

ABSTRACT

Bram Pamungkas, an analysis of the men's team Karate Kick FORKI Bekasi Bekasi Open Karate Championships Championship III in 2017.

Thesis: Jakarta: a coaching Concentration Courses Sports, Sports Sciences Faculty of State University of Jakarta, July 2017.

This research aims to analyze the team kicks karate FORKI Bekasi. Data retrieval is implemented in GOR Bekasi on Patriot 20-21 May 2017. The method of this research is included in the descriptive method with observation data retrieval techniques/survey, namely by observing men's team karate kicks FORKI Bekasi. Research instrument used in the form of blanko. With indicator: Mae Geri, Mawashi Geri, Ushiro Geri Uramawashi, Geri, Ushiro Mawashi Geri, point directly (L) and indirect (TL).

Based on research results, i.e. conclusions can be acquired total overall activity has the success percentage Mae Geri 0% and 0% failure. Total overall percentage Mawashi Geri activity has the success and failure of 2.70% 97.30%. Total overall activity Uramawashi Geri has a percentage of 14.29% of the success and failure of 85.71%. Total overall percentage Ushiro Geri activity has the success of the 0% and 100% failure. Total overall activity Ushiro Mawashi Geri has a success percentage of 0% and 100% failure. From it can be indicated by Uramawashi Geri kick technique has greater success than with kicks Mae Geri, Mawashi Geri, Ushiro Geri, dan Ushiro Mawashi Geri.