PENINGKTAN MOTION BASE RUN IN LEARNING THROUGH PHYSICAL EDUCATION BIG GAME BALL IN CLASS IV SDN PASAR MANGGIS 01 PAGI SETIABUDI, SOUTH JAKARTA. (2015)

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ABSTRACT

This study aims to increase Basic Motion Running through the Great Ball Game Grade IV SDN Pasar Manggis 01 Pagi Setiabudi, South Jakarta. This study was conducted to see the effectiveness of the learning in the activities of Basic Motion Running through the Great Ball Game. This research was conducted in the fourth grade SDN Pasar Manggis 01 Pagi Setiabudi, South Jakarta. This study was conducted from April to June school year 2014/2015. In this study conducted in two cycles. In the cycle using Kemmis cycle model and Mc. Taggart. The point in this model the planning stages (planning), action (acting), observation (observing), and reflection (reflecting), and to collect data used test instruments and instruments with such non-test instrument monitors the actions and field notes. Improved learning Basic Motion Running through the Great Ball Game turns shows the increase as expected. In the second cycle showed an increase in Basic Motion Running is increased from the average of the two meetings amounted to 58.90% in the first cycle to 79.25%, so an increase of 15.23% while monitoring the action in prose learning through the Great Ball Game increased from an average yield of 67.55% of two meetings in the first cycle to 82.5% in the second cycle so that an increase of 17.5%. Based on the percentage of monitoring the data, we can conclude that through the Great Ball Game can increase the Basic Motion Running In class IV SDN Pasar Manggis 01 Pagi Setiabudi, South Jakarta. The implication of this research is the Great Ball games can enhance Basic Motion Running fourth grade students. Basic Motion Running can be used as alternatives in the learning of the ball game and can facilitate the ability Sharpening Students in Large Ball game.

Keywords: Improvement of Basic Motion Running, Soccer Games of the Grade IV SD.