

**Kader Posyandu role Poksay Giving Knowledge
Health Nutrition To Mothers In RW 04 Posyandu Member**

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ABSTRACT

This study aimed to describe the picture, data and information to assess changes in knowledge of mothers residents of RW 04 on the role of Posyandu poksay in increasing knowledge nutritional health in RW 04 Cipinang Besar Selatan, East Jakarta. This research receipts survey method with descriptive approach to know the actual conditions that exist in the field and in order know clearly how the knowledge of mothers RW 04 about nutritional health. The samples in this study using random sampling techniques because too many members Posyandu listed in RW 04. Collecting data in this study using the instrument questionnaires and interviews. This research data obtained from a population consisting of Posyandu cadre 9 and 15 member of the 154 registered members of Posyandu program Posyandu poksay. These results indicate that a cadre of highly role is to intervene in society in order to maintain lifestyle healthy diet also pay attention to nutrition. Moms Posyandu members can be said to increase knowledge after nutritional health information is often done by cadres poksay Posyandu RW 04 Cipinang Besar Selatan, East Jakarta. This is evident from the answers to a questionnaire and an interview given.

Keywords: role, Posyandu, health nutrition