

## ABSTRACT

MUHAMMAD YAMIN. **Improving Mechanical Sweep Rear Using Media Tools Ball On Students SILAT NATIONAL EDUCATION AND WHITE SHIELD SMP 114 Jakarta Utara**: Coaching Education Program, Department of Sports Performance, Faculty of Sport Science, State University of Jakarta, June 2016

This study aims to improve the techniques behind the sweep of the students of the National College of Silat White Shield SMP 114 North Jakarta. This research was conducted in June in junior training unit 114 in North Jakarta. The subject of this research is the students of the National College of Silat White Shield SMP 114 North Jakarta.

The method used in this research is descriptive research method with a Classroom Action Research, by giving special treatment to athletes to improve rear sweep technique using ball media pencak silat. Indicators measured in this study are: movement preparation, continued movement and the final movement.

Based on the research that has been done, a data on student progress on the Test Beginning with the average value is 8.40 with a percentage of success (45%) there were 9 students succeed than 20 students, the first cycle is expressed by the number of students who successfully 16 students from 20 students with a success rate of students (80%) with the average is 9.44.

Thus, it can be concluded through media tools can improve the ball skills behind the sweep of the martial arts.