

Summary

CONFIDENCE OF STUDENTS WHO FOLLOW EXTRACURRICULAR TAEKWONDO IN SLB-B SANTI RAMA SOUTH JAKARTA WHO HAD SUFFERED MINOR INJURIES, MODERATE AND SEVERE

ABSTRACT

This thesis research is aimed to know the difference of confidence level of students who follow extracurricular taekwondo in SLB-B Santi Rama South Jakarta who have suffered mild, moderate and severe injury.

This research was conducted in field of SLB-B Santi Rama on 6 June 2017. With sampling technique total sampling which amounted to 37 people. Analytical technique used is ANAVA One Times Three.

The results showed that the injury had a significant influence on the students' self-confidence level following the extracurricular taekwondo in SLB-B Santi Rama with the calculation result which explained that the average of 101.63 standard deviation (SD) is 5,91. In the moderate injury category the highest score was 98 and the lowest score was 80 with an average of 88.5 standard deviation of 5.54. In the severe injury category the highest score was 75 and the lowest score was 65 with an average of 69.5 standard deviation of 3.5. The data analysis technique used is the F-Test analysis at a significant level of 5%. Obtained data Fcount 20.56 (Fcount > Ftable = 3.26). H1 hypothesis is accepted or there is a difference of confidence between students who suffered minor injuries, moderate and severe.

Keyword : Self Confidence, Minor Injury, Moderate Injury, Severe Injury, Taekwondo.