

## SUMMARY

**Ifan Pandiwinata "Attempts to Increase Employee Shoot Center Shoot Through Drill Method (Study Club Faculty of Sport Sciences Universitas Negeri Jakarta)".** Thesis of Sport Education Education Program Faculty of Sport Science State University Jakarta, 2017.

*This study aims to obtain information about the enhancement of learning shoot centers through a drill approach (learn handball club Faculty of Sport Sciences State University of Jakarta).*

*The data was collected on May 1 to June 5, 2016 in the multipurpose building of the Faculty of Sport Sciences, State University of Jakarta. This research uses the method (Action Research), Namely by giving special treatment to the athlete through drill approach to improve visual center shoot learning on the study of handball club Faculty of Sport of Universitas Negeri Jakarta. Assessment instruments used with indicators: preparatory movements, implementation movements and.*

*Based on the research results, it can be concluded that the action research using drill training method in the training program can improve the learning center skills in the study of handball club Faculty of Sport Universitas Negeri Jakarta.*