

**PENINGKATAN KETERAMPILAN MEMEMANAH MENGGUNAKAN
METODE LATIHAN MENGGUNAKAN BUSUR BUATAN PADA PESERTA
EKSTRAKURIKULER PANAHAN SDIT NURUL HIKMAH JAKARTA
PUSAT**

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ABSTRACT

This study aims to determine the improvement of archery skills using artificial bow training methods on archery extracurricular participants at SDIT Nurul Hikmah, Central Jakarta. The method used in this study is the method of actions research. The sampling technique uses the total sampling method. The population is 14 participants. The population was involved in the initial test, the first cycle test, and the second cycle test. The procedure for data collection is done by observation techniques to get a score. The results of the initial test conducted by only 0 participants were skilled in archery. In the first cycle test there was an increase to 7 participants who were skilled in archery. In the second cycle test, it increased to 14 participants while at the same time skilled in archery.

Keywords: **archery, archery and archery skills..**