

ABSTRAK

MOHAMMAD JUM NIZAR. PHYSICAL ACTIVITY MODEL CHILDREN AGE 6-8 YEARS. Thesis: Sports Science Sport Recreation Concentration, Faculty of Sport Science, Jakarta State University, July, 2017

In general, this study aims to find out how the model of physical activity in children aged 6-8 years.

This research took place at SDN Duri Utara West Jakarta. The time spent during the study from the research plan to the preparation was conducted from June to July 2017. Research and development was conducted to model physical activity in children aged 6-8 years. Research and Development (R and D) is using Borg and Gall approach (Research and Development) with the method used is model development. The data was collected by validation of expert play lecturer, play theorist, and trial result. After the validation test of expert lecturers and trials finally created 14 kinds of physical activity model of children aged 6-8 years.

The results of this study conclude that physical activity model can be a medium to be used in the process of learning activities, so as to give a good contribution in the process of improving the ability of basic techniques of all kinds in children aged 6-8 years. Based on the results of research model of physical activity can be developed and can be applied to children aged 6-8 years.