

ABSTRACT

HARYANTO KUSUMA PUTRA, The effectiveness of methods of teaching demonstrations and assignments to the results of learning dribble using the foot in the football in the students of class VII SMPN 6 Tambun Selatan, Essay : Jakarta, Sports education, Faculty of science State University of Jakarta, June 2017.

This study aims to see the comparison of teaching methods of assignment and methods of teaching demonstrations on the results of learning dribbling ball using the back foot in football in class VII students at SMPN 6 Tambun Selatan. In addition, this study is also useful to see the effectiveness of teaching methods of assignment and methods of teaching demonstrations on the results of learning dribbling the ball using the back of the foot.

The study began on 24 January to 2 March 2017, where the initial tests commenced on 24 and 26 January 2017, the application of each method from 30 January to 24 February 2017, and the final test on 28 February and 2 March 2017 at the SMPN Sports Field 6 Tambun Selatan. The study population was 60 children, and the sample taken in this study were 30 students drawn from the population. Which will be divided into two groups. Which consists of 15 students of class VII A and 15 students of class VII B each group of learning. The sampling technique used in this study is purposive sampling, while the criteria are set as follows: a. Based on motivation or interest, b. The low learning outcomes, c. Presence.

The instrument of this study was to use the initial and continuous gratings of the dribbling using the foot section in football by pretest and posttest, with early test taking and ending with the final test after being treated to know which is better between the teaching method of assignment and Method of teaching demonstrations in improving the result of dribbling dribbling using the foot-back section in football.

Based on the results of existing data it can be concluded that the method of teaching demonstration is better used than the teaching method of assignment to improve the learning result of dribbling using the back foot in football. This can be proven with the value of titung method of teaching demonstration is higher than the value of taught teaching method of assignment that is tcount of teaching method of demonstration = 22,13 and titung teaching method of assignment = 15,23 with ttabel = 2,048. From these results the two effective methods are used in improving the dribbling learning results using the foot section in football, but which is better used in improving the learning results of dribbling using the backs of the foot in football practice is the method of teaching demonstrations.