

SUMMARY

DADANG. *Self-Defense Sources Football Team Players DKI Jakarta U-14 Sister City Year 2017. Thesis, Jakarta: Sports Coaching Concentration Study Program, Sports Achievement Department, Faculty of Sport Sciences, Jakarta State University, 2017*

ABSTRACT

This research aims to find out the sources of confidence of football team of DKI Jakarta Sister City U-14 before the preparation of International Youth Football Tournament in Tokyo-Japan in 2017. The method used in this research is descriptive method with survey technique in the form of questionnaire to Football team player of DKI Jakarta Sister City U-14 with seal as many as 16 people following the selection phase by using total sampling. The statistical technique used is to calculate the answer scores of each respondent from each item statement, calculate the percentage of each aspect and interpret each item statement to get the conclusion of each aspect

The instrument used is a self-confidence sources questionnaire using the Likert Scale for selected categories. Instrument validity using Product Moment. Instrument reliability is measured using Cronbach's Alpa formula. Analysis of data using percentages so that the percentage of the overall views of all aspects and from all respondents answer began a very influential answer to a very unaffected answer to the confidence of Sister City players in 2017. Of the 9 sources of confidence is known that the source of confidence that most influence on Confidence of Sister City players in 2017 is Demonstrastion Of Ability of 11.84%, Coaches 'Leadership 11.80% and Coaches' Leadership 11.57%.