

Uji Relibilitas Kebugaran Jasmani

$$r_{11} = \left( \frac{k}{k-1} \right) \left( 1 - \frac{\sum ab^2}{a^2} \right)$$

$$K = 12$$

$$\sum ab^2 = 7,68$$

$$a^2 = 15,42$$

$$\begin{aligned} r_{11} &= \left( \frac{12}{12-1} \right) \left( 1 - \frac{7,68}{15,42} \right) \\ &= 0.548 \end{aligned}$$

Nilai Cronbach alpha (0.548) > 0.7 maka reliable