

ABSTRACT

HERI SUSANTO SIREGAR. "Effort Utilization of Rubber Ball Media to Improve Learning Outcomes PedasAtas Bolavoli In Students Class VII SMP NEGERI 99 East Jakarta".Thesis: Jakarta, sosiokinetika, Faculty of Sport Sciences Jakarta State University, June 2017

The purpose of this study is to improve the learning outcomes passing on volleyball in the seventh grade students of SMP Negeri 99 Jakarta. This research was conducted at SMP Negeri 99 Jakarta. The research method used is Classroom Action Research with qualitative and quantitative data collection.

The study involved 2 collaborators and performed 2 cycles, each cycle consisting of 4 meetings. Cycle I using rubber ball media. The initial condition of the studied student has not been able to pass over with and less actively in the learning.

The results of the first cycle are as follows: (1) The teacher gives motivation to the students according to the lesson plan, the result is active student 23, the student is 10, and the passive student 6 in following the learning activity, (2) Based on student learning outcomes in cycle I value The average class of students on learning passing over volley ball is 25,30 (3) students who have not been able to do passing learning on 11 students (26%).

The result of cycle II (1) The teacher gives motivation to the students according to the lesson plan, the result is active students 34, students are 3, passive students 3 in follow learning activities, (2) based on student learning outcomes in cycle II grade On learning passing on the volleyball is 28, 79, (3) students who have not been able to do passing learning on volleyball 10% siswayaitu not reached the completion limit of at least 75 while the students have reached the limit of completeness of 34 students (90%).

The end result is an increase in students who are active in learning and decreased students are less aktif and passive. The increase is also found in the mean grade in cycle II. So the effort of utilizing instructional media applied in learning passing on the volleyball can improve student learning outcomes.