

**UPAYA PENINGKATAN HASIL BELAJAR PASSING BAWAH BOLA
VOLI MINI DENGAN METODE BERMAIN LEMPAR TANGKAP
BOLA PADA SISWA KELAS V DI SDN KARANG ASIH 06
KABUPATEN BEKASI**

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ABSTRACT

ANGGI FAIZAL. *Improving Students' Learning Outcome of Bump Passing Mini Volleyball by Using Method of Playing Catch-Throwing Ball on Grade V Students at SDN Karang Asih 06 Kabupaten Bekasi (2017).* Skripsi. Jakarta: Faculty of Physical Education, State University Jakarta, July 2017.

The objective of this research was to improve students' learning outcome in learning bump passing mini volleyball. This research conducted in SDN Karang Asih 06 Kabupaten Bekasi. The method of this research was classroom action research. The implementation of this action research involved expert in the field of physical education especially volleyball as collaborator. The research did in 2 cycles that consisted of cycle I and cycle II. It started from July 18th, 2017 to July 25th, 2017. The schedule of the teaching was every Tuesday at 8 a.m. The minimum criteria were 76. It was set by SDN Karang Asih 06 Kabupaten Bekasi. The improving students' ability in learning bump passing volleyball by using the method of playing catch-throwing ball could be seen on the assessment of the bump passing process the volleyball.

The first cycle showed the result as followed: 1). Many students who still did not understand about the bump passing technique. 2). Many students who still could not play the bump passing technique of volleyball correctly. The students' minimum score in cycle I was 55%. Although 50% of students passed the criteria, many students who had not get the score based on the minimum criteria that was set by the school.

The activity in the second cycle that did by action II got the result as followed: 1). Students could master the concept of learning bump passing volleyball pairs well and correctly. 2). Students could do the stage of bump passing volleyball pairs correctly. 3). All of the students could explain and practice the way of bump passing volleyball correctly.

The result of the research showed that the students' learning outcome improved by using the method of playing catch-throwing ball. In the first test, the students average score were 67, 91. In the cycle I, the students' average score were 75, 20 and in the cycle II the students' average score were 86, 24. In the first test, there were 9 students (22, 5%) who passed the minimum criteria, in the cycle I, there were 22 students (55%) who passed the minimum criteria, and in the cycle II there were 40 students (100%) who passed the minimum criteria.

Keyword : *learning outcome, bump passing mini volleyball, catch-throwing method*