

ABSTRAK

KamilSyechabudin. Application Small Games To Improve Skills Basic Motion Running Grade III IN SDIT AlMarjan Bekasi, West Java (2016). Essay. Jakarta: Faculty of Sport Science, State University of Jakarta, in 2016.

This study aims to improve basic motor skills running in Class III. This research was conducted in SDIT AlMarjan Bekasi, West Java. The method used is the method of classroom action research (Classroom Action Research) and teachers as collaborators. Research carried out by 2 cycles, the first cycle and the second cycle, commencing on January 4, 2016 until January 18.

Minimum completeness criteria (KKM) established by SDIT AlMarjan Kota Bekasi for subjects of physical education is 75. Alteration or improvement of basic movement skills run the student by applying a small game seen on the results of the assessment process to run the basic motion. The first cycle activities are realized through the actions I give the following results: 1) students do not understand about the basic motion running. 2) some students still perform basic motion run at will. 3) some students still perform basic motion ran did not mean it. I cycled student mastery value reached (53.33%), there are still very many students who do not get the value specified above KKM school party of 75.

The second cycle activities are realized through the actions II gives the following results: 1) the student is able to understand the material of the basic motion ran 2) students are able to perform basic motion running properly and well, 3) students are able to perform basic motion ran earnestly.

From these results to an increase in learning outcomes by implementing small game, initial tests students' average score 65.21, the first cycle of the average value of 73.61 and second cycle students average value of 83.13 students. For completeness initial test student learning outcomes of students otherwise completed a number of 7 students (23.33%), which is otherwise

completed the first cycle of 16 students (53.33%), and the second cycle students who otherwise completed a total of 30 students (100%).