M., Lawson, M., Ivy, V. N., & Richards, K. A. R. (2017). Enhancing the transfer of life skills from sport-based youth development programs to school, family, and community settings. *Journal of Amateur Sport*, 3(3), 20–43.
- Kemendikbud. (2016). *Mengembangkan Tanggung Jawab Pada Anak*. Jakarta: Kementerian Pendidikan dan Kebudayaan RI. Retrieved from <https://gln.kemdikbud.go.id/glnsite/wp-content/uploads/2017/09/17.1.17-Memgembangkna-Tanggung-Jawab.pdf>
- Komite Penanggulangan Kanker Nasional. (2019). *Pedoman Strategi dan Langkah Aksi Peningkatan Aktivitas Fisik*. Jakarta: Komite Penanggulangan Kanker Nasional. Retrieved from https://scholar.ui.ac.id/ws/portalfiles/portal/14222860/1._Pedoman_Strategi_Langkah_Aksi_Peningkatan_Aktivitas_Fisik.pdf
- Kooiman, B. J., Sheehan, D. P., Wesolek, M., & Retegui, E. (2017). Moving online physical education from oxymoron to efficacy. *Sport, Education and Society*, 22(2), 230–246.
- Kowalski, K. C., Crocker, P. R. E., & Donen, R. M. (2004). The physical activity questionnaire for older children (PAQ-C) and adolescents (PAQ-A) manual. *College of Kinesiology, University of Saskatchewan*, 87(1), 1–38.
- Lane, C., Carson, V., Morton, K., Reno, K., Wright, C., Predy, M., & Naylor, P. (2020). *A real world feasibility trial of the PLAYshop: a brief intervention to facilitate parent engagement in developing their child's physical literacy*.
- Lestari, K. E., & Yudhanegara, M. R. (2017). *Penelitian Pendidikan Matematika*. In Bandung: PT Refika Aditama.
- McWilliams, S. R., Bulger, S., Keath, A., & Elliott, E. (2020). The Fit Family Challenge: A County-wide, Web-based Physical Activity Initiative. *Journal of Physical Education, Recreation & Dance*, 91(3), 35–39.
- Melancon, M. O., Lorrain, D., & Dionne, I. J. (2014). Changes in markers of brain serotonin activity in response to chronic exercise in senior men. *Applied Physiology, Nutrition, and Metabolism*, 39(11), 1250–1256.
- NASPE. (2007). *Initial guidelines for online physical education: A position paper from the National Association for Sport and Physical Education*. Author Reston, VA.
- Nieman, D. C. (2020). COVID-19: a tocsin to our aging, unfit, corpulent, and

- immunodeficient society. *Journal of Sport and Health Science*.
- Nusantoro, E., & Kurniawan, K. (2014). Meningkatkan Tanggung Jawab Belajar Melalui Layanan Penguasaan Konten. *Indonesian Journal of Guidance and Counseling: Theory and Application*, 3(3).
- Prusak, K. A., Treasure, D. C., Darst, P. W., & Pangrazi, R. P. (2004). The effects of choice on the motivation of adolescent girls in physical education. *Journal of Teaching in Physical Education*, 23(1), 19–29.
- Rhodes, R. E., Guerrero, M. D., Vanderloo, L. M., Barbeau, K., Birken, C. S., Chaput, J.-P., Faulkner, G., Janssen, I., Madigan, S., & Mâsse, L. C. (2020). Development of a consensus statement on the role of the family in the physical activity, sedentary, and sleep behaviours of children and youth. *International Journal of Behavioral Nutrition and Physical Activity*, 17(1), 1–31.
- Rhodes, R. E., & Kates, A. (2015). Can the affective response to exercise predict future motives and physical activity behavior? A systematic review of published evidence. *Annals of Behavioral Medicine*, 49(5), 715–731.
- Richards, K. A. R., Ivy, V. N., Wright, P. M., & Jerris, E. (2019). Combining the skill themes approach with teaching personal and social responsibility to teach social and emotional learning in elementary physical education. *Journal of Physical Education, Recreation & Dance*, 90(3), 35–44.
- Robinson, L. E., Stodden, D. F., Barnett, L. M., Lopes, V. P., Logan, S. W., Rodrigues, L. P., & D'Hondt, E. (2015). Motor competence and its effect on positive developmental trajectories of health. *Sports Medicine*, 45(9), 1273–1284.
- SHAPE. (2018). Guidelines for K-12 Online Physical Education. Amerika: SHAPE America – Society of Health and Physical Educators. Retrieved from <https://www.shapeamerica.org/uploads/pdfs/2020/guidelines/Online-PE-Guidance-Document.pdf>
- Sugiyono. (2016). *Metode Penelitian Pendidikan Pendekatan Kualitatif, Kuantitatif, dan R&D*. Alfabeta.
- Suherman, A. (2013). Penelitian pendidikan. Bandung: CV. Arjuna Indra.
- Suherman, Adang. (2009). Revitalisasi Pengajaran Dalam Pendidikan Jasmani. Bandung : CV. Bintang WarliArtika.
- Suparman, M. Atwi. (2014). Teknologi Pendidikan dalam Pendidikan Jarak Jauh : Solusi untuk Kualitas dan Aksesibilitas Pendidikan. Tangerang Selatan: Universitas Terbuka.
- Tangkudung, J., Aini, K., & Tangkudung, A. (2018). *Metodologi Penelitian Kajian Dalam Olahraga*. Research Gate Publication.
- Velde, G. ten, Lubrecht, M. D., Arayess, M. D., van Loo, C., & Vreugdenhil, M. D. (2020). *The Impact of the COVID-19 Pandemic on Physical Activity Behaviour and Screen Time in Dutch Children During and After School*

Closures.

- Verducci, F. M. (1980). *Measurement concepts in physical education*. Mosby St. Louis, MI.
- Warburton, D. E. R., Nicol, C. W., & Bredin, S. S. D. (2006). Health benefits of physical activity: the evidence. *Cmaj*, 174(6), 801–809.
- Watson, D. L., & Clocksin, B. D. (2013). *Using physical activity and sport to teach personal and social responsibility*. Human kinetics.
- Welk, G. J., Corbin, C. B., & Dale, D. (2000). Measurement issues in the assessment of physical activity in children. *Research Quarterly for Exercise and Sport*, 71(sup2), 59–73.
- Whitehead, M. (2010). *Physical literacy: Throughout the lifecourse*. Routledge.
- World Health Organization. (2010). *Global recommendations on physical activity for health*. World Health Organization.
- Wright, P. M., & Burton, S. (2008). Implementation and outcomes of a responsibility-based physical activity program integrated into an intact high school physical education class. *Journal of Teaching in Physical Education*, 27(2), 138–154.
- Xiang, M., Zhang, Z., & Kuwahara, K. (2020). Impact of COVID-19 pandemic on children and adolescents' lifestyle behavior larger than expected. *Progress in Cardiovascular Diseases*.
- Yusmawati, Eva Julianti, Ruliando Hasea Purba (2020). Neuroscience-based Physical Education Learning Environment: An Analysis. *International Journal of Human Movement and Sports Sciences*, 8(6A), 36 - 41. DOI: 10.13189/saj.2020.080706.
- Yusmawati & Lubis, J. (2019). The Implementation of Curriculum by Using Motion Pattern-Based Learning Media for Pre-school Children. *Jurnal Pendidikan Usia Dini*, 13(1), 187–200.
- Yusmawati., Rihatno, T., & Rismawanti, R. (2020). Meningkatkan Hasil Belajar Gerak Dasar Melempar dengan MEdia Audio Visual pada Siswa Kelas III SDN 03 Jelembar Baru Jakarta Barat. *Jurnal Segar*, 8(2), 80-89