

**AN OVERVIEW OF ADOLESCENT SELF DISCLOSURE OF STATE
JUNIOR HIGH SCHOOL AT THROUGHOUT CENTRAL OF JAKARTA**

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ABSTRACT

*The purpose of this research is to obtain an overview of adolescent self disclosure of state junior high school at throughout Central of Jakarta..The research method used is descriptive survey method. The subjects of this research is Junior High students from the Central of Jakarta with probability sampling technique also with cluster sampling technique, thus 392 samples were taken. Data collecting was done by using **Jourard Self-Disclosure Questionnaire (JSDQ)** Instrument, which was composed by Sidney M. Jourard, which reliability and validity. Instruments for dad target there are 57 valid statement items with reliability of 1.00. Instrument for mother target there are 59 items of valid statement with reliability 0,99. Instrument to target male companion there are 57 items of valid statement with reliability 0,99. Instrument to target female companion there are 58 items valid statement with reliability 0,99. Instrument for pair target there are 58 items of valid statement with reliability of 1.00. Instrument for counselor target there are 58 items valid statement with reliability 1.*

According to data analysis, the scheme of youth's Self Disclosure in State Junior High School throughout central of Jakarta region specifically for the "Mother", "Father", "Boyfriend", and "Girlfriend" target sections is located In the middle level, which means the Self Disclosure works just fine. Meanwhile for the "Spouse" and "Counselor" runs not too smooth, which means the Self Disclosure works not as good as the previous one. Most used topics on self disclosure is eclectic and attractiveness, while on education and money subject, teens are more open to their mom and dad compared to friends, spouse, and counselor. The results show that adolescents are more open with friends of the same gender

Keywords : adolescent self disclosure, self disclosure