

**PENGARUH KECEPATAN, KELINCAHAN, KOORDINASI MATA-KAKI,
KESEIMBANGAN DAN MOTIVASI TERHADAP KETERAMPILAN
BERMAIN SEPAKBOLA**

(Studi Analisis Jalur Pada Mahasiswa FIK UNM Makassar)

***THE INFLUENCE OF SPEED, AGILITY, COORDINATION OF FOOT-EYE,
BALANCE AND MOTIVATION ON SKILL OF PLAYING FOOTBALL***

(Study of Path Analysis of Students of FIK UNM Makassar)

Ahmad Adil

ABSTRAK

Penelitian ini menggunakan metode survei untuk melihat pengaruh antara variabel. Teknik analisis data menggunakan analisis jalur (*path analysis*). Teknik *Path analysis* digunakan untuk menguji pengaruh langsung dan tidak langsung pada kecepatan, kelincahan, koordinasi, keseimbangan dan motivasi terhadap keterampilan bermain sepakbola mahasiswa Fakultas Ilmu Keolahragaan Universitas Negeri Makassar. Teknik analisis jalur dengan bantuan program SPSS versi 20.00 pada tingkat signifikansi $\alpha = 0.05$.

Hasil dari penelitian ini adalah sebagai berikut: (1) Terdapat pengaruh positif sebesar 0,612 antara kecepatan terhadap keterampilan bermain sepakbola dan berkontribusi sebesar 37,4% (2) Terdapat pengaruh positif sebesar 0,687 antara kelincahan terhadap keterampilan bermain sepakbola dan berkontribusi sebesar 47,1% (3) Terdapat pengaruh positif sebesar 0,862 antara koordinasi mata-kaki terhadap keterampilan bermain sepakbola dan berkontribusi sebesar 74,3% (4) Terdapat pengaruh positif sebesar 0,636 antara keseimbangan terhadap keterampilan bermain sepakbola dan berkontribusi sebesar 40,4% (5) Terdapat pengaruh positif sebesar 0,816 antara motivasi terhadap keterampilan bermain sepakbola dan berkontribusi sebesar 66,6% (6) Terdapat pengaruh positif sebesar 0,531 antara kecepatan terhadap motivasi dan berkontribusi sebesar 28,2% (7) Terdapat pengaruh positif sebesar 0,621 antara kelincahan terhadap motivasi dan berkontribusi sebesar 38,6% (8) Terdapat pengaruh positif sebesar 0,743 antara koordinasi mata-kaki terhadap motivasi dan berkontribusi sebesar 55,1% (9) Terdapat pengaruh positif sebesar 0,564 antara keseimbangan terhadap motivasi dan berkontribusi sebesar 31,8% (10) Terdapat pengaruh positif sebesar 0,824 antara kecepatan terhadap keterampilan bermain sepakbola melalui motivasi dan berkontribusi sebesar 66,8% (11) Terdapat pengaruh positif sebesar 0,879 antara kelincahan terhadap keterampilan bermain sepakbola melalui motivasi dan berkontribusi sebesar 67,3% (12) Terdapat pengaruh positif sebesar 1,344 antara koordinasi mata-kaki terhadap keterampilan bermain sepakbola melalui motivasi dan berkontribusi sebesar 67,2% (13) Terdapat pengaruh positif sebesar 0,878 antara keseimbangan terhadap keterampilan bermain sepakbola melalui motivasi dan berkontribusi sebesar 67,0%

Kata Kunci: Kecepatan, kelincahan, koordinasi, keseimbangan, motivasi dan keterampilan bermain sepakbola.

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ABSTRACT

This research uses survey method to see the influence between variables. Technique of data analysis using path analysis (path analysis). Path analysis technique is used to test the direct and indirect the influence on speed, agility, coordination, balance and motivation on skill of soccer student of Faculty of Sport Science, Makassar State University. Technique of path analysis with SPSS program version 20.00 at significance level $\alpha = 0.05$.

The results of this study are as follows: (1) There is a positive influence of 0.612 between the speed of soccer playing skills and contributed 37.4% (2) There is a positive influence of 0.687 between agility of soccer playing skills and contributed 47.1% (3) There is a positive influence of 0.862 between the eye-foot coordination of soccer playing skills and contributed 74.3% (4) There is a positive influence of 0.636 between balance to soccer playing skills and contributed 40.4% (5) There is a positive influence of 0.816 between motivation to soccer playing skills and contributed 66.6% (6) There is positive influence of 0,531 between speed to motivation and contributed 28.2% (7) There is positive influence equal to 0,621 between agility to motivation and contributed 38.6% (8) There is positive influence equal to 0,743 between eye-foot coordination to motivation and contributed 55.1% (9) There is a positive influence of 0.564 between the balance of motivation and contributed 31.8% (10) There is a positive influence of 0.824 between the speed of soccer playing skill through motivation and contributed 66.8% (11) There is a positive influence of 0.987 between agility of soccer playing skill through motivation and contributed 67.3% (12) There is a positive influence of 1.344 between the eye-foot coordination of soccer playing skill through motivation and contributed 67.2% (13) There is a positive effect of 0.878 between the balance of soccer playing skill through motivation and contributed 67.0%.

Keywords: speed, agility, coordination, balance, motivation and playing soccer skill.