

ABSTRACT

YUNI PUSPITA SARI, *The effect of using the mask of Biji Kembang Pukul Empat (Mirabilis jalapa Linn) to decrease the acne (Acne Vulgaris) type of minor. An experiment di Laboratorium (Salon) of IKK, Universitas Negeri Jakarta. Minithesis : Pendidikan Tata Rias, Ilmu Kesejahteraan Keluarga, Fakultas Teknik, Universitas Negeri Jakarta.*

Biji kembang pukul empat known as having the useful in decrease the acne at face. This research is purpose to know that : is there the effect of using the mask of biji kembang pukul empat (*Mirabilis jalapa L.*) to decrease the acne (*Acne vulgaris*) in type of minor at the face's skin. According to the theoretical description, so it can be concluded of research hypotheses : that there is the effect of using the mask of biji kembang pukul empat (*Mirabilis jalapa L.*) to decrease the acne (*Acne vulgaris*) in type of minor.

The population which used at this research are students of Family Prosperity Knowledge Department who attain the age of 18-25 years old who have the problem at they pimples face in type of minor. The sample was taken by purposive sampling where it taken according to the characteristics or the population's characteristic who has known before and appropriate to this purpose's research. The sample's number as many as 10 persons, and it's been one team. These ten pimples persons are observed before action and then they observed again after the action with using the mask of biji kembang pukul empat. Every single samples are given the action as many as 8 times.

The result's rating of decrease the acne are gotten by using the criteria rating's sheets by two lecturers jury. The metode which used in this research is pre-experiment's metode with design, "One Group Pretest-Posttest Design". To measure the alteration on acne, it used the tool of magnifying lamp.

After get the research result's data, doing the data analysis regulation's test by doing the normality test and homogeneity test, the result before using the mask of biji kembang pukul empat (*Mirabilis jalapa L.*) is $L_{hitung}=0,1977$ at the signification's level $\alpha = 0,05$ and $n = 10$, $L_{tabel}= 0,258$ so then $L_{hitung}<L_{tabel}$ it's mean that the sample's data was normal. The result after using the mask of biji kembang pukul empat (*Mirabilis jalapa L.*) got $L_{hitung}=0,1736$ at the signification's level $\alpha = 0,05$ and $n = 10$, $L_{tabel}= 0,258$ so then $L_{hitung}<L_{tabel}$ it's mean that the sample's data was normal. The count result $F_{hitung} = 1,32$ in the area of : $0,31 < 1,32 < 3,18$. The result show that the population's team are homogen. The hypotheses test is doing by using t test, the hypotheses test result was getting $t_{hitung} = 3,00$ in significant level $\alpha = 0,05$ and $dk = 18$, $t_{tabel} = 1,73$ then $t_{hitung}> t_{tabel}$ is $3,00>1,73$, it's mean that there is effect of using the mask of biji kembang pukul empat (*Mirabilis jalapa L.*) to decrease the acne (*Acne vulgaris*) in type of minor.

Keyword : Mask of Biji Kembang Pukul Empat, Minor Type Acne.