

ABSTRACK

SURYA AKBAR HAMBALI. "The Effectiveness of study results a front of martial arts using the tools cork targets and balloon water to their students grade 5 of public school sasanawiata kabupaten bogor" .Thesis: jakarta , course of study physical education , health , and recreation , the faculty of sports , jakarta state university , july 2017 .

Research aims to understand the effectiveness of study results a front of martial arts using the tools cork targets and balloon water to their students grade 5 of public school sasanawiata kabupaten bogor..

The study is done in public primary schools sasanawiata kabupaten bogor on 11 april - 11 may 2017 . Methods used is the method research the act of a class (classroom action research). Sample were 36 people.

Research instruments used is kicking (a front) in martial arts .Technique analysis the data used was uji-t by counting value t-hitung compared to t-tabel in degree of freedom n-1 and the first significant 0.05 .

The results of the study stated that the tools cork targets and balloon water can improve learning outcomes a front in martial arts to their students grade 5 of public school sasanawiata bogor districts . It can be seen from the results of the analysis preliminary data student average score 67,48 cycle i student average score 75,64 and cycle ii student average score 80,67. To complete student learning test results early students who expressed be completed of 27,78 % , cycle i 72,22 % and cycle ii 100 %

This final conclusion that can be obtained through research this is through the use of the tools cork targets and balloon water can improve learning outcomes a front in martial arts to their students grade 5 of public school sasanawiata bogor districts