

## ABSTRACT

**Sashi Dadap Maya. Modification Volley Ball to Improve Learning Outcomes Serve Under Volley Ball Mini in Public Elementary Schools 02 Evening North Jakarta. (2017). Thesis. Jakarta: Sports Education, the Faculty Of Sport, Jakarta State University, July 2017**

This study attempts to reform and improve students ability in learning serve under volley ball mini through variations media the ball. This study was conducted in public primary schools 02 evening north jakarta grade 5 , carried out on semester II academic year 2017 / 2018. The research phase for two weeks , started on sunday to 2, 12 july - 18 july 2016 , carried out as many as 4 (four) meeting , methods used is the method research the act of a class (classroom action research) such quantitative data. In its implementation , this research involving 2 a person skilled in education sector physical especially the branch sports volley ball as collaborators. This research using two stage cycle , namely cycle I and cycle II and started by activities preliminary observations. This research being implemented together to learning physical education at school.

Activities first cycle that was realized through the action of I results from as follows: 1 students still did not know about the concept of serve under volley ball. 2) students not can do the preparatory attitude foot with perfect that is because both legs not in a position stepped weight not divided balanced, the position of hands not below the ball. 3) students not can do motion berkenaan with the ball because a ball thrown too high and too back , the ball is not struck with palms clenched. 4) Students not able to conduct movement an end by perfect because they after striking the ball not followed position ready for to enter into the field. 5) Students have showed a positive attitude especially motivation and courage that rises. Activities cycle II that was realized through the action of II give you the result as the following: 1 students understand will the concept of serve under volley ball. 2) students can do stage serve take.

Standard finished learn set by school of public elementary school 02 evening north jakarta the subjects physical education is 70 (seventy). Change and increased capacity students in learning serve under volley ball mini variation media the ball can be seen in the assessment results of the

processes and the final test serve under volley ball mini. To finished study results students on a pre-test expressed be completed a number of 12 students (34. 3 %) and on a test the end of a number of 35 students (100 %), there is an increase of 65,7 %. The research can be concluded that variations media the ball can improve learning outcomes serve under volley ball mini in public primary elementary schools 02 evening north jakarta.

Keyword: under service, modification volley ball, Improve learning outcomes