

## **ABSTRACT**

**Yuda Karya Saputra. "Understanding of futsal coaches of the participants of league futsal students Jakarta 2015 regarding preventing sport injury"** Thesis. Study programme of sport science. Faculty of sport science. The state university of Jakarta. October 2016.

This research aimed to find out how is the understanding of futsal coaches in university regarding preventing of sport injury.

This research began with pilot study and data collecting on November 2015. The data were collected in Stadion Ciracas, East Jakarta. This research used descriptive research method and it used total sampling technique. Sample of this research were 19 futsal coaches of participants of league futsal students Jakarta 2015. Validity test of questionnaires used product moment. Piloting instrument from 30 statements, it was obtained 26 statements, which fulfilled the criteria, therefore, four statements were invalid.

Instrument used in this research was close ended questioners, the respondents chose the answers provided. Technique of data analysis used interpretation of each answer of each sub question per indicator with counting average of answer from each sub question divided by number of respondents.

Based on results of this research, it can be concluded that, understanding of futsal coaches of participants of league futsal students Jakarta 2015 about sport injury were 18 (94.7%) coaches had good understanding and one coach (5.3%) had sufficient understanding.