A SELF REGULATION OF EX-NAPZA ADDICTS WHO WORK AS ADDICTION COUNSELORS AT SHELTER HOME IN JABODETA.

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ABSTRACT

This research has a purpose to know about Self Regulation of ex-NAPZA's addicts who become Counselors At Shelter Home in Jabodeta. This research uses Quantitative Descriptive Method. Subjek on the research is about 34 persons of ex Napza's addicts who become counselors in Jabodeta's Guesthouses. Research data obtained using adaptation quesioner. The quesioner's method in this research is founded by Miller & Brown. The instrument's result contains 5 unvalid statements from 63 all statements with 0.94 realibility index. Data analytical technique is using mean statistic descriptive, maximal value, minimal value and standard devition.

Based on this research, Self regulation of ex Napza's addicts who become counselors in Jabodeta's Guesthouses are in the high category which contains 26 persons of ex Napza addcits with 76% of percentage, in medium category contains 8 ex Napza's addicts with 24% of percentage while there is no one in low category.

Keyword: *Self Regulation, ex-NAPZA's addicts, Counselor.*