

APPENDICES

**TABLE ANALYSIS OF LINGUISTIC STRUCTURES, STRATEGIES,
AND MITIGATION DEVICES OF SPEECH ACTS OF SUGGESTION IN
*DR PHIL SHOW***

No	Suggestion Utterances	Speech Acts of Suggestion's Strategies									Mitigation Devices			
		Direct			Conventionalized Forms				Indirect		Dt	Mc	Fw	
		A	B	C	D	E	F	G	H	I				J
Episode 72, 24 December 2014: <i>Affair Aftermath</i>														
1	[to April (<i>1st wife guest</i>)] do you really love him (her husband, Jeff) with all your heart? or do you just...are you having a love reaction because somebody else is interested in him?										√			
2	[to Jeff (<i>husband</i>)] so I mean you got own that decision; she didn't make you what you did, you did what you do and you have to own that, so there are no victims here.				√ (have to)									
3	[to Jeff] you made your choice, and you end it		√											
4	[to Jeff] I'm just telling you... If you don't own it, we're done. because you don't own it (on telling the truth)					√							√	
5	that... you can't change what you don't acknowledge				√ (cannot)									

6	[to Jeff] If you don't own your choices, I don't know that we will anyway					√								
7	[to Jeff] but trust me, you had a lot of options given what she did, a lot of options other than going often have a clandestine relationship with somebody outside your marriage										√		√	
8	[to Jeff] she did, you did, so don't put it off on her		√											
9	[to April and Jeff] then why aren't you saying... look, guys. this is your time, this is your moment. you guys don't tell me the truth. we're wasting our time and you're not being honest to you										√			
10	[to Jeff] (on blaming his wife of his cheating) Come on! You've owned your choice, You've made a choice, do it!		√											
11	[to Jeff] I said you want this, "wait a minute..." that's not what you said. What you said is... if she								√					

	continues to browbeat me the way she has time and again, emasculate me and put me down and...and...and demean me, then hell NO I don't want to be in a relationship like that, that's the truth! so you get here in front of her, and you get clever "yes I do, I'm a good little boy, I'm in front a mommy, yes I do! that's not the truth													
12	[to April] you are a very controlling woman. you are a very proud woman. you make a lot of money, you buy the car, you buy the houses, you do this, "I've always have more money" He says "we make the same amount of money" "but maybe for a minute!", REALLY? Are you...you're just very proud of the way you've turned out, aren't you?									√				
13	[to April] You...don't... pouring alcohol on a roll motion just like pouring gas on a fire.		√											

14	[to April] You don't need to be nasticizing your inambition centers right now. You just don't need to do that.				√ (don't need)							√		
15	[to April and Jeff] and look If policies...like I'm pushing both of you really hard right now...is just...I know where we're going and I know what you need to do is to make clear decisions here								√					√
16	[to April and Jeff] and and that's why I'm telling you...look... you've got to be completely honest with yourself.				√ (have got to)								√	
17	[to April] I'll just tell you what I think, you can...you can decide that I'm wrong, you don't need to agree with me; You think you merry beneath you when you married him. I just I believe that to the core my soul...you...I mean...everything you said...he was...what I was looking for is not my type, I made more money									√				√

	all along...a body in this coffee shop to make you feel like a man...how condescending is that!													
18	[to April] you have a relationship marital problem that needs to be worked out, that's at this level (gesturing like measure thing with his palm in the lower position) the infidelity is at this level (gesturing like measure thing with his palm in the higher position)				√ (need)									
19	[to April] You're never going to be able to heal this situation if you don't come down off your high horse and recognize that people are just people.					√								
20	[to April] You take yourself a little too seriously if you decide that you're here (gesturing like measure thing with his palm in the higher position) he's like the hired help, that's never gonna work.					√								

21	<p>[to April] Any men with the spine is not going to respond well to that, anymore than a woman is going to take that kinda stuff, “ you know, you’re be barefoot pregnant, you take care me, you hand me hand or foot” and no woman with a spine can put up that crap from a man. it’s not just because you’re saying it to the man, no woman take that from the man either, you need to get that!</p>				√ (need)										
22	<p>[to April] Whether he’s having an affair, or he just resents you, he’s not gonna take that. and if that’s how you feel about him, you need to change that or get out of this relationship.</p>					√									
23	<p>[to Jeff] and I don’t expect you to feel good about being treated that way but what do you get doesn’t justify the choice you made, you went out and did what you did</p>								√						

24	[to Jeff] you could have dealt with this completely differently and...and... until she understands completely and fully that you get what you did to her and when you did that, she will never get over this.				√ (could)									
25	[to April and Jeff] Here's...my bottom line on this, just so you know what I think and then you can take that, do what you want to it. I don't think every marriage can't be saved; people ask all the time, can marriage survive in fidelity? yes, it can. doesn't mean it should, but they can									√				√
26	[to Jeff] but you have to own it, there's...there's no theory under which it's okay				√ (have to)									
27	[to Jeff] doesn't matter if you found her in a convent, it doesn't matter if you just turned the corner and ran into her and 'gee golly dolly' look what happened" doesn't							√						

	matter “hell...” doesn’t matter. What matter is what happened													
28	[to Jeff] (on him having affair for 15 years) That has to stop				√ (has to)									
29	[to Jeff] and you have to never see her (his mistress) again				√ (have to)									
30	[to Jeff] and you have to be a completely transparent open-book				√ (have to)									
31	[to Jeff] you have to be take a complete picture window				√ (have to)									
32	[to Jeff] you have to be accountable because trust has to be earned back				√ (have to)									
33	[to April] you have an attitude here. this is a parent-child relationship that won't work. aren't you tired being the parent? don't you want a partner instead of another kid?							√						
34	[to Jeff] and aren't you tired of being treated like second class citizen? I mean that...this doesn't work							√						

35	[to April and Jeff] so you need a true partnership here and to do that				√ (need)									
36	[to Jeff] you...you have to expected				√ (have to)									
37	[to April] you have to provided				√ (have to)									
38	[to April and Jeff] you have to...really engage each other in that level				√ (have to)									
39	[to April and Jeff] and this stuff about being abusive with each other, and condescending each other, calling names, those aren't just things that can...go on, require more of yourself!		√											
40	[to April and Jeff] and you're going to need a guide through this				√ (need)									
41	[to April and Jeff] and you need to make a plan that puts this family unit first				√ (need)									

42	[to April and Jeff] and if it means selling everything to get out the debt, sale everything to get out of debt!					√								
43	[to April and Jeff] there are...there's nothing sacred here, you do what you have to do to make family first, to provide security for your child and for your family unit		√											
44	[to April and Jeff] and to do what you have to do, you roll your sleeves up and you work together as partners, not antagonisticly.							√						
45	[to April and Jeff] You work together as partners, and that begins with forgiveness and commitment and you work through it and that's my advice to you	√												

46	[to Charnay (2 nd wife guest)] the best predictor of future behavior's past behavior. if you wonder what he's going to do in the future, look at what he's done in the past					√							
47	[to Charnay] In the alternative I think he would...I think he would have to be willing meet himself to some...serious professional help				√ (would have to)							√	
48	[to J-uan (Charnay's husband)] I mean... you what you're doing is a very immature level of relationship management you know... the mature thing to do is finish one relationship before you start another and I mean...and really finish it							√				√	
49	[to J-uan] and you put up some barriers and put up some boundaries		√										
50	[to J-uan] and then you've obviously got an issue um... with your temper you know there's no time, no theory, no provocation that justifies a man									√			

	putting his hands on a woman in anger that is just simply not okay													
51	[to J-uan] you don't hit her		√											
52	[to J-uan] you don't choke her		√											
53	[to J-uan] you don't push her, that is absolutely unequivocally, unacceptable under any theory		√											
54	[to J-uan] and if you can't control that, then you got a problem that needs help					√								
55	[to J-uan] you don't do that		√											
56	[to J-uan] and you need to stop or you'll wind up in jail				√ (need)									
57	[to J-uan] and so you need to learn better ways of handling your anger and communicating				√ (need)									
58	[to J-uan] I'm saying so you would have a lot of work to do				√ (would)							√		

59	[to <i>J-uan</i>] you should not continue to be a high-risk				√ (should not)									
60	[to <i>Charney</i>] so he would have to be willing to do that and barring that then you simply in a very high-risk relationship				√ (would have to)									
61	[to <i>J-uan and Charney</i>] so you said “it’s something I can do to that” is what you could do							√						
62	[to <i>all audience</i>] if you're in a relationship, and there has been infidelity, there has been an affair, I always get asked “how do we know whether we move on or whether we try to resolve this”					√								
63	[to <i>all audience</i>] look, you’ve gotta sit down and negotiate this; everything in a relationship is negotiated				√ (have got to)									
64	[to <i>all audience</i>] you’ve gotta ask yourself, “do I have it within me to forgive my partner for making a really bad choice?” now part of that				√ (have got to)									

	is gonna be a function of what you get from the other side													
65	[to all audience] they have to be willing to completely end a relationship that means no more contact whatsoever				√ (have to)									
66	[to all audience] they've got to be willing to be a complete open book; they ran off in a ditch				√ (have got to)									
67	[to all audience] they've gotta do whatever it takes to get it back up on the road and in a healthy way				√ (have got to)									
68	[to all audience] and you've got to say "look, I don't want this to be a life sentence for them or for me"				√ (have got to)									
69	[to all audience] if you can never let it go, then that's gonna be a problem for you and for them					√								
70	[to all audience] so ask yourself "if I can forgive this, if I can start over" then it's not good for either one of you		√											

71	[to all audience] so you've got to sit down				√ (have got to)									
72	[to all audience] you've got to talk about it				√ (have got to)									
73	[to all audience] and if you need help, get help					√								
74	[to all audience] go to your pastor		√											
75	[to all audience] go to a counselor		√											
76	[to all audience] do what you have to...to get somebody to come in and counsel you and calm things down		√											
77	[to all audience] don't quit while the emotions are raw		√											
78	[to all audience] don't quit while it's really hurting inside		√											
79	[to all audience] work through it		√											
80	[to all audience] give your feelings a voice		√											
81	[to all audience] you're talking about a relationship that's meant a lot to you, it is worth to								√					

	work.													
82	[to all audience] and then when you get through with that work, you just can't get past it, okay					√								
83	[to all audience] but if you know that you've done the work and the kids involved, you owe it to them to do the hard work					√								
Episode 76, 6 January 2015: Get Off My Back about My Body														
1	[to George (husband)] You are an obstacle, not a helper										√			
2	[to George (husband)] Don't give me a condescending "yeah"! If you know... if you are so smart, how come you can't get her to do it?					√								
3	[to George (husband)] but if you've got the answers, how come you can't get the results?					√								
4	[to George (husband)] Then, if you are so smart, how come you can't get more effort from her?					√								

5	[to George (husband)] or maybe you aren't so smart										√	√		
6	[to Nicole (wife)] You want to make a change, right?						√							
7	[to Nicole (wife)] You want to do this, and you wanna feel in control, and you wanna get in shape, you wanna get in?						√							
8	[to Nicole (wife)] The truth is, you've got to have a complete lifestyle makeover				√ (have got to)									√
9	[to Nicole (wife)] and you're gonna decide that you wanna do it, right?						√							
10	[to Nicole (wife)] and if he supports you in that, then you could do it					√								
11	[to Nicole (wife)] You can't do it without a willpower				√ (cannot)									
12	[to Nicole (wife)] and you can't do it because somebody else want you to do it. I mean you just can't do that				√ (cannot)									
13	[to everyone] Guys, seriously. whatever you want to do, you've gotta				√ (have got to)									

	decide you... a. deserved it and b. you want it for yourself													
14	[to Nicole (wife)] I've broken this into three simple phases for you: giving you 20 foods, 20 days and you take those 20 foods 20 days strategy (in book 20/20)										√		√	
15	[to George (husband)] you can support her in doing this, but you... this is not your job				√ (can)									
16	[to Nicole (wife)] He (her husband) can support you in this				√ (can)									
17	[to Nicole (wife)] but you've gotta be willing to stand up for yourself to do this				√ (have got to)									
18	[to Nicole (wife)] do you think it's selfish to put yourself first? (I do)							√						
19	[to Nicole (wife)] you've gotta take care yourself before you can take care of others				√ (have got to)									
20	[to George (husband)] You know what I mean. You need to support her in what she's doing				√ (need)									√

21	[to George (husband)] you need to figure a way to get up and tell her “look you can do this”				√ (need)									
22	[to George (husband)] you need to figure a way to get up and tell her “look you can do this”				√ (need)									
23	[to George (husband)] say... I tell you what how about this, how about “I do the dishes, give the kids a bath, put him to bed, you go to the gym that you're not kicked out of”						√						√	
24	[to George (husband)] you need to figure a way to get up and tell her “look you can do this” that would be a nice way that you could support her				√ (need)									
25	[to everyone] Just figuring out those three (types of hunger: physical, mind, habit) will make a huge difference										√	√		
26	[to mother] (on her daughter losing weight) Are you ready for this change?							√						
27	[to daughter] You want to							√						

	change?													
28	[to mother] and instead of hurting her self esteem, you're gonna join me and building it up				√ (are going to)									
29	[to mother] get herself healthy		√											
30	[to mother] After return the health, get herself in shape,		√											
31	[to daughter] you get it, right? that's what happens when you hear those things, right?						√							
32	[to mother] did you sabotage her? Did you do the wrong things then? Yes you did									√				
33	[to daughter] It's a really convenient excuse, but you are an adult now. You can't continue to blame your mother. It is not her fault.				√ (cannot)									
34	[to daughter] Did she wrong then? Yes. But that was then, this is now									√				
35	[to daughter] She might get you in the pickle, but you've gotta get out of it				√ (have got to)									
36	[to daughter] Do you						√							

	want help to get out of it?													
37	[to daughter] (on doing 20/20 plan diet) You couldn't screw up no matter what				√ (could not)									
38	[to daughter] Let's do this together			√										
39	[to the twin brother (Charles and Adam)] What you'd to lose...both of you is...just by changing these things, right here (the amount of fat, sugar, and salt in the body)							√			√			
40	[to Charles] Well, I don't wanna see this happen (showing the pictures of their family, and he disappeared (means dead)) I don't want them to got dock without you									√				
41	[to audience] The 20/20 app. You go into it, it's really simple		√											
42	[to audience] If you wanna download your own 20/20 app, log on to iTunes or Google Play					√								
Episode 77, 7 January 2015: My Mother is a Menace! She is Controlling My Daughter with Her Money														

1	[to Rachel] I watched your video tape piece and you are an adult and you chose on national television and the tape is to flip off your mother with an obscene gesture would seem to me to lack a little bit the impulse control, be highly immature										√			
2	[to Audience and Dixie] Well let's hear Rachel's side at this, we'll see what she has to say			√										
3	[to Dixie (mom)] well, let's not talk about how she (Rachel) knows it, let's talk about whether it is true or not			√										
4	[to Dixie and Rachel] I find it tragic. I find it tragic but find it interesting that both of you describe each other the same way										√			
5	[to Dixie] (on she suspects Rachel of being a liar) so she didn't lie. You said that she lied, she didn't lie. You just didn't remember, so don't		√											

	accuse her of being lied													
6	[to Rachel] Do you believe that maybe those things are just inappropriate R&R embarrassment to her that her mother's doing that?							√					√	
7	[to Abby] You don't ever involve in adult issues and um... your grandmother has involved you in adult issues, your mother has involved you in adult issues		√											
8	[to Dixie] (on she takes Rachel's lost luggage too seriously) that's how you want to spend your time with? better you don't		√											
9	[to all guests] I truly believe that (<i>pointing at Rachel and Dixie</i>) this battle between the two of you is hurting Abby								√				√	
10	[to Abby] so what you want is to achieve some independence and some productivity in your life								√					
11	[to Abby] sometimes you've gotta rise above your raisin'				√ (have got to)									

12	[to Abby] You can grow up with some things that don't work really well				√ (can)									
13	[to Abby] and you can either continue that legacy				√ (can)									
14	[to Abby] or you can choose to go in a different direction				√ (can)									
15	[to Rachel] and I. I don't think you're through with your trouble with drugs at this point, your definition of clean and sober and my definition of clean and sober are diametrically opposed										√		√	
16	[to Dixie] (on she keeps interrupting Dr. Phil and Rachel's conversation) you think that you really have good time to jump in and tell her how badly she's doing?						√							
17	[to Dixie] How about you've had your shot?						√							
18	[to Dixie] How about give me a minute to talk to her?						√							
19	[to Rachel] If you can be an addict, and you could be an alcoholic, but you					√								

	don't have to be a hypocrite													
20	[to Rachel] you'd be honest with yourself,				√ (would)									
21	[to Rachel] and you can be honest with your caregivers				√ (can)									
22	[to Rachel] and what we know right now is that there are some major portions of your life that aren't working the way you want them to work and those have to be dealt with							√						
23	[to Rachel] We know you have some relationship issues with your daughter and those have to be dealt with.				√ (have to)									√
24	[to Rachel] and we know that you have some family issues with your mother and those have to be dealt with,				√ (have to)									√
25	[to Rachel] and then you can decide that you want to be				√ (can)									
26	[to Rachel] Here's the suggestion: you have to own yourself	√												

27	[to Rachel] All I want you to do is be very honest with yourself and making a legitimate to-do list									√				
28	[to Rachel] If you are dealing with narcotics right now and suboxone and then ambien and alcohol are dangerous; and in my opinion you need to evaluate those things				√ (need)								√	
29	[to Rachel] that doesn't mean that you don't have some legitimate issues that you're having to deal with and you need help with those				√ (need)									
30	[to Rachel] don't make you vulnerable to relapse into a really bad drug state and I think you're really playing with fire right now. I'm just telling you the truth I think you're playing with fire right now		√										√	
31	[to Rachel] I think emotionally you've got a really damaged situation here with your daughter and I think that needs to				√ (need)								√	

	be cleaned up													
32	[to Abby] What it actually turns into is you become a rope in a tug of war (between her mother and grandma) and that's not good								√					
33	[to Abby] (on she moves in back and forth with her father's and mother's) You're dealing with some issues there and complicated by this dynamic and these two (her mother and grandma) have a long history and a lot of finger-pointing that has nothing to do with you									√				
34	[to Rachel] I think that right now healing a relationship with your mother should not be at the top your list.				√ (should not)								√	
35	[to Rachel] I tell you that the relationship that you need to work on first is the one you have with yourself, because I said you don't want to be here.				√ (need)								√	
36	[to Rachel] you've got to get yourself together first				√ (have got)									

					to)									
37	[to Rachel] I think that means that you need to be evaluated mentally emotionally, biochemically physically and every way to figure out you where you are				√ (need)								√	
38	[to Rachel] Would you like to know how to have a conversation with her about having gone to prison, about becoming a drug addict, about not being there all the times?							√						
39	[to Rachel] Would you like to know what to say to her to help her accommodate to that? And hit the reset button and move forward?							√						
40	[to Rachel] Would like to have some other dialogue that would help you do that?							√						
41	[to Abby] There are some things that you can learn that help you know how to positioned that				√ (can)									
42	[to Abby] I think you will learn to not hold yourself responsible for all of this				√ (will)								√	

	and a lot of things that will keep you from being distracted as you move forward pursue your life goals												
43	[to Abby] And I think if we start there then we'll get to the rest to this as we move forward					√						√	
Episode 120, 9 March 2015: <i>In Sickness and in Health - Should I Get a Divorce from My OCD Wife?</i>													
1	[to Laura] You're seeing a therapist right now and from what I understand... a very capable therapist, that's very devoted to helping you so... certainly I hope you continue with that		√									√	
2	[to Laura] If you can condition yourself to do that (breathing and exhaling deeply), you'd be astounded how much relaxation you can bring to your body					√							
3	[to everybody] It's time for everybody here to understand what's going on, is it a mental illness or is it not about OCD								√				
4	[to Laura's parents] do							√					

	you guys think you have a fair and clear understanding about OCD?													
5	[to Laura] If you're having anxiety panic attacks, I mean...you'll hop on one foot and tap you here that help, you do whatever!					√								
6	[to Laura] there are other things that you can do that are not medication based, some things that you can do at home, some things you can do therapeutically that can really help to get this under control so there is help for this				√ (can)									
7	[to Brian] you need to take your house back				√ (need)									
8	[to Brian] you need to take your house back				√ (need)									
9	[to all guests] look, you need to recognize and acknowledge that this is a disorder here "obsessive-compulsive disorder" that is what we're dealing with				√ (need)									
10	[to Brian] but you have to acknowledge that... there				√ (have to)									

	is a disorder here													
11	[to Brian] you need to acknowledge small victories on her (Laura) part				√ (need)									
12	[to Brian] by coming here, give yourself that !		√											
13	[to Brian] you've gotta acknowledge that!				√ (have gotta)									
14	[to Brian] you need to require of her and you of yourself, your highest level of functioning possible				√ (need)									
15	[to Brian and Laura] every day you can't get in a comfort zone				√ (cannot)									
16	[to Brian and Laura] you can't let yourself digressed to a comfort zone				√ (cannot)									
17	[to Brian and Laura] and you need to avoid day-to-day comparisons like you know...you did better yesterday when you back, sliding here, everyday's different, come on!				√ (need)									
18	[to Laura's parents] and you need to come from				√ (need)									

	knowledge													
19	[to Laura's parents] I think we've given you a very macro explanation that the communication between were thought to originate deeper structures where you act on those things that communication has been disrupted and it needs to be fixed				√ (need)								√	
20	[to Laura] you need...you need to set limits				√ (need)									
21	[to Laura] but be sensitive! this will mean about taking the house back		√											
22	[to Laura] you have to support compliance				√ (have to)									
23	[to Laura] when...when we come up with a therapeutic regimen, you gotta do it					√								
24	[to Laura] you just have to do it				√ (have to)									
25	[to Laura] and you need to keep communications clear and simple about this				√ (need)									

26	[to Laura] and you need...you need to be tolerant				√ (need)									
27	[to Laura] but at the same time, you have to recognize that you have to be tolerant of uncertainty				√ (have to)									
28	[to Laura] you'll say "well, what if the door is not locked up?"				√ (will)									
29	[to Laura] you have to learn to tolerate uncertainty				√ (have to)									
30	[to Laura] you do need to have some separate time where you can be alone				√ (need)									
31	[to Brian and Laura] but you need to limit the discussion about OCD				√ (need)									
32	[to Brian and Laura] you do need to have some separate time				√ (need)									
33	[to Brian and Laura] you need to have time where the two of you don't talk about your disorder				√ (need)									
34	[to Brian and Laura] you need to have time with the children where you don't talk about your rituals				√ (need)									

35	[to Brian and Laura] you need to put boundaries around this				√ (need)									
36	[to Brian and Laura] you want to talk about this for an hour between 10 and 11 at night, then fine. but you...you set boundaries around the rest of it		√											
37	[to Brian and Laura] but you need to require normal windows of interaction here				√ (need)									
38	[to Brian and Laura] and you need to have normal activities within the family				√ (need)									
39	[to Brian and Laura] your children, they need to bring friends over and you just don't want succumb to your pattern				√ (need)									
40	[to Brian] and you too need to negotiate a contract; this is something that you want to do with her not to her				√ (need)									
41	[to Brian and Laura] as you can rebel or agree, you can work this out and negotiate this things so you can do it				√ (can)									

42	[to Brian and Laura] do you need to get a divorce? no. you don't need to get a divorce				√ (don't need)									
43	[to Brian and Laura] you don't need to live like this anymore either				√ (don't need)									
44	[to Brian and Laura] we need to treat this				√ (need)									
45	[to Laura] Do you believe I'm telling the truth? can you do this?							√						√
46	[to Laura] do you trust you to work through this?							√						
47	[to Laura] can we do this together? if we put a team around you, can we do this?							√						
48	[to Laura] isn't it the time?							√						
Episode 123, 12 March 2015: Is Mom Leading a Secret Life, or Are These Daughters Caught Up in Drama?														
1	[to Kim (mom)] I have to admit I am the most non judgmental person I've ever met. I mean there may be others... but you know I'm gonna live and let live whatever you want to do I... whatever floats your boat...										√			√

2	[to Kim] well I would guess it is your husband's business, I would think he would certainly have the estate										√		√	
3	[to Kim] don't say that like something smells bad..."here we are...DR. PHIL"		√											
4	[to Kim] Let's say what this is based of, because I wanna see what we can agree with you, you don't know what my opinion			√										√
5	[to Kim] you just...you can't tell it both ways, you said this is all this fantasy but to them then when I ask you you said "yes I wrote that" "well yeah but I was busy"				√ (cannot)									
6	[to Kim] look...here's the deal. You've got to be willing to tell the truth				√ (have got to)									√
7	[to Kim] because if you come in and tell me have a truth or a lie or no truth, then we don't get anywhere					√								
8	[to Kim] you've got to be willing to just come clean, I mean..."hell I am				√ (have got to)									√

	not gonna eat you”													
9	[to Kim] so tell me the truth! I wanna know...		√											
10	[to Kim] give me enough time! I didn't hag a hound!		√											√
11	[to Kim] What is it? What is the truth?						√							
12	[to Kim] who are you talking to? You're not running for election. look at me, talk to me here!		√											
13	[to Kim] you just said I went met three men who were disgusting. I can't imagine why...all you know about them is that they have a computer and you go meet a guy in a parking lot...It's very stupid, It's incredibly stupid										√			√
14	[to all guests] let's talk about this dirt bike for a second here			√										
15	[to Kim] you're killing yourself now but lady that is a distinction without a difference										√			
16	[to Kim] what things that I always worry about is								√					

	when people spend a lot of time focusing irrelevant details to deflect from the matter of pain													
17	[to all guests] (on bringing up this problem to the national tv) Is this being overblown?						√							
18	[to Brendy (daughter)] do you think that you have crossed any boundaries, any lines got knot on your lane and gotten up in somebody else's business that's not yours?						√							
19	[to Brendy and Jacki (daughters)] if somebody disagrees with you all about what she's (their mom) doing, her right to do it, do you think that's...that is wrong?					√								
20	[to Brendy and Jacki] (on telling their side of the story about this matter) what do you mean you can't tell your side of the story? I can't find anybody... You haven't told your side of the story to us						√							

21	[to Kim] I think you're lying about...about half of this. Lying maybe that's too strong, I think you're spinning a lot at this...I put it that way										√		√	
22	[to Kim] You don't have to answer to your daughters				√ (don't have to)									
23	[to Kim] and you can do what you want to do				√ (can)									
24	[to Kim] you don't owe them explanations										√			
25	[to Brandy and Jacki] If my parents ever referenced anything about their sex life I...a. throw up and then put my fingers in my ears "na...na..na..." I didn't want to hear it and I'm sure they don't wanna know about all of this										√			
26	[to Brandy and Jacki] what your mother does is not your business								√					
27	[to Brandy] and if you want to use hold your children hostage because you can tabulate some theory that she's (her mom) going to put them					√							√	

	in harm's way with her behavior then I think you're being histrionic and overdramatic													
28	[to Brandy] what I am saying is you can set up this over dramatic sort of thing and hold your children hostage because it gives you power if you want to, but that's not going to serve your children well to carve their grandmother out of their lives; they pick up the tab for that							√						
29	[to Kim] just adult to adult... I am really concerned about your judgment and putting yourself in harm's way									√		√		
30	[to Kim] if you meet people over the Internet and then you go meet them in the real world particularly somewhere private like a parking lot in a car, that's just dumb					√								
31	[to Kim] you don't putting yourself in harm's way		√											
32	[to Kim] what I'm telling you is this: you don't owe							√						

	them an explanation but you do owe yourself consideration													
33	[to Kim] do not degrade yourself by meeting men in parking lot!		√											
34	[to Kim] Do not degrade yourself by putting yourself out it		√											
35	[to Kim] Don't disrespect your marriage and your family by turning away from your partner		√											
36	[to Kim] if you've got problems, deal with that with him!					√								
37	[to Kim] and if that doesn't work out, then maybe it's time to shut that marriage down. that's another question for another day					√						√		
38	[to Kim] but you won't find solutions by putting yourself in harm's way, degrading yourself and who knows.				√ (will not)									
39	[to Kim] Their legitimate concern is that you cross a line and allow people to know where you are and where you live and some										√			

	crazy wacko comes over there while you're watching the children and they are in harm's way, and that's where they do have a legitimate concern													
40	[to Kim] you need to make sure they understand you get that and that you are not crossing those boundaries				√ (need)									
41	[to Kim] you can get killed by dealing with these people on the internet and you need to stop doing that				√ (need)									
42	[to Kim] Straight out! not because they judge you, but because you're putting yourself in harms		√											
43	[to Brenda] do you agree what I'm telling her?						√							
44	[to Kim] don't put your family in harms way		√											
45	[to Kim] and do not degrade yourself by meeting strange people in a parking lot		√											
46	[to Kim] you bored, get a hobby!		√											
47	[to Kim] your hobby is not...your hobby is not									√				

	meeting weirdos in a parking lot													
48	[to Kim] some guys that will come meet a woman in a parking lot is not the quality men									√				
49	[to Kim] save yourself before the world!		√											
50	[to everybody] You have to respect people's right to be who they are, that doesn't mean you can tell them what you think				√ (have to)									
Episode 136, 6 April 2015: A Fight for Custody That's Tearing a Mother and Daughter Apart														
1	[to Brooke] you're not here to expand your visitation. you want your children back. correct?									√				
2	[to Marsha] here there are some things we can agree about, for example we can agree that this is your daughter. and as a result whoever she has become and whatever young woman she is, you have an indelible imprint on her, right?									√				√
3	[to Brooke] You agree that you've made some poor choices, and you									√				√

	think you've made a turn for the better now													
4	[to Brooke] you can...I believe...can have as much a relationship with these kids as you would wanna have and...these days you wanna have				√ (can)								√	
5	[to Brooke] There is a set of rules and their right here, you...you know what they are and you can follow those rules and when you follow those rules, you have a lot of runway in front, you have a lot of leeway what you can do				√ (can)									
6	[to Brooke and Marsha] you can maximize your role in these kids' life in a very short period of time, this isn't something that...it takes a long period of time to get to				√ (can)									
7	[to Brooke and Marsha] They (Brooke's sons) love you both and they want this two to...to work out, going forward										√			
8	[to Brooke] you can have a visitation rights that are				√ (can)									

	subject to the condition of the court													
9	[to Brooke] you can apply to increase this visitation				√ (can)									
10	[to Brooke] you can obtain all kinds of additional rights of these boys now or getting to an age where they have lots of rights and choices				√ (can)									
11	[to Brooke] I believe you can have as much of relationship with these kids as you would wanna have				√ (can)							√		
12	[to every parents' audiences] use these (the function of parents as being shown on the screen) to determine whether or not this person is a parent		√											
13	[to Brooke] If you are qualified some of the points there (the functions of parents list), you'll be functioned as a parent					√								
14	[to Brooke] you have a lot of options right in front of you										√			
15	[to Brooke] Forget about		√											

	how much you dislike her or how much hatred built up towards her at this point													
16	[to Marsha] First, Marsha. you should...number one welcome transparency.				√ (should)									
17	[to Marsha] If people are saying you're abusing these kids, you are doing this or doing that. You know what? people have nothing to hide, nothing...you should welcome transparency					√								
18	[to Marsha] Number two: you should prioritize Brooke's return to health				√ (should)									
19	[to Marsha] This is your daughter. whatever you may think, you should prioritize Brooke's return to health				√ (should)									
20	[to Marsha] That should be very important to you as a mother 'till the day you die				√ (should)									
21	[to Marsha] You should prioritize your daughter				√ (should)									
22	[to Marsha] Number three: you should actively				√ (should)									

	support healthy mother son relationships													
23	[to Marsha] You shouldn't look for every jot and tittle to interfere or make it difficult or put a hurdle in front of her				√ (should not)									
24	[to Marsha] you should actively support healthy mother son relationships				√ (should)									
25	[to Marsha] you should find ways to try and make this easy for them as long as it's healthy				√ (should)									
26	[to Marsha] and it is so important to do that								√					
27	[to Marsha] and trust me if you go, those boys will ultimately resent you for it. you think they won't, but they will					√							√	
28	[to Marsha] Four: you should prioritize family reunification				√ (should)									
29	[to Marsha] it is so important to reunify this family you, and her together, the boys, everybody								√					
30	[to Marsha] You know? be the hero here!		√											

31	[to Marsha] be reunified this family!		√											
32	[to Marsha] and number five: seek and offer forgiveness.		√											
33	[to Brooke] Brooke, number one. you should prioritize a return to health				√ (should)									
34	[to Brooke] you need to have a return to health				√ (need)									
35	[to Brooke] you need to get yourself back on solid ground, mentally, emotionally, physically, addiction... whatever... every what...				√ (need)									
36	[to Brooke] you should prioritize a return to health				√ (should)									
37	[to Brooke] you can't give away what you don't have				√ (cannot)									
38	[to Brooke] if you don't, take care yourself					√								
39	[to Brooke] it is not healthy to have bitterness and hatred for your mother or anyone								√					
41	[to Brooke] number two: you should prioritize your children's best interest.				√ (should)									

42	[to Brooke] that should be so high on your list.				√ (should)									
43	[to Brooke] you should prioritize what is in their best interest				√ (should)									
44	[to Brooke] number three: you should reestablish yourself as a healthy, transparent, parenting alternative as defined by the court				√ (should)									
45	[to Brooke] If you tell me you're going, you need to meant it					√								
46	[to Brooke] and when you get there, you need to...put down routes until you got it right					√								
45	[to Marsha] You've gotta support her				√ (have gotta)									
Episode 142, 14 April 2015: <i>Keep My Ex-Daughter-in-Law Away From My Family!</i> and (special part) <i>Sleep Deprived and Barely Alive!</i>														
1	[to Kim (Thelma's ex daughter in law)] You can't change what you don't acknowledge				√ (cannot)									
2	[to Kim] and you've got this girl (her daughter, Kirsten) sitting in front you now, making the effort to tell you what's in							√						

	her mind and what's in her heart and you insult her by trivializing it, is that what you want do with her?												
3	[to <i>Thelma (mom)</i>] I think it's clear that you have a very strong and powerful disdain for this woman (Kim), would you agree with that? and that's not likely to change, right? yeah						√					√	
4	[to <i>Kim</i>] and I...I think it's fair that you have a disdain for this woman (to <i>Thelma</i>) right? and that's probably not gonna change						√					√	
5	[to <i>Thelma and Kim</i>] and you know the good news is that you two don't have to be in each others' space				√ (don't have to)								
6	[to <i>Thelma</i>] I can tell you don't have to like her (Kim)				√ (have to)							√	
7	[to <i>Thelma</i>] You don't have to hold her in any positive regard whatsoever but she will forever be biological				√ (don't have to)								

	mother for these children													
8	[to <i>Thelma</i>] And if you assassinate her character however deserve you may think it is to those children, you were doing them a grave disservice					√								
9	[to <i>Thelma</i>] And if you assassinate the character of those children's biological mother, it will come back to haunt you in ways that you have yet to see, because those children...the day will come when they'll resent you for that regardless of how much she may or may not deserve that					√								
10	[to <i>Thelma</i>] And I'm just telling you that...you need to learn to bite your tongue				√ (need)								√	
11	[to <i>Thelma</i>] Just simply take the high road!		√									√		
12	[to <i>Thelma</i>] There're so much less traffic up there, just take the high road		√											
13	[to <i>Thelma</i>] Let's take the high ground here, you'll...it's so much more becoming to you to do			√										

	that													
14	[to Kenny (Thelma's son and Kim's ex)] What I would say to you is...you're the leader of this family and...you need to fathered those children and to the extent that she's positioning herself in the way that she can be a healthy factor in those children's lives								√					
15	[to Kenny] Do not be an enabler		√											
16	[to Kenny] Do not be blind and allow her to be in those children's lives		√											
17	[to Kenny and Kim] Parent is a noun and a verb. It's not just something that you are by birth right and it's something you do and do it in a responsible fashion		√											
18	[to Kenny] And if she relapses into drugs, if she is bitter, if she is angry, if she is in denial, if she fails to recognize her responsibilities and that's not respond to these children in a proper way,						√							

	then you have to put a very strict boundaries there													
19	[to Kenny] If she's living in motel room, if she says I'm gonna show up and she doesn't show up, she has to become a citizen, a contributing citizen first and become a mother second.					√								
20	[to Kenny] If she's not...she doesn't have a job, and pay her own way, and show up, and become a responsible contributing member of society, it's gonna be a very difficult time to be a responsible parent					√								
21	[to Kenny] and it is your job to do...however much you may love her and have a broken heart with her whatever									√				
22	[to Kenny] your primary responsibility, your undivided loyalty is to those minor children										√			
23	[to Kenny] and to the extent that you could broke a relationship, a		√											

	healthy relationship between them and their mother by all means do that, learn to co-parent with her!													
24	[to Kenny] the fact that those words are even instances involving one of your children is exclusionary criteria for her being in the life of your children, that kinda rhetoric must be excluded from conversations about mother and child				√ (must)									
25	[to Kenny] and until they are...she's not a candidate for being in their lives so you need to make sure that's true!				√ (need)									
26	[to Kenny and Kim] and you need some help coming up with a co-parenting plan				√ (need)									
27	[to Carrie (a mom with severe insomnia)] If you love your child...and you know you do, we know you do...you have to take care of the child's mother					√								√
28	[to Carrie] in other words, you have to take				√ (have to)									

	care of yourself													
29	[to Carrie] you can't give away what you don't have if you're the mother...your child is never gonna have				√ (cannot)									
30	[to Carrie] you have to take the time and realize it's not selfish to take care of you				√ (have to)									
31	[to Carrie] you don't wanna be... you don't want to be emotionally bankrupt									√				
32	[to Carrie] you don't want to be physically bankrupt									√				
33	[to Carrie] and you have to be willing to ask for help whether it's for other people to help out or support groups or babysitters or family members				√ (have to)									
34	[to Carrie] you've got to be willing to ask for help				√ (have got to)									
35	[to Carrie and everybody] continually having lack of sleep can cause heart attack or diabetes, it's especially important to									√				

	take this seriously													
36	[to Carrie and everybody] (on having insomnia symptoms) talk to your healthcare provider to get a diagnosis		√											
37	[to Carrie and everybody] (on having insomnia symptoms) talk to a sleep specialist to help figuring out what is going on		√											
38	[to Carrie and everybody] (on preventing insomnia) don't take naps late in the day		√											
39	[to Carrie and everybody] (on preventing insomnia) make sure the room was really dark at night		√											
40	[to Carrie and everybody] (on preventing insomnia) and get a wind-down routine		√											
Episode 155, 1 May 2015: <i>Uncovering a Catfish</i> and (special part) <i>Overwhelmed and Under Appreciated- I'm having a mom-holic meltdown</i>														
1	[to Kaye] (on "Aaron" says he can't send her his picture) you know in this day and time...please just kind of...use your common sense...that		√									√		

	getting a picture taken um... it's very easy													
2	[to Kaye] If he wanted you to have his picture, doesn't common sense tell you that he would get your picture										√			
3	[to Kaye] Let's just common sensitively, if he want you to get the picture so you'll have it, so...reckon why he doesn't want you to have the picture			√								√		
4	[to Kaye] wouldn't that be a red flag, kind of concern...you're in love with somebody that you send almost a quarter million dollars and he doesn't want you to have the picture of him?						√						√	
5	[to Kaye] (Kaye answers that she doesn't worry about it now) why do you not worry now?						√							
6	[to Kaye] well, but you should've worry about that all along including now it's my point				√ (should)									
7	[to Jeannette] (on she tries to comfort Kaye, but				√ (don't									

	Kaye is somewhat angry at her) You don't have to assist her				have to)									
8	[to Kaye] I'm always be a strong believer that... people know the truth when they hear it and there's been a voice in your head for a long time, it's been telling you that...you know...something's not right										√			√
9	[to Kaye] the only thing worse than been scam for years, being scam for years and one day I mean...for that point at least you know, at least at that point it's over										√			
10	[to audiences] there are so many red flags that people need to look at (on meeting someone online)				√ (need)									
11	[to audiences] when you get proposed to after only dating one month from somebody you've never met, that's gotta be a red flag					√								
12	[to audiences] when you're asked for money in					√								

	the first month, that's gotta be a red flag													
13	[to audiences] Immigration confirmed 30-40 thousand dollars not necessary to acquire/update visa, but yet if you ignore that and still send money, that's the problem					√								
14	[to audiences] If you're asked for credit card information even though you've never met, that's the problem					√								
15	[to audiences] If you're asked for bank account information even though you've never met, that's the problem					√								
16	[to audiences] If you are convinced to accept wire transfers from strangers, that's the problem					√								
17	[to audiences] If you are convinced to ship boxes of goods overseas, that's the problem					√								
18	[to audiences] He won't even send a photo, always makes excuses to not meet, you don't ever meet				√ (need)									

	family and friends, there's no contact for these people, never revealed the name of his business. There is no detail. there's so many things and they're just big red flags that people need to see												
19	[to audiences] If you believed that you have been a victim of internet love scam, go to FBI special website, IC3.gov					√							
20	[to audiences] There, you can fill out information, you can give information				√ (can)								
21	[to everybody] There's got to be a way to break this but let me tell you the best protection you can ever have is self-protection							√				√	
22	[to audiences] If something just doesn't seem right, doesn't feel right you know... I;m just saying if something seems too good to be true, it's probably not true					√						√	
23	[to audiences] you'll ask yourself if you're vulnerable...if you're a					√							

	target (of a love scam)													
24	[to audiences] don't isolate yourself from friends and family		√											
25	[to Kaye] you leave here with some truth, you didn't want to continue to be duped, right?							√						
26	[to Kaye] If you are living in a lie, that's never healthy					√								
27	[to Michelle (Kaye's daughter)] it is necessary to keep your eyes on her (Kaye) through all this								√					
28	[to Leah (the mom-holic)] From experience, I learn that there really no such thing as supermom, you can't be a supermom				√ (cannot)									√
29	[to Leah] you can't...you cook three meals a day, they're not just gonna wake up hungry									√				
30	[to Leah] you can't make house clean and bed and wash them and you know...put that in the bath, they're gonna get dirty, the house is gonna get messy				√ (cannot)									

31	[to Leah] I'm just telling you...take note! you have to take some time for yourself				√ (have to)								√	
32	[to Leah] (Leah's not taking bath for days, putting a makeup over a makeup on her face) It's not fair for you that you have to do that										√			
33	[to Leah] Starting Today, you'll have to make a choice to put yourself first				√ (have to)									
34	[to Leah] give yourself some time!		√											
35	[to Leah] We've heard that you haven't got vacation for a long time										√			
36	[to Leah] (on having a vacation just with her husband) Getting away without kids is good to do once in a while										√			

INDEX:

A-J: Linguistic Structures of Speech Acts of Suggestion

A: Performatives: noun and verb

B: Imperatives

C: Let's

D: Modals and Semi-Modals

E: Conditionals

F: Wh-Question

G: Yes/No Question

H: Pseudo-cleft Structure

I: Extraposed to-clauses

J: Hints