

## ABSTRACT

**TANTRI MAULIDA GITASARI. The Influence Of The Traditional Game Against The Woman Athlete's Cooperation at Club Softball Prambors Jakarta. Thesis: Jakarta, Concentration of Recreation Sports, Faculty of Sports, State University of Jakarta, June 2016.**

The purpose of this research is to know the influence of the traditional game against the woman athlete's Club athletes cooperation Prambors Jakarta. The research was carried out in the field Baseball Softball Door 1 Senayan. As for the time the research was carried out for 6 months in January-June 2016 the even semester academic year 2015/2016. The research method used is the method of experiment with pre-Pre Test and Post Test Design. The population in this study was a member of the Club softball Geronimo Jakarta. Sample research is a member of a club softball daughter of Geronimo Jakarta as many as 20 members. In this study data collection using a research instrument in the form of question form and technique analysis in this study uses the t-test statistical techniques.

Results of the study stated that the game's traditional cooperation with influential Club softball daughter of Geronimo. This is evident from the results of the initial test data analysis and test end cooperation on the team members were analyzed using t-test analysis results data from retrieved values of thitung of 5.784. Furthermore tested with ttabel on level of confidence  $\alpha = 0.05$  and  $n-1$  degrees of freedom =  $20 - 1 = 7$ , retrieved the value of the ttabel of 1.73, thus the value t calculate > value t table or 5,784. > 1.73. With proven value thitung > ttabel values can be expressed that the game had an impact on traditional cooperation Woman athlete's Club softball Prambors Jakarta.