

ABSTRAC

Swilia Galih Puspa "Analysis of the ability of the acquisition poinnttt assist against women's basketball team Universitas Negeri Jakarta RED Maroon 2016 championship. Skripsi, Jakarta, Faculty Achievement Science Sport.

This study aims to obtain information about the analysis of the ability of assist to the acqution point on women basketball team ass a team well UNJ important role of assist int one team. Peace research in Jakarta and retrical of in Soemantri Brodjonegoro Sports Hall Kuningan Jakarta Selatan for 29 th Feb 2016-March 2016 the research in descriptive method with observational data retrieval or survey. This population research is all women basketball team player UNJ totaling 12 people who completed in the 2016 league championship maroon sampel in this study idsing a whole as the population so that it can be of sampling in the sample of 12 people.

The result of the research about avtivities that assist chest pass obtained by 61%, assist bounce pass obtained by 11% and assist overhead pass obtained by 28%. The success improving assist chest pass obtained by 66%, assist bounce pass obtained by 58%, assist overhead pass obtained by 50% and assist showed a rate of 34% assist chest pass, 42% obtained by assist bounce pass and assist overhead pass obtained by 50%. Point percentage acquisition capability assist againt which assist at 29,2% obtained by assist chest pass, bounce pass with 74% assist,and assist overhead pass at 17,5%. Therefore saw the result of all activities assist, successes and failures assist and the ability to againt point it appears that assist the most frequently performed and produced many numbers are assist chest pass, while assist the last to do and little produce numbers are assist bounce pass.

It can be summed up in doing an assist in every game, individual skill and accuracy is very important because in making assist where both player palay to passing teammates who receive shooting toward the basket or ring without movement dribble and into a point.