

ABSTRACT

MUHAMMAD A'RAAF RAHMANNINOV. DISTRIBUTION OF THE BALLS USING HANDS AND LEGS ON THE SOCCER SCHOOL GOALKEEPER WHO COMPETED ON U-12 INDIHOME GRASSROOTS FESTIVAL 2017 FOOTBALL TOURNAMENT. Thesis. Jakarta : Sport Science Faculty. State University of Jakarta, 2017.

This study aims to determine the percentage of success and failure of ball distribution performed by soccer school goalkeeper who competed in the 2017 U-12 Indihome Grassroots Festival football tournament by using both hands and feet.

This research was conducted in South Tangerang City, Banten. Data was collected at Sinarmas World Academy Football Field on May 13th - 14th, 2017. This research is a descriptive research using observational survey method. The subject of this study is the soccer school goalkeeper who plays in the U-12 Indihome Grassroots Festival 2017 Football Tournament. The population is the goalkeeper who competes at the Indihome Grassroots Festival 2017 Football Tournament of 12 people. The sampling technique is done by using total sampling.

The result of this research is for hand ball distribution, the success percentage of 66,67% or 104 times succeed from 156 times goalkeeper hand ball distribution by hand, compared to 33,33% of the failure or 52 failed from 156 times the goalkeeper distributes the ball by hand.

For foot ball distribution, the success percentage of 47.06% or 64 times succeeded from 136 times the goalkeeper distributed the ball using the foot, compared to 52.94% of the failure percentage or 72 failed from 136 times the goalkeeper did the ball distribution with using legs.