

CHAPTER V

CONCLUSION AND SUGGESTIONS

5.1 Conclusion

Forbidden narrates a fascinating story about tragic fate of siblings in incestuous relationship. Lochan acts as the hero in this modern tragedy and his story with Maya provokes the feelings of pity and fear in their readers. Lochan and Maya have to learn how to survive without the presence of their parents. Their father is selfish enough to leave their mother as well as the children in order to build a new family with other woman. On the other hand, their mother is dominated by her pleasure principle by being an alcoholic, partying, and dating all the time. The mother neglects her children as she fails to fulfil the financial and emotional need of the children. Thus, parents' problems and the absent of the parents' role model for their children lead them an opportunity to commit incestuous relationship.

Freud believed that people have incestuous urges but normally they repress this urge unconsciously in their adulthood due to their fear of society's punishment. However, Lochan and Maya are fixated in their phallic stage due to insufficient parental influence. Lochan displaces his love to Maya since Maya embrace her mother figure as well as Maya displaces her love to Lochan since Lochan has been a father figure for her. Their unresolved Oedipus complex has made their superego are stunted in the phallic stage. In children with resolved Oedipus complex, the superego is strong enough to prohibit incestuous urge in the

ego. However, Lochan and Maya's superego fail to persuade their ego to protect themselves in repressing their id. Lochan and Maya's ego experience defense mechanisms mainly repression and denial in order to avoid feeling consciously attracted to each other. Their ego uses realization as a defence mechanism after Lochan and Maya acknowledge their incestuous urges.

Their weak egos in the genital stage also are affected by their parent's divorce. The parent's divorce also makes them isolated from the outside world. Their isolation from the external world is as a result of fear to be separated by the Social Services. In addition, Lochan's ego suppresses his incestuous urges which resulting him to suffer from social phobia so he cannot connect with any girl beside Maya. Their isolation makes them no longer afraid of the social punishment of committing incest. Their id is fully satisfied by their ego as Lochan and Maya eventually do sexual intercourse

However, the mother catches them while having sexual intercourse. Lochan and Maya do not experience guilty since their superego are weak. Believing consensual incestuous relationship is not wrong is one of the characteristics of tragedy in which it provokes for evolution. Lochan is arrested and decides to sacrifice his life so Maya can take care of the siblings. His sacrifice is the ultimate suffering for heroes in the tragedy. Maya is devastated by Lochan's death and her death instincts tell her to kill herself with a knife. However, Maya's ego takes control and ends their tragic fate of incestuous relationship.

Incest has been considered taboo by the society due to various reasons as one of them is the genetic problem in children from incestuous couple. However,

some people start to believe that if it is consensual incest then people should not prohibit it since the incestuous couple can have children through adoption or surrogate parents. The consensual incestuous relationship in *Forbidden* is a reflection of society's opinion toward controversy of consensual incest in Europe. People in consensual incestuous relationship, in this case are Lochan and Maya, are believed to have rights to love anyone. Therefore, there is a possibility in the future that consensual incestuous relationship is no longer considered taboo or illegal.

5.2 Suggestions

The writer hopes that this study will be a knowledge contribution in literature major especially in English Literature Study Program, Universitas Negeri Jakarta. Beside its incestuous relationship, the mother in the *Forbidden* also can be analysed with Narcissistic Personality Disorder using Sigmund Freud's psychoanalysis. In addition, the future research of incestuous relationship can be enriched by not only using Freudian psychoanalysis but also using Lacanian psychoanalysis. The writer also recommends the readers who are interested in incest issue to conduct a research about different type of incest in literature beside consensual siblings' incest. There are various aspects in incest such as parental incest, abusive incest, and many more.