

Relationship Between Emotion Regulation with Aggressive Behavior SMK Bunda Kandung Grade X

Abstract

This Study aim to determine the relationship between emotion regulation and aggressive behavior students of SMK Bunda Kandung Jakarta grade X. The hypothesis is investigators was negative relationship between emotion regulation and aggressive behavior. Subjects in this study are to 64 students. The sampling technique was used cluster sampling

This study used the Emotion Regulation and The Aggression Quistionnarre in data retrieval. The results showed that there is a negative relationship between emotion regulation and aggressive behavior with value $r_{xy} = -0.269$ so the hypothyesis in this study accepted.

Keywords : emotion regulation, aggressive behavior, SMK Student